



Monthly Journal of
KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

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SEPTEMBER 2020

Annual Subscription : Members- Rs. 150/- Others - Rs. 200/- Single Copy - Rs. 18/-

Silver Jubilee Year 2019-2020
25 years in the Service of Pensioners

A Yeoman Service--Covid 19 Pandemic notwithstanding!

In a world, caught unawares by the COVID-19 pandemic, which almost destroyed both lives and livelihood in one stroke, staying safe became the goal for both the mighty and the meek, in general, and senior citizens, in particular. As the 'life versus livelihood' debate raged on, total lockdown intended to control the spread of the pandemic and to ensure the safety of public health, exposed the vulnerability of millions of daily wage earners and has caused major economic disruptions. In order to deal with this public health situation, all of us are required to play a key role in implementing/following the Government's directions, which are issued from time to time, especially with regard to social distancing and

B. SADASHIVA RAO, IPoS (Retd.)
Former Chairman, CCCGPA Karnataka
and Former President, K P&T PA

wearing mask whenever there is need to go outside in public places. As senior citizens like us are vulnerable to this new virus, my appeal to all our pensioners/family pensioners is to STAY SAFE AT HOME AND KEEP OTHERS SAFE, AND LET US NOT BECOME A SOURCE TO SPREAD THIS VIRUS TO OTHERS AND VICE VERSA.

2. Even during the Lockdown period, which commenced in March 2020, as former Chairman of Co-ordination Committee of Central Government Pensioners Associations, Karnataka, (CCCGPA), Bengaluru, to which

more than 30 Pensioners' Associations in Karnataka are affiliated, and as former President of Karnataka P&T Pensioners' Associations, Bengaluru, I have been observing that the CCCGPA, under the leadership of its Chairman, Sri K B Krishna Rao, General Secretary, Sri S. Radhakrishna, Joint General Secretary, Sri T V Suryaprakash, and other MC members, has been actively involved in taking care of welfare of pensioners/family pensioners of not only the Central Government, but also the Pensioners/family pensioners of Autonomous/Statutory Bodies of Central Government. They are continuing to be in touch with the CCCGPA affiliates and other pensioners/family pensioners through WhatsApp, E-mail and Video Conference on important issues relating to pension, CGHS, income tax returns to be filed, health, etc, which have to be highly acknowledged and commended.

3. During the Lock Down Period and even after the lock down was lifted, the CCCGPA in association with Pensioners' Associations of Autonomous/Statutory Bodies of Central Government, had conducted Video Conferences, as detailed hereunder, for the benefits of pensioners/family pensioners and other Senior Citizens:

1. Covid-19 –Keeping healthy in current situation – by Dr. Vivek Baliga, General Physician & Cardiologist on 18.04.2020
2. How to manage our mental health during covid-19 –by Dr. Venkataraya Bhandari on 25.4.2020
3. Geriatric food for building immune system – by Sri Bhaskaramurthy, Head of Nutrition & Dietician on 4.5.2020
4. How to maintain best respiratory/chest health in the time of Covid-19 – by Dr. Suma Kumar, Medical Director and Consultant – Pulmonologist, at Excel Care Hospital, Bengaluru on 16.5.2020
5. Writing of different types of wills and gift deeds – by Smt. Shwetha Anand, Sr. Advocate on 21.5.2020

6. Investor Education Programme – all age groups by Sri M K Krishma, Ex-chief Manager, SBI and Advisor/Trainer (Consultant)-Knowledge Management on 30.05.2020
7. Eye care in childhood to senior age group – Dr. Himanshu Matalia, Medical Superintendent, Narayana Nethralaya-2, Bommbasandra, Hosur Road, Bengaluru, which is empanelled under CGHS, on 31.5.2020.
8. Awareness on heart attack, signs, symptoms and emergency treatment by Dr. K.V.Srikanth, Consultant-cardiology-heart transplant, Narayana Hrudayalaya, Bommasandra, Hosur Road, Bengaluru, which is empanelled under CGHS, on 14.6.2020.
9. Awareness about Covid pandemic and precautions to be taken by senior citizens to avoid risks involved – Dr. Kavya, BAMS, M.D., Chief Physician, Ayurveda Bengaluru, on 17.7.2020
10. Medical insurance scheme for 60+ up to 80 years and Corona Kavach by Sri K. Nagaraj, Senior Divisional Manager, New India Assurance Co. Ltd., Bengaluru on 22.7.2020
11. The impact of Corona virus on heart function, identifying the various symptoms of a heart disease, when to seek treatment or reach out to your doctors and heart attack treatment during Covid – Dr. Deepak Krishnamurthy, Senior consultant – Interventional Cardiology, World Sakra Hospital, which is empanelled under CGHS, on 9.8.2020
12. Importance of making nomination, writing of will and utilities of Permanent Lok Adalat – by Sri Ashwathanarayana, Chairman, Permanent Lok Adalat – on 7.9.2020

4. In addition to the above, Sri S. Radhakrishna, General Secretary, CCCGPA, spoke on 'family pension and other related issues' through power point presentation on 10.5.2020, which was very useful to pensioners/family pensioners. On 15.6.2020 he spoke on "Comparative study of tax determination under old tax regime and new tax regime for AY 2021-22"

5. Though the monthly magazines by the affiliates of CCCGPA, viz. Karnataka P&T Pensioners Association, Karnataka Central Government Pensioners Association, Karnataka IA & AD Pensioners Association and Coffee Board Pensioners Association could not be posted to all their members during the lockdown period till May 2020, these affiliates had continued to post their monthly magazines to all their members who ever had WhatsApp and E-mail facilities. During June, July and August 2020, they ensured to post their monthly magazines to all their members even though there were many containment zones and the movement of persons and delivery of mails in those places had been restricted. Their concern in communicating the important information relating to Pension, CGHS and other related issues, to their members, during this pandemic period, has to be highly appreciated.

6. Sri K B Krishna Rao, Chairman, and Sri S. Radhakrishna, General Secretary, CCCGPA, were in constant touch with the Additional Director, CGHS, Karnataka, and interacted with her about the procedural formalities to be observed by the CGHS beneficiaries during the lockdown period and also thereafter. As a result of this continuous interaction with the Additional Director, CGHS, Karnataka, the Additional Director made an Appeal, through CCCGPA to all CGHS beneficiaries to take utmost care of their health and stay home unless needed to go out for reasons of health requiring immediate medical attention in case of an emergent situation and also gave procedural aspects to be followed by the CGHS beneficiaries during this pandemic period. CCCGPA, accordingly, circulated the appeal and advice given by the Additional Director, CGHS, to all the CGHS beneficiaries through WhatsApp and also the monthly magazines of the affiliates. CCCGPA had also circulated all the instructions issued by the DoP&PW, Ministry of Health and Welfare, Department of Finance, Ministry of Home Affairs and other Ministries in the

Government of India and also the Guidelines issued by the Government of Karnataka, from time to time on COVID 19, through WhatsApp and affiliates' monthly magazines. These services to the pensioners have to be appreciated and commended.

7. Having foreseen the difficulties that the pensioners might have to face when the pensioners aged 80+ must submit their life certificate to the pension disbursing authorities in October and all other pensioners in November, by which time there is no hope of the present pandemic covid-19 situation in the country abating allowing unrestricted movement of senior citizens, CCCGPA sent an email to the Secretary, Dept of Pension and PW, requesting that the time limit for submission of life certificate be extended up to 31-3-2021.

8. When DoP&PW vide its order dt. 11-9-2020, extended the time limit by only one month and fixed the last date for submission of life certificate as 31-12-2020, CCCGPA again sent an email on 13-9-2020 requesting that the decision be reconsidered in view of the fact that ICMR and medical experts have opined that Corona virus infection is likely to surge and may not end soon. Bringing to the notice of the Secretary, DOP&PW, that pensioners associations may not be in a position to conduct Digital Life Certificate camps or visit residences of old pensioners this year, as they did in the previous two years to assist pensioners in submission of life certificate, CCCGPA reiterated the request that the time limit be extended up to 31-3-2021.

9. Conscious of their social responsibility, many affiliates of CCCGPA Viz., All India BSNL Pensioners' Welfare Association, Coffee Board Pensioners Association, Tobacco Board Pensioners Association, Spices Board Pensioners Association, Karnataka IA&AD Pensioners' Association, Karnataka P&T Pensioners' Association and Karnataka Income Tax Pensioners' Association sent donations in lakhs to the PM Cares Fund and Karnataka Chief Minister Relief Fund –Covid-19.

10. As pensioners /family pensioners of Central Government have been permitted to avail both indoor and outdoor medical treatments under Central Government Health Scheme on cashless basis and as the similar facilities have not been allowed to the pensioners/family pensioners of Autonomous/Statutory Bodies of Central Government, Pensioners Associations of Autonomous/Statutory Bodies of Central Government, Karnataka, with the assistance of CCCGPA, had approached empanelled hospitals/labs under CGHS to provide medical/diagnostic services to the members of their affiliates and spouses at CGHS rates on payment of cash. We are glad that some of the empanelled hospitals

under CGHS, not only from Bengaluru, but also outside Bengaluru, have conveyed their acceptance to extend CGHS facilities on payment of cash to the members of affiliates of Pensioners Associations of ABs/SBs of Central Government and their spouses. With this, financial burden of these pensioners has also got reduced to some extent.

11. I wish to acknowledge and appreciate the yeoman services rendered to the pensioners' community during this pandemic period by Sri K B Krishna Rao, Chairman, CCCGPA, S. Radhakrishna, General Secretary, CCCGPA, and Sri T V Suryaprakash, Joint General Secretary CCCGPA, and their team.

SHRI PRANAB MUKHERJEE



Bharat Ratna Shri Pranab Mukherjee, former President of India, passed away on 31st, August 2020 at the age of 84 years. He was the 13th President of the Republic of India

A scholar par excellence, an intellectual statesman, he was admired across the political spectrum and by all sections of the society. In a political career spanning five decades, Shri Pranab Mukherjee was a senior leader in the Indian National Congress. He was a member of the Parliament Lok Sabha for 2 terms and Rajya Sabha for 5 terms. He occupied several ministerial positions in the Government of India. Shri Mukherjee, a political leader of unparalleled experience in governance had the distinction of heading the portfolios of Foreign, Defence, Commerce and Finance as a Central Minister.

His passing away has left a void in the political spectrum of the country which is hard to fill.

Karnataka P&T Pensioners' Association pays its respectful homage to the departed statesman.

**Waiver of recovery of wrongful/excess payments
made to retired Government servants**

The undersigned is directed to say that Hon'ble Supreme Court in the case of State of Punjab and Others Vs. Rafiq Masih (White Washer), etc. in C.A. No. 11527 of 2014 summarised a few situations wherein recoveries by the employers would be impermissible in law. One of these situations relates to recovery from retired employees or employees who are due to retire within one year of the order of recovery.

2. Based on the above judgment, Department of Personnel & Training has issued instructions vide their OM No. 18/03/2015-Esst. (Pay-I) dated 02.03.2016 that the issue of wrongful/excess payment made to Government servants may be dealt with in accordance with the decision of the Hon'ble Supreme Court in the above mentioned case. The instructions further provide that wherever the waiver of recovery in the situations mentioned in that OM is considered, the same may be allowed with the express approval of Department of Expenditure in terms of DoPT's OM No. 18/26/2014-Estt (Pay-I) dated 06.02.2014.

3. In order to examine the matter in its entirety, all Ministries/Departments and Pension Disbursing Banks are requested to provide the following information regarding excess payment of pension and other retirement benefits to the retired Government employees:

1. No. of retired employees from whom recovery of excess payment of pension and

other retirement benefits has been made or is sought to be made by the Ministry/Department as well as its attached offices and subordinate offices.

2. No. of pensioners from whom recovery of excess payment of pension and other retirement benefits has been made or is sought to be made by the Pension Disbursing Bank.

3. Period of excess payment in each case and the date on which excess payment was noticed.

4. Amount of excess payment in each case.

5. Whether any court/CAT order has been received for waiver of recovery of excess payment in the light of the judgement of Hon'ble Supreme Court in Rafiq Masih's case. If so, the details of such cases received in last three years (year-wise) and action taken on the order of court/CAT may be indicated

6. Whether any representation has been received for waiver of excess payment. If so the details of such representations received in last three years (year-wise) and action taken on the representations may be indicated.

7. All the Ministries/Departments are, therefore, requested to furnish the information sought in para 3 above to this Department by 15.09.2020 positively

(RC Sethi)

Under Secretary to the Government of India
Email.: sethi.rc@nic.in

Central Government Holidays in OCTOBER 2020

- 1. Mahatma Gandhi's Birthday : 2nd October, Friday**
- 2. Dussehra (Vijaya Dashami) : 25th October, Sunday**
- 3. Prophet Mohamad's Birthday(Id-E-Milad) : 30th October, Friday**

Submission of Life Certificate by pensioners/family pensioner in the year 2020 - Extension of time limit till 31-3-2021. CCCGPA, Karnataka writes to the Secretary, DoPPW in view of the Pandemic-Covid-19 situation in the country.

**COORDINATION COMMITTEE OF
CENTRAL GOVERNMENT PENSIONERS' ASSOCIATIONS, KARNATAKA (R)**

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Shri Kshatrapati Shivaji, IAS
Secretary, Department of Pension and
Pensioners' Welfare, New Delhi 110003.
E-mail:secy-arpq@nic.in

Sir,

Submission of Life Certificate

Greetings from the Co-ordination
Committee of Central Government Pensioners
Associations, Karnataka, Bengaluru.

We wish to convey our sincere thanks
to your good self for extending the time limit
for submission of life certificate by the
pensioners/family pensioners by one month
and permitting submission on or before
31.12.2020 this year, as per the OM No.18/
1/2020-P&PW (C) 6681 dated 11.9.2020 – in
the context of the prevailing Covid-19 pandemic
situation in the country and also keeping in
view the vulnerability of elderly population to
Corona Virus.

In this connection, kindly refer to our
E-mail dated 7.9.2020 to your good self,
wherein we had requested you to extend the
due date for submission of life certificates by
the pensioners/family pensioners to the
Pension Disbursing Authorities up to 31.3.2021
in view of the reasons mentioned therein. A
copy of this e-mail is in the forwarded e-mail
for your ready reference.

As per the recent reports of ICMR,
WHO and other experts in the field, which are

being broadcast in Electronic Media and
published in printmedia, the spread of Covid-
19 is not likely to ease and scale down till
April/May 2021 or until a vaccine is available
at least by March 2021 to contain the spread
of this highly infectious contagion. As such,
many pensioners/family pensioners may find
it extremely difficult to go to the Pension
Disbursing Banks or Post offices and submit
the life Certificate on before 31.12.2020.

The Pensioners' Associations may also
not be in a position to conduct special 'Digital
Life Certificate Camps' as was done during the
last two years for the fear of spread of the
infection.

Further, many of the Pension Disbursing
Banks and Post offices may also find it difficult
to accept the life certificates in physical format
from the pensioners/family pensioners, or to
generate Digital life certificate after getting
their bio metrics whenever the Pensioners
visit the Pension disbursing authorities (PDA),
since all pensioners are most vulnerable to
this virus.

Officials from the PDAs also may avoid
visiting the houses of pensioners for the fear
of contracting the infection.

It is also observed that, in all the orders
issued by DoP&PW regarding pension revision
or pension disbursement, mention of banks
only is made and there is no mention of post
offices. We, therefore, request that

“Pension Disbursing Post Offices” may also be mentioned alongside “Pension Disbursing Banks” in all the orders on Pensioners issued by the DoP& PW. Similarly, we also request you to kindly mark a copy of this order and also in all the orders on pensioners issued by the DoP&PW to all the “Ministries of Government of India and other Departments/offices working under them”.

Under the above circumstances, we request you kindly to reconsider the decision taken by your good self to extend the time limit for submission of life certificate by one

month only and accept our earlier request for extension of due date for submission of life certificates, this year, up to 31.3.2021, as made in our e-mail dated 7.9.2020 and cause issuance of revised orders accordingly. If this is done, all pensioners/family pensioners will be grateful to you Sir.

Yours faithfully,
K B Krishna Rao, Chairman

For Co-ordination Committee of Central Government Pensioners Associations, Karnataka, Bengaluru.

Our Readers Write

Thanks for sending E-Copy of PC, August 2020. Hats off to KPTPA for its achievement as the largest P&T Pensioners' Association of Karnataka. Congratulations to its active Office bearers and MC members. It deserves to have this for its services to Pensioners.

MRV Nath, Vice-President, AIFPA, Chennai

Received the Aug 2020 issue of the journal and thank you for the special pains you took to reach me this issue. I am extremely happy, jubilant and become emotional to know we have reached this magic figure of 3000 membership. For a while I could not believe this news. I do not know what to express and how to express my feelings today. Even a million dollar prize would not touch my heart. God has kept me alive to hear this news. It is not an exaggeration but true to my heart. Kindly convey my thanks to all the members, old and new, who made it possible for the association to reach this land mark. All of you sirs, including present working committee richly deserve my gratitude.

I was the 64th member. Since then, 2356 have been added. That speaks for itself about the popularity of our beloved association, Long live KP&TPA

A humble admirer, Attvar Yoganand, Pune

CGHS

Additional Director, CGHS, Bengaluru writes to CGHS empanelled Private Hospitals for providing cashless medical treatment to pensioner beneficiaries

Subject: refusal of services/ overcharging by Empanelled Hospitals

Sir/Madam

This office has been repeatedly receiving complaints regarding refusal of services/ overcharging by Empanelled Hospitals. This is a gross violation of contractual agreement and invites penal action.

For all patients including CoVID patients you are to offer treatment and credit should be extended to all eligible beneficiaries. In credit eligible beneficiaries, no amount should be charged from beneficiaries toward PPE or covid testing. It is all credit treatment and shall be billed to CGHS.

Additional Director,
CGHS, Bengaluru

PENSIONERS' CHAMPION

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SEPTEMBER 2020

Postal Pensioners

SMS alerts on pension credit and on acceptance of digital life certificate by HPOs

Email on the subject sent by the Association to Dr. Charles Lobo, Member (O) Postal Services Board, New Delhi on 3-9-2020 is reproduced below.

No. KPTPA/2020 /Pen

dated at Bangalore

the 03-09-2020

Dr. Charles Lobo
Member (O) Postal Services Board,
Department of Posts, Dak Bhavan, New Delhi

SMS alerts on credit of pension

Respected Sir,

We hope that your good self has seen the matter on the subject cited above published in page 3 of the August 2020 issue of the association's journal "Pensioners' Champion" sent to you by email on 28-08-2020

2. In continuation of our email, we would like to write that almost all of our members got the messages on 1.9.2020 regarding credit of pension for August 2020 with details such as Basic pension, DR, FMA, Additional pension etc. We understand that lakhs of SMSes were sent 1st Sept 20.

3. We are extremely glad to place on record that under your initiative, guidance and perseverance, the Department of Posts could be successful in its maiden attempt, to send messages to lakhs of Postal Pensioners regarding credit of their pension with all the details, which would almost serve as a pension slip for the month. Sir, on behalf of the 3000 members of KPTPA, we express our deep gratitude to your good self for your pensioner friendly initiative.

4. While there would always be scope for further improvement, in the content and transmission of the SMSes, we appreciate the alacrity with which the matter was pursued at the highest level in the department, which only ensured implementation of the scheme in right earnest on 1.9.2020 to the satisfaction of a

multitude of Pensioners in the country.

5. Notwithstanding the minor discrepancies in the messages, it is to be highly appreciated that the Department, has made a sincere and laudable effort in this regard and the system is sure to stabilise and improved upon further in the future.

6. We request you kindly to consider indicating the commuted part of pension also in the SMS, since only the reduced pension is being shown now. Basic pension, commuted part of pension and the percentage of DR, and balance at the credit of the pensioner after credit of the pension for the month, if indicated in the SMS in addition to the existing details, the message would give all the details that a pensioner needs to have.

7. At this juncture, we may please be permitted to bring to your kind notice that in a note on SMS sent to you earlier, we had mentioned about non-receipt of SMS regarding acceptance of the Digital Life Certificate by the HPO after its submission by Postal pensioners.

8. All pensioners have to submit their life certificates during the months of October (pensioners aged 80+) and in November (All pensioners) and the time for submission of life certificate this year is fast approaching. Hence, it is earnestly requested to cause sending of a message to the registered mobile phone number of the Postal Pensioner about successful acceptance of the DLC by the Head post office concerned as it happens in respect of a Pensioner drawing pension from bank who gets SMS on his registered mobile phone immediately from Jeevan Pramaan on

submission of DLC and **subsequently from the CPPC of the pension disbursing bank confirming successful acceptance of life certificate by the bank** and the process is completed to the satisfaction of the Pensioner. But, in the case of a postal pensioner, though he/she gets a message from Jeevan Praman on submission of DLC, **subsequently SMS on acceptance of the DLC by the HPO**

concerned is not being received now and the postal pensioner will not be sure of its acceptance by the HPO. Hence there is a need for sending SMS on acceptance of DLC by the HPO.

Thanking you Sir
yours faithfully,

K B Krishna Rao, Secretary

**BSNL
IDA**

BHARAT SANCHAR NIGAM LIMITED File No. BSNLCO-A/11(18)/1/2020-
ESTAB Dated: 24-Aug-2020

CIRCULAR

Board level & below Board level posts including Non-unionized supervisors in Central Public Sector Enterprises (CPSEs) – Revision of scales of pay wef. 01.01.2007 — Payment of IDA at revised rates w.e.f. 01.07.2020

*Government of India, Ministry of Heavy Industry & Public Enterprises, Department of Public Enterprises,
F.No. W-02/0002/2014-DPE(WC)-GL-XII./2020 O.M Dated: 17th August 2020*

In modification of this Department's O.M. of even No. dated 03.04.2020. the rate of DA payable to the executives and non-unionized supervisors of CPSES (2007 pay revision) is as follows

- (a) Date from which payable: 01.07.2020
- (b) Average AICPI (2001=100) for the quarter March' 2020- May' 2020
 - * March, 2020 - 326
 - * April, 2020 - 329
 - * May, 2020 - 330
 - * Average of the quarter - 328.33
- (c) Link Point: 126.33 (as on 01.01.2007)
- (d) Increase over link point: 202 (328.33 minus 126.33)
- (e) DA Rate w.e.f. 01.07.2020: 159.9% [202 : 126.33)x 100]

2. The above rate of DA i.e. 159.9% would be applicable in the case of IDA employees who have been allowed revised pay scales (2007) as per DPE O.Ms. Dated 26.11.2008, 09.02.2009 & 02.04.2009.

3. All administrative Ministries/Departments of the Government of India are requested to bring the foregoing to the notice of the CPSEs under their administrative control for necessary action at their end.

Submission of
Life Certificate

Govt, Ministry of Personnel, Public Grievances & Pension, Department of Pension & Pensioners' Welfare O.M Dated 11th September, 2020

Extension of period for submission of Life Certificate from October 2020 till December 2020.

Every Central Government pensioner has to submit life certificate in the month of November for further continuation of his/her pension. It has been observed that a large number of Central Government pensioners physically visit bank branches for this purpose.

2. Earlier, as a measure to enable additional dedicated time to very senior pensioners, this department, vide OM No. 1/20/2018-P&PW(E), dated 18.07.2019, allowed the pensioners in the age group of 80 years and above, to submit Life Certificate from 1st October onward instead of 1st November, every year.

3. In view of the ongoing Covid-19 pandemic and keeping in view of the vulnerability of elderly population to Corona Virus, it has now been decided to extend the existing timeline for submission of Life Certificate. This year, all Central Government pensioners may submit Life Certificate from 1st November, 2020 onward, till 31st December 2020. However, the pensioners in the age group of 80 years and above, can submit Life Certificate from 1st October, 2020 onwards. to 31st December, 2020. During this extended period, the pension will be continued to be paid by the Pension

Disbursing Authorities (PDAs) uninterrupted.

4. Further, in the line of RBI notification no. RBI/2019-20/138, dated January 9, 2020, which permits Video based Customer identification Process (V-CIP) as a consent based alternate method of establishing the customer's identity, PDAs may also explore the said methodology for obtaining a Life Certificate from the pensioner, to the extent permitted by RBI guidelines, in order to avoid rush at the branches.

5. The above measures are expected to avoid rush at branches and maintain social distancing, while obtaining Life Certificates from the elderly this year. PDAs shall also ensure proper arrangements and social distancing measures at the branches and prevent overcrowding.

6. All Pension Disbursing Authorities are requested to take note of this OM for compliance and give wide publicity to the same amongst the pensioners.

This issues with the approval of the competent authority.

Rajesh Kumar

Under Secretary to the Government of India

WFTU TUI
PENSIONERS AND RETIREES
01-10-2020
World Pensioners Day
DEMONSTRATION
Ensure for all Pensioners and Retirees:

❖ Decent Pension	❖ Clean Water, Healthy Food
❖ No Privatization of Pension	❖ Quality Transportation and
❖ Dignified life, Health Care	❖ Free Cultural Leisure

NCCPA and Affiliated Associations & CGPA Affiliates

PENSIONERS' CHAMPION

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SEPTEMBER 2020



CHIEF MINISTER RELIEF FUND KARNATAKA

Ref No : CM808S200005738

Received with thanks from **The Secretary, Karnataka Posts & Telecommunications pensioner's Association, No. 61/1, Pensioners Bhavan, 1st Main, 11th Cross, Telecom Layout, Srirampura Phase-2, Jakkur Cross, Bangalore - 560064** (PAN No. Not Available) a sum of ₹ 1,00,000 /- (**One lakh Rupees only**) as donation towards '**Chief Minister Relief Fund COVID-19**' vide Cheque / D.D / Electronic Money Trasfer No.979302 dated 11/08/2020.

Contribution to CMRF is **100% tax exempt** under section 80G(2) of the income Tax Act, 1961 vide **Pan No. AAAGC1692P or GGGGG0000G.**



Bengaluru

25/08/2020

Accounts Officer
Chief Minister Relief Fund

Note: This is a computer generated receipt and does not require any signature/stamp

FOR THE ATTENTION OF OUR MEMBERS / SUBSCRIBERS

1) JOURNAL PENSIONERS' CHAMPION

Our Members/ Subscribers who would like to get their copy of the journal in PDF format through their email or WhatsApp, may please give their willingness and furnish their Email ID / Mobile phone number with WhatsApp facility to the Joint Secretary, KPTPA, **Sri V Gopal through SMS/ WhatsApp message on his mobile No.8197918085 or through his email — v.gopi.rao@gmail.com**

2) RENEWAL OF SUBSCRIPTION FOR THE JOURNAL

Please avoid remitting subscription by M O or Cheque as far as possible

In view of the present pandemic situation, we earnestly request our members and subscribers to renew their subscription by directly crediting the amount to the Association's bank account details of which are as below.

**Bank: State Bank of India Branch: NTI Layout branch,
Vidyaranyapura, Bangalore
Current Account No.36418697411 - IFSC: SBIN 0009045**

Please do invariably inform us of the details of credit to enable us to acknowledge receipt of the amount and to renew your subscription.

Grant of increment to pensioners who retire/retired on 30th June / 31st December after rendering 365 days of service from the date of earning their last increment.

KP&TPA in coordination with the Coordination Committee of Central government Pensioners' Associations, Karnataka, wishes to explore the possibility of filing an application in the CAT, Bengaluru or a writ petition in the High Court. Hence our members who had retired on 30th June (under 6th CPC regime) and 30th June/ 31st December (under 7th CPC) are requested to furnish the following particulars to facilitate the association to seek legal opinion in the matter.

- 1) Name:
- 2) Membership number of KPTPA:
- 3) Phone number:
- 4) Date of retirement:
- 5) Date of drawal of the last increment:
- 6) Whether approached CAT, If yes, the result thereof with OA No. and date of the CAT Order, if decided :
- 6) Present status of the CAT case:

The above particulars may please be furnished by:

**Email: pensionersbhavan@gmail.com or
through WhatsApp message to Mobile No. 9483467750**

RECEIPT RECEIVED FROM THE GOVT. OF KARNATAKA FOR RS. 1,00,000/-
REMITTED BY THE ASSOCIATION ON 11.8.2020 IS REPRODUCED IN PAGE-11

**Donations for the
Karnataka CM's Calamity Relief Fund and Covid-19 Fund
AN APPEAL**

State of Karnataka which had already been facing unprecedented stress on its economy due to the Pandemic Covid-19 situation with ever increasing number of Covid-19 positive cases now nearing 5 lakh, requiring critical health care, has during August and September faced devastation due to torrential rains, floods, landslides resulting in loss of properties, human and animal lives. This calls for generous donations being made to the State Government Relief Funds. DONATE LIBERALLY TO KARNATAKA CHIEF MINISTER'S RELIEF FUNDS THROUGH **KARNATAKA P&T PENSIONERS' ASSOCIATION**. Donations may please be remitted by crossed cheque payable to "Karnataka P&T Pensioners' Association" or by directly crediting the amount to the Association's bank account

**Bank: State Bank of India | Branch: NTI Layout Branch,
Vidyaranyapura, Bangalore
Current Account No.36418697411 IFSC:SBIN 0009045**

Cheques may please be sent to:
K.R.Anantha Ramu, No 1158, 7th Main, 7th Block,
HMT Layout, Vidyaranyapura, Bangalore-560097. (Mob: 9448477129)
Please do inform us if the amount is credited to the bank account.

**List of Donors - SEPTEMBER 2020
Donation for the Karnataka Chief Minister Relief Fund: Covid-19**

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.
13	S.Ramesh	2991	3000	4684
14	A.Kanagamany	920	2500	4676
15	M.S.Narayana Moorthy	7	1000	4634
16	C.Ramakrishna Reddy	1683	1000	4656

ALL INDIA CONSUMER PRICE INDEX					
Month	CPI Base 2001=100	12 Months' Total	Monthly % increase Ave.	7th CPC % increase over 261.42	DR due
June 19	316	3673	306.08	17.08	17% from July 2019
Dec 19	330	3809	317.41	21.42	21% from Jan 2020 (Frozen)
June 20	336	3936	328	25.46	24% from July 2020 (Frozen)

DA/DR wef 1-7-2020 : 24% - FROZEN Vide MoF, DoE, OM dated 23-4-2020
Accumulated percentage of DA/DR on 1-7-2020 expected to be released on 1-7-2021: 7%.

BSNL IDA		
From 1-7-2020	159.90% (0.8%)	Decrease from April 2020 rate of 160.7%)

Reimbursement of medical claims

*Govt, Ministry of Communications, Department of Telecommunications
OM No:4-35(01)12019-PAT Dated: 28/07/2020*

Reimbursement of medical claims to pensioners residing in non-CGHS area

This refers to medical claims being received from pensioners residing in non-CGHS areas. In this respect, Ministry of Health and Family Welfare's (MoH&FW) OM No. S. 14025/23/2013- MS.EHSS dated 29.09.2016 may be referred (copy enclosed). As per this OM, the pensioners residing in non-CGHS have following options to avail medical facilities:

- (a) They can avail Fixed Medical Allowance (FMA) @ Rs. 500/- per month or as revised from time to time. At present, vide OM 4/34/2017/P&PW(D) dated 19.07.2017, FMA is @ Rs. 1000/- per month.
- (b) They can also avail benefits of CGHS (OPD & IPD) by registering themselves in the nearest CGHS city after making the required subscription.
- (c) They also have the option to avail FMA for OPD treatment, and CGHS for IPD treatment after making the required subscriptions as per CGHS guidelines.

2. In addition, in accordance to MoH&FW's OM No. S.11011/11/2016 CGHS (P)/EHS dated 09.01.2017 (copy enclosed), pensioners have option to avail CGHS facilities by making contribution on an annual basis (1 year/ 12 months) or by making contribution for 10 (ten)

years (120 months) for getting a pensioner CGHS card with life-time validity.

3. The undersigned is directed to request all the Pr. CCA/CCAS and others concerned offices that the pensioners of this Department residing in non-CGHS areas may be intimated/ sensitized (more than once) by an appropriate means about the above options for medical facilities available to them as per MoH&FW OM dated 29.09.2016 and OM No. S.11011/11/2016 CGHS (P)/EHS dated 09.01.2017. They may be advised that for availing reimbursement of their medical bills, they have to mandatorily register themselves with the nearest CGHS facility as per one of the options above. They may also be advised that if they fail to register themselves w.e.f. applicable date with the nearest CGHS facility for availing OPD/IPD treatment, their further medical bills may not be reimbursed by this Department.

4. Compliance report in respect of the above may be furnished to this office for appraisal of Secretary, DoT. This issues with the approval of competent authority.

Sd/-
(S.C.Karol) Director, (Estt.);
Phone. 23036500

OBITUARY

Sri Gopalakrishnan K, Retd AE, MUX, STR , BG , LM 1572 expired on 20-07-2020 at the age of 91 years.

Sri Renukaradhya, Retd HSG-II Supervisor, Bangalore City RMS, LM 827 expired on 31-08-2020 at the age of 78 years.

The Executive Committee, KP&T PA conveys its heartfelt condolences to the bereaved families.

APPEAL FOR DONATIONS FOR THE BUILDING FUND

We appeal to our **Members who have not yet paid** their contribution to the building fund please to remit their donation to facilitate provision of a lift to the new building. 46th list of donations is published in this issue.

Amount may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to: K.R.Anantha Ramu, No 1158,7th Main, 7th Block, HMT Layout, Vidyananyapura, Bangalore-560097. (Mob: 9448477129) **or preferably, Credited to the Association's Bank account:**

State Bank of India, Branch: HMT Layout branch, Vidyananyapura, Bangalore Current Account No.64209078453, IFSC:SBIN 0040659

Please do invariably inform us of the details of credit to enable us to acknowledge the receipt of the amount and to send you a receipt.

Donation for the Building Fund - 46th List					
SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1433	Theresa Manoharan	2646	8000	4680	13000
1434	R.D.Shahane	1070	2000	4664	4000
1435	G.L.Chandrasekhara Rao	1540	5000	4670	
1436	H.S.Sreenivasamurthy	1415	500	4666	3360
1437	Sridevi Naragund	2819	3000	4662	
1438	A.Kanagamany	920	2500	4676	27500
1439	Maruthi.H.Jaba	780	2000	4683	
1440	K.P.Rangan	21	1000	4667	4000
1441	Bhagavan	2705	1000	4674	

We Welcome the Following Newly Enrolled Members

SI.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	P.S.Waiker	Director, COAL, RADAR, Ministry of Defence, Bangalore	ALM 3001
2	K.M.Veerabhadra	Scientist 'F', DRDO, Ministry of Defence, LRDE	ALM 3002
3	B.M.Nanjunda Gowda	AHRO III, HSG II, Bangalore City RMS, Bangalore	LM 3003
4	A.P.Appannavar	Sub Postmaster, Mahaveer Galli Sub Post Office, Hubballi	LM 3004
5	A.Sandhya	Assistant Postmaster, Davanagere Head Post Office, Davanagere	LM 3005
6	Balasubramanya Setty	Group 'D', O/o. Postmaster General, SK Region, Bangalore	LM 3006
7	K.R.Ratnavathy	Asstt. Accounts Officer, Accountant General Office, Chennai	ALM 3007
8	G.Hanumantha Rao	Chief Telephone Supervisor, Telephone Exchange, Hospet	LM 3008
9	H.P.Venkatesha	Sub Inspector, GO, Central Reserve Police Force, Imphal, Manipur	ALM 3009
10	K.Divakara Prabhu	Sorting Assistant, MACP III, Bangalore City RMS, Bangalore	LM 3010
11	B. Subramanya Bhat	LSG Supervisor, RMS, 'Q' Dn. Udupi	LM 3011

LM: Life Member

ALM: Associate Life Member

Date of Publication 27th of Every Month. Posted between 27th and 31st at Bangalore PSO, Bangalore-560 026.
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Subscription received for Pensioners' Champion During August-September 2020

Rs.150/- Smt./Sri	Rs.150/- Smt./Sri	Rs.200/- Smt./Sri	Rs.300/- Smt./Sri
21 K.P.Rangan	1909 G.Megharajan	113 A.C.Abdul Karim	2811 P.N.Latha
390 K.V.Vishwanatha Murthy	2070 N.Subbunarasimhaiah	268 Y.L.Vasudeva Rao	2815 L.M.Balappa
401 H.V.Shivaswamy	2190 R.Muddaiah	1545 Prakash Kander Paul	XXX 20.8.20 (Arunaprakash)
598 Rajalakshmi(FP)	2212 S.Jayapalan	S-104 J.L.Lekhi	Rs.400/- Smt./Sri
710 R.Soundararajan	2217 H.Raghurama Ganiga	S-105 O.P.Dhamija	S-167 V.G.Patwardhan
1015 H.S.Manjunatha	2315 Indudhar.V.Patil	S-158 D.Mohan	Rs.450/- Smt./Sri
1074 H.C.Srinivasa Gopalachar	2414 G.Sekharappa	S-238 R.N.Naragund	1202 Shankar Hasyagar
1109 K.Sanjeeva Shetty	2514 N.Vinoda	S-353 Rajalakshmi	1774 G.S.Shetty
1207 K.Sunithi	2516 M.Krishnappa	Rs.300/- Smt./Sri	Rs.500/- Smt./Sri
1230 Bhuvaneshwari	2558 B.S.Sathyantarayana	920 A.Kanagamany	1415 H.S.Sreenivasa Murthy
1257 C.M.Karunakaran	2660 V.Devaraja	1160 K.S.Krishna Murthy	1475 Leelavathi(FP)
1294 S.Paramasivam	2705 Bhagavan	1274 V.Muthukumar	2673 S.P.Sathyantarayana Rao
1320 G.V.Lakshminarayana	2819 Sridevi Naragund	1528 D.Hemachandra Babu	Rs.600/- Smt./Sri
1427 K Rangaswamy	2846 K.Obaiah	1560 N.S.Krishnamurthy	367 T.S.Narasimhachar
1673 D.D.Tilakaraj	2855 A.Prakash	1851 T.V.Seshadri	992 B.Srinivasaiah
1683 C.Ramakrishna Reddy	2869 D.Basavaraja	1912 N.Venkatachalapathy	1806 A.Sathyantarayanan
1794 V.Sathyantarayanachar	2888 H.R.Range Gowda	2277 V.Narayana murthy	Rs.750/- Smt./Sri
1828 Abdur Rasheed	S-257 M.I.Madki	2404 B.N.Sathyantarayana	1339 Nagamani.S.Rao
	XXX (credited on 29.8.20)	2723 C.Honnappa	
		2676 P.Sonnappa	

Please pay your Subscription and Donations ONLINE by crediting the amount to the association's Bank accounts. Account numbers and IFSC details in pages 12 & 15.

Regd. Journal

If undelivered, please return to:
Karnataka Posts and Telecommunications Pensioners' Association (R)
165, 4th Main, 3rd Block, 3rd Stage,
Basaveshwaranagar,
Bengaluru-560 079.

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