



Bilingual (Kannada and English) Monthly Journal of  
KARNATAKA POSTS AND TELECOMMUNICATIONS  
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)

(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

Working Office: # 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560 079 Phone: 23230545

e-mail: [pensionersbhavan@gmail.com](mailto:pensionersbhavan@gmail.com)

Website : [www.kptpa.org](http://www.kptpa.org)

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**VOLUME XXVI**

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**Protests against “Validation of Pension Rules”- Convention  
organised by CCCGPA Karnataka, Bengaluru on 31st August 2025  
in response to the call of the Forum of Civil Pensioners Associations**



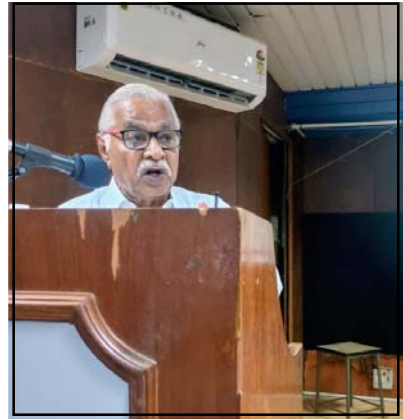
**Sri K.B. Krishna Rao, President, CCCGPA speaking at the convention**

“From left : S/s P.Gangadhara Rao, VP, CCCGPA, GL Jogi, GS, SNPWA, D.Gopalakrishnan, President, AIBSNLPWA, the Chief Guest. Girish Kanagotagi, VP, CCCGPA,  
Standing: S.Radhakrishna, GS CCCGPA

The 3rd phase of the programme was of holding State Level conventions of Pensioners Associations and submission of a Memorandum to the Hon'ble Governor with a request to forward the same to the Hon'ble Prime Minister. [Report : Page 3]



**Sri S. Radhakrishna, GS, CCCGPA**  
delivering Welcome address



**Sri D. Gopalakrishnan, Chief Guest,**  
speaking on Validation of Pension Rules



**Sri G.L. Jogi, GS, SNPWA,**  
addressing pensioners



**Sri P.Gangadhara Rao, Vice- President,**  
CCCGPA proposing Vote of thanks



## Audiences

The Coordination Committee of Central Government Pensioners Associations, Karnataka (CCCGPA) organised a convention of Pensioners of the Associations participating in the Forum of Civil Pensioners Associations. The convention was held in the auditorium of the Telephone House, Bengaluru, on 31st August 2025. More than 300 pensioners attended the convention. Com G Gopala Krishnan, President, (CHQ) All India BSNL Pensioners Welfare Association (AIBSNLPWA), Chennai was the Chief Guest. Com G L Jogi, General Secretary, Sanchar Nigam Pensioners Welfare Association (SNPWA) was the Guest of Honour. Com K B Krishna Rao, President CCCGPA presided. Com S. Radhakrishna, General Secretary welcomed the guests and Pensioner participants. Com Krishna Rao introduced the guests and explained in brief the purpose of the convention being organised as the third phase of a series of struggles chalked out by the Forum to force the government to withdraw the validation clause introduced through Finance Act 2025. General Secretary placed the memorandum prepared by the Forum and also informed that, the same will be presented to the Hon'ble Governor of Karnataka for onward transmission to the Hon'ble Prime Minister.

Com D.Gopalakrishnan, the Chief Guest, fondly called DG, in his detailed presentation, explained the impact of the Validation clause citing various Supreme Court judgments. He explained how the provisions of the Validation clause are ultra virus and unconstitutional. He said "while we challenge the Validation clause in the Supreme Court simultaneously, we should mobilise pensioners all over the country to put pressure on the government to withdraw the Validation provisions."

Com Jogi, in his brief speech, called upon pensioners to actively involve themselves in all the struggles as struggles only bring success.

President, in his concluding remarks, called upon all to prepare for the next phase

of agitation, which is rally in Delhi on 10th October, 2025.

Vice president Com P.Gangadhar Rao proposed a vote of thanks.

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***A write-up on the subject by Com D G which covers his speech at the convention is reproduced below.***

Dear Civil Pensioners,

As President of All India BSNL Pensioners' Welfare Association, CHQ, I extend my warm greetings to all. "Forum of Civil Pensioners' Association" (FCPA) is formed which includes our association.

What is the necessity for forming this FCPA and for what purpose this was formed?

Necessity is the mother of Invention. That necessity arose because of the Central Government's action. In Parliament, Hon Finance Minister introduced finance bill 2025-26. In that bill, in PART IV, "**Validation of the CCS Pension Rules and Principles for Expenditure on Pension Liabilities from the Consolidated Fund of India**" was also introduced. This validation of CCS Pension Rules takes effect retrospectively from 1.6.1972. The Hon President gave her approval within 4 days and a gazette notification was issued by **Ministry of Law and Justice on 29/3/2025**.

This was the necessity for forming FCPA. Thanks to the Central Government, because of this move, most of the pensioners' associations in the country came together under one umbrella organization of FCPA to oppose this.

We have several questions to ask the Central Government particularly Hon. Finance Minister.

- \* Why Validation of CCS Pension Rules was introduced through Finance Bill 2025-2026?
- \* When CCS Pension Rules 1972 was

replaced by CCS Pension Rule 2021 what is the need for introducing this 'Validation' from 1/6/1972 (from which date CCS Pension Rules 1972 came into effect)?

- \* On the floor of Parliament, Hon Finance Minister told that 6<sup>th</sup> CPC, an expert body, recommended for distinction which was accepted by the then Government. But this Government did not make any distinction between pre-2016 and post-2016 pensioners and parity was ensured, thanks to Modiji. Then now what is the need to bring distinction, through validation, based on date of retirement with retrospective effect? She clarified that **Keeping in view the recommendations which were made by the 6<sup>th</sup> CPC, a distinction among pensioners is inevitable and that is what is being brought in as an amendment and by way of Validation.**

- \* When five member constitutional bench of Hon Supreme Court in its judgment on 17/12/1982 declared that dividing the pensioners based on retirement date is unconstitutional, against article 14 of the constitution, how this 'validation' stands before judicial scrutiny?

No Rule can be static and amendments may be needed. Even Indian Constitution was amended more than 100 times. CCS Pension Rules was amended on earlier occasions and no pensioner association opposed them. But this is not such an amendment.

Let us understand the difference and intention of this Validation.

Whenever amendments to CCS Pension Rules were carried out on earlier occasions under Article 309 of the Constitution, the Gazette Notification was issued by Ministry of Personnel & Public Grievances (Department of Pension & Pensioners' welfare). For example we can take the gazette notification issued on **20.12.2021** introducing the CCS (Pension) Rules, 2021. This notification repealed CCS Pension Rules 1972. Then what is the need for 29th March 2025 notification to amend the said rules from 1/6/1972?

Never before, amendment to CCS Pension Rules was part of Finance Bill. So, introducing the Validation of CCS Pension Rules as part of finance bill reveals the clear intention of the Government. **The clear intention is to reduce the pension liabilities.** To reduce the pension liabilities, the Government has taken over the powers to make distinction among the pensioners based on date of retirement.

To substantiate that point I quote **29.3.2025** gazette notification para 149(1) **"Without prejudice to the provisions of the pension rules, the Central Government shall have the authority to establish distinctions among pensioners as a general principle".**

Para 149(4) states "The norms, principles and method of pension revision, as per accepted recommendations of a particular Central Pay Commission, shall be effective from such date as may be determined by the Central Government and the benefit of such accepted recommendation shall not be given effect to from an earlier date".

I also quote para 150 of 29<sup>th</sup> March 2025 gazette notification which states **"Notwithstanding anything contrary contained in any judgement, decree or order of any court, tribunal or authority and notwithstanding anything contained in the pension rules" (a) "It is hereby clarified that the Central Government has the authority and shall always deemed to have had the authority, to classify its pensioners, and may create or maintain distinction amongst pensioners as deemed expedient for implementing the recommendations of the Central Pay Commissions under this Part;**

- (b) **"It is also clarified that the date of retirement of pensioners shall be the basis of distinctions and for classification in regard to pension entitlement".**

Can any pensioners' association, worth its salt, remain a silent spectator to this development? The reply is an emphatic "NO".

That is why many pensioners' associations, at the initiative of NCCPA (National Coordination Committee of Pensioners' Associations), an umbrella organization, came together and formed Forum of Civil Pensioners Association (FCPA)

Sole objective of FCPA is to oppose Validation of CCS Pension Rules 2025 through struggles and also by way of challenging it in Hon Supreme Court through a Writ Petition.

The first phase of agitation, Human Chain, was held on **25/7/2025** throughout the country. The response from the pensioners, particularly telecom pensioners (**members of AIBSNLPWA, AIBDPA, SNPWA, AIRBSNLEWA, RTOWA, MREWA**) was tremendous and it reflects their understanding of the issue and the impending danger. **It shows that they are the real soldiers and not pawns in a chess board as narrated by someone.**

FCPA which met virtually on **6.8.2025** congratulated the pensioners who made the first programme a grand success; decided that FCPA should be formed at all states reflecting the unity of pensioners associations; decided to conduct further programmes like State-level convention, memorandum to Governors, press-meet, meeting MPs of all parties, Delhi-chalo (on 10.10.2025) successfully.

On behalf of Registered Civil Pensioners' Associations whose pension is regulated as per CCS Pension Rules shall file the Writ Petition in Supreme Court shortly. Shri Kapil Sibal, learned lawyer has agreed to appear and argue the case on our behalf.

In our country, constitution is supreme. Art.50 of our constitution mentions about separation of powers between Legislature, Executive and Judiciary. This division ensures that each branch has defined functions and

powers to prevent the concentration of power in one entity, promoting a system of checks and balances. The separation of powers, even with its flexible application, is crucial for maintaining a democratic and accountable government in India. It safeguards against the concentration of power and potential abuse, promoting a system where the rule of law is upheld. Usurping the powers of the judiciary by the Executive is against this article.

Irrational, illogical distinction on the basis of date of retirement is against Art.14 of our constitution as declared by 5 member Constitutional Bench of Supreme Court pronounced on 17<sup>th</sup> December 1982 in D S Nakara & Ors Vs UoI case. It is a settled law.

Many laws passed by legislature, if it is arbitrary, not in consonance with the constitution have been declared as null and void by Hon. Supreme Court. One such example is that NJAC (National Judicial Appointment Commission) which was passed by Parliament unanimously was struck down by Hon Supreme Court.

We believe that Validation of CCS Pension Rules through Finance Bill 2025 will be declared 'ultra vires of constitution' by the Hon. Supreme Court.

### **Constitute 8<sup>th</sup> CPC immediately**

The Government's decision to appoint 8<sup>th</sup> CPC was announced on **16<sup>th</sup> January 2025** but even after 7 months it is not constituted, though consultations were held by Cabinet Secretary with JCM, staff-side. The delay causes concern and anxiety among the pensioners. The Central Government is urged to constitute 8<sup>th</sup> CPC and finalize the Terms of Reference without further loss of time.

6<sup>th</sup> CPC was announced and constituted on the same day i.e. 5/10/2006. It was because of then prevailing political situation (UPA-1 Government was headed by Dr. Manmohan Singh supported by left parties).

CPC	Date of Announcement	Constituted on	Gap in between
IV	26.7.1983	01.09.1983	1 month
V	01.9.1993	09.04.1994	7 months
VI	5.10.2006	05.10.2006	No Gap
VII	25.9.2013	28.02.2014	5 months

This unity is built on specific demand. Let us march forward jointly to achieve the demand.

### Renewal of Subscription for the Journal "PENSIONERS' CHAMPION"

Many Members/Subscribers have not yet renewed their subscription for the year 2024-25 (July 2024 to June 2025). They are requested to renew their subscription for 2024-25 and 2025-26 now to continue to receive the journal. Amount of subscription- Members - Rs.180/- Subscribers- Rs.240/-per year. Amount may be credited to the association's Bank Account No. 36418697411 (IFSC: SBIN 0009045) SBI NTI Layout Branch, Vidyaranyapura, Bengaluru 560097. Account Holder: Karnataka P&T Pensioners' Association.

**May also be paid by Scanning the QR Code printed**

### PAYMENTS TO THE ASSOCIATION

Payment of subscription for the journal "Pensioners' Champion" and Donations for the Association **MADE EASY.**

Money Can now be transferred to the association's Bank account through UPI Google pay / Phone pay **by scanning the QR Code printed alongside**

After entering the amount please type your membership number and name in the box "Add a note" seen below the amount in Google pay and "Add a Message" seen in Phone Pay.



### ALL INDIA CONSUMER PRICE INDEX

Month	CPI Base 2016=100	CPI Base 2001=100	12 Months Total	Monthly average	7th CPC % increase over 261.42	DR due
Jan. 2024	138.9	138.9 X 2.88= 400	4732	394.33	50.84	50% from Jan, 2024
June 2024	141.4	141.4 X 2.88= 407	4811	400.91	53.36	53% from July 2024
Dec. 2024	143.7	143.7 X 2.88= 414	4893	407.75	55.975	55% from Jan 2025
July 2025	146.5	146.5 X 2.88= 422	4973	414.41	58.52	58% from 1st July 2025

\* Linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88  
1.7.2025 = 58% Confirmed - Orders expected

### BSNL IDA

IDA from 1-04-2025 - 226. 5% (2% Decrease - January rate of 228.5)  
IDA from 1-07-2025 - 227. 1% (0.6% Increases over April 25 rate of 226.5%)

## Submission of Digital Life Certificate through the “Face Authentication Technology”

All the pensioners/family pensioners are required to submit their Life Certificate to the Pension Disbursing Authority every year in November before 20th of the month. Pensioners aged 80+ can submit their life certificate either in October or November. During last year, 33 members voluntarily visited residences of 1444 aged infirm pensioners to help them to submit their life certificate from the confines of their homes/ Old age homes. They organized 39 Digital Life Certificate Camps, 27 in Bengaluru and 12 in other places like Mysuru, Nanjanagudu, Chamarajanagara, Hassan, Chikmagalur, Shivamogga Tumakuru,

Davanagere, Chitradurga, Kolar, Robertsonpet, Thirupathi. They helped a record number of 3536 pensioners /family pensioners to submit their digital life certificate making use of the “Face Authentication Technology” launched by the Department of Pension and Pensioners Welfare in collaboration with UIDAI & Ministry of Electronics and Information Technology (Miety). Similarly, during this year 2025, in association with Coffee Board Pensioners’ Association, we will conduct DLC Camps and our volunteers will also visit residences of aged pensioners who register their names with us.

### TENTATIVE SCHEDULE

Digital Life Certificate Camps being organised during November 2025

Date:	Camp Venue	Volunteers to be contacted
1.11.2025 Saturday 9.00 AM	<b>SAHAKARA NAGAR</b> Sahakara Nagar Residents' Welfare Assn. - Siddhi Vinayaka Temple Premises (Contact: <b>Sri B Nagaraju</b> M: 99644 40876)	KRA/BN/VM/HSR/BAS/NMH/RSN/KA/MR & OTHERS
10.00 AM	<b>AG'S OFFICE LAYOUT</b> B.V. Ramesh, Residence, No.182, 3rd Main, AGs Office Layout, Arehalli, Bengaluru 560061 (M: 9880596436)	TVS/VR/NRA/VG/KN
10.00 AM	<b>MYSURU:</b> HPO & RMS Layout, Shakthinagar, Mysuru (Contact: <b>Sri Jagadish</b> M: 9739538929)	SR/NP
2.11.2025 Sunday 10.00 AM	<b>MYSURU:</b> Sadvidya Educational Institutions # 7, Narayana Shastry Road, Mysuru 570024 (Contact: <b>Sri P.M. Parameshwaraiah</b> M: 9449621314)	KA/MBS/SR/NP
10.00 AM	<b>COFFEE BOARD LAYOUT HEBBAL</b> Rama Mandira Temple, Coffee Board Layout Hebbal Kempapura, Bengaluru 560024 (Contact: <b>Sri R. Anjaneya</b> , M: 9845119939)	KRA/BN/VM/TVS/RA/DR.DVR/RSN



10 AM	<b>POORNAPRAGNA LAYOUT</b> Suvarna Bhavana at Vishnuvardhan Circle (Contact: <b>Sri Shreesha Rao</b> M: 9900118351)	VR/KN/VG/NRA
10 AM	<b>PENSIONERS BHAVAN</b> Telecom Layout, Bengaluru 560064 (Contact: <b>Sri Balappa</b> , M: 96202 37788)	BALAPPA/HIREMANI/IRANNAHANJI
10 AM	<b>THUMAKURU:</b> Prahlad Rao Park, 3rd Cross, Maruthinagar. (Contact: <b>Sri KV Anantha</b> <b>Ramu</b> : M: 9480887347)	NMH/HRS
3.11.2025 Monday 10 AM	<b>BASAVESVARANAGAR</b> Senior Citizen Forum, 5th Cross, Kirloskar Colony 1st Stage, Basaveshvaranagar 560079 (Contact: <b>Sri H.R. Shamasunder</b> M: 9986520345)	HRS/KN/VR/TVS/NRA/VG/RJ
10 AM	<b>VIDYARANYAPURAM</b> Hiriya Nagarikara Vedike Vidyaranyapuram (Contact: <b>Sri K.R. ANANTHARAMU</b> M: 9448477129)	KRA/BN/VM/NMH/HSR/BAS
10 AM	<b>DAVANAGERE</b> Head Post Office Premises (Contact: <b>Sri B T Chandrashekhar</b> M: 9480472130)	N. Prakash
4.11.2025 Tuesday 10 AM	<b>CHITRADURGA</b> Head Post office Premises (Contact : <b>Sri B T Chandrashekhar</b> M: 9480472130)	
10 AM	<b>DRDO</b> DRDO Township Phase-1, NGO Hall, OPP: SBI, CV Raman Nagar, Bengaluru 560093. (Contact: <b>Sri Desikan</b> M: 94480 55574/86188 70957)	TVS/VR/VG/NRA/KA/AP/VM/RSN
10 AM	<b>YELHANKA</b> Railway Pensioners' Assn, Yelahanka (Wheel & Axel) (Contact: <b>Sri Indrashekhar</b> M: 94839 65754)	KRA/BN/HSR/NMH/BAS
5.11.2025 Wednesday 10 AM	<b>HASSAN</b> SRI SEETHARAMA ANJANEYA TEMPLE Park Road, Northern Extension, Hassan (Contact: <b>MR. H.N. Srinath</b> M: 9480392650)	KRA/TVS/BN/VM



10 AM	<b>VIJAYANAGAR</b> At the residence of Mrs. S. Anuradha, 93/E, 16 <sup>th</sup> Main, Vijayanagar, Bengaluru 560040 (Near Police Station/ Vijayanagar Metro Station) (Contact: <b>Sri K. Nagesh</b> M: 94487 05268)	VR/KN/VG/NRA/HRS/RJ
10 AM	<b>NANJANAGUDU</b> Vishwakarma Bhavana, Behind JSS College Deveerammanahalli Badavane, Nanjanagudu (Contact: <b>Sri S. Nanjunaswamy</b> M: 72594 89352)	MBS/SR/NP/KA
6.11.2025 Thursday 10 AM	<b>CHICKAMAGALURU</b> Chikkamagalur Head Post Office Premises (Contact: <b>Sri K. Ramaiah</b> M: 96631 04325)	TVS/KRA/BN/VM/HS RAJENDRA
10 AM	<b>KGF</b> Robertsonpet Post Office, KGF (Contact: <b>MR. K. Anand</b> M: 6363059023)	KA/DIXITH/V JANAKIRAM
10 AM	<b>SREENIVASA NAGARA</b> Vinayaka English Medium School, 1 <sup>ST</sup> Cross, Sreenivasa Nagara 2 <sup>ND</sup> Block, BSK 1 <sup>ST</sup> Stage, Bengaluru 560050 (Contact: <b>Sri Vishwanatha Rao</b> M: 93435 18849)	VR/NRA/VG
7.11.2025 Friday 10 AM	<b>SHIVAMOGGA</b> PRASANNA GANAPATHI TEMPLE Ravindra Nagara. Shivamogga (Contact: <b>Sri V. Shashidhara</b> M: 9448839884)	KRA/TVS/BN/VM
10 AM	<b>PADMANABHA NAGARA</b> MEGHANA & SHALINI APARTMENT, No. M 1505, 100 Feet Ring Road, Banashankari 2 <sup>ND</sup> Stage, Bengaluru 70 (Contact: <b>Sri K. Nagesh</b> M: 94487 05268)	VR/KN/NRA
2 PM	<b>RAJARAJESWARI NAGAR,</b> IDEAL HOMES COLONY Ananda Sevashrama Trust (Contact: <b>Sri K. Nagesh</b> M: 94487 05268)	VR/KN/NRA
8.11.2025 Saturday 10 AM	<b>R.T. NAGAR</b> R.T. Nagar Head Post Office (Contact: <b>Sri V. Murugan</b> M: 9902020537)	VM/M. ELANGOVAN

10.00 A M	<b>CHAMARAJANAGARA</b> (Contact: <b>Sri Dundumadaiah</b> M: 99017 46860)	SR/NP
10.00 A M	<b>TIRUPATHI</b> (Contact: <b>Sri S. Kasirajan</b> M: 9635145054)	S. KASIRAJAN
10.00 A M	<b>ULLALA CROSS</b> T.R. SHANKARAMURTHY RESIDENCE, No.35 (844), 8 <sup>th</sup> Main, 1 <sup>ST</sup> Cross, SK Layout, Jnanajyothinagar, Near SVK Kalyana Mantapa, Ullal Cross, Near Bangalore University Quarters, Bangalore 560056. (Contact: <b>Sri T.R. Shankaramurthy</b> M: 9448851517)	KN/VR/NRA/
9.11.2025 Sunday 10.00 A M	<b>VIDYARANYAPURA</b> SAI BABA TEMPLE Premises (Contact: <b>Sri K.R. Anantharamu</b> : M: 94484 77129)	KRA/BN/VM/HSR/NMH/BAS
10.00 A M	<b>KOLAR</b> Kolar Head Post Office (Contact: <b>Sri K Anand</b> , M: 6363059023)	KA/H.R.SURESH/DIKSHIT
10.00 A M	<b>KONANAKUNTE</b> SMART CEREBRUM PVT. LTD., NO.175, 1 <sup>ST</sup> Floor, Rushyashruna Road, Konanakunte, Bengaluru 560062	VR/TVS/VG/NRA/KN
11.00 A M	<b>SRINIDHI LAYOUT, KONANAKUNTE</b> Srinidhi Sabha Bhavana, (Loins Club) 8 <sup>th</sup> Main, Srinidhi Layout, Bengaluru 560062 (Contact: <b>Sri VISHWANATHA RAO</b> : M: 93435 18849)	
10.11.2025 10.00 A M	<b>LINGARAJAPURAM</b> MR. E. MATHIAZHAGAN'S RESIDENCE, NO.142, A Main KSFC Layout, Oil Mill Road (Near KSFC Layout), Lingarajapura, Bengaluru 560084. (Contact: <b>Sri V. Murugan</b> : M: 99020 20537)	VM/M. ELANGO VAN
10.11.2025 Monday 0.00 A M	<b>SAHAKARA NAGARA</b> SENIOR CITIZEN WELFARE ASSOCIATION AMCO Layout (Contact: <b>Sri B. Nagaraju</b> M: 99644 40876)	BN/KRA/HSR/NMH/BAS
10.00 A M	<b>JIGANI</b> VLN PRABUDHALAYA, JIGANI, Bengaluru (Contact: <b>MRS. Vaibhai Shanbog</b> : M: 82969 34497)	VR/TVS/NRA/VG/KN/RSN
11.11.2025 Tuesday 10.00 A M	<b>JAYANAGAR</b> TV SURYAPRAKASH RESIDENCE 319, 16 <sup>TH</sup> A Main Road, Jayanagar 4 <sup>TH</sup> T Block, Bengaluru 560 041. (Contact: <b>Sri Suryaprakash</b> : M: 9448375138)	TVSP/VR/NRA/VG

10.00 AM	<b>KAVALBYRASANDRA</b> P&T QUARTERS, Kavalabyrasandra (Contact: <b>Sri V. Murugan</b> : M: 99020 20537)	VM/DV/KA
12.11.2025 Wednesday 10.00 AM	<b>SANJAYA NAGAR</b> SANJAYA NAGAR WELFARE ASSOCIATION (Contact: <b>Sri V. Murugan</b> : : M: 99020 20537)	VM/KA/LMB
10.00 AM	<b>NEMMADI VISHRANTHI DHAMA</b> No.24,11 <sup>th</sup> Cross, 'A' Road, Vaddarapalya, Andhrahalli, Bengaluru 560091 (Contact: <b>Sri B. Nagaraju</b> , M: 99644 40876)	KRA/BN/TVS
13.11.2025 Thursday 10.00 AM	<b>MONICA HOME, AUGUSTINE NIVAS,</b> 4 <sup>th</sup> Cross, Kaveri Layout, Thavarekere (Contact: <b>Sri T.V. Suryaprakash</b> : M:9448375138)	TVSP/VR
10.00 AM	<b>OLD AGE HOME,</b> PALANAHALLI, Yelahanka (Contact: <b>Sri B. Nagaraju</b> , M: 99644 40876)	VM/KRA/BN
14.11.2025 (Friday) 10.00 AM	<b>SAHAKAR NAGAR</b> SIDDHI VINAYAKA TEMPLE PREMISES (Contact: <b>Sri K.R. Anantharam</b> : M: 9448477129)	KRA/BN/HSR/NM/NMH/BAS
	<b>Jalavayu Vihar</b> , HBR Layout, Kalyana Nagar, Bengaluru 560043	VM/KA/LM/RA/ME
15.11.2025 (Saturday) 10.00 AM	<b>DEMENTIA CENTRE,</b> Yelahanka (Contact: <b>Sri B. Nagaraju</b> M: 99644 40876)	KRA/BN/HSR/
10.00 AM	<b>Sena Vihar</b> , HBR Layout, Kalyanagar, Bengaluru 560043	VM/KA/LM/RA/ME

**PLEASE NOTE:** Date for Holding Camp at RBI Layout and Gourava Nagar will be intimated later  
Contact: Vishwanatha Rao/N.R. Anantha

<b>VOLUNTEERS (S/s)</b>			
<b>T.V. Suryaprakash (TVS)</b> 9448375138	<b>H.S. Rajendra</b> Chickamagaluru 9449066507	<b>V. Murugan (VM)</b> 9902020537	<b>N.M. Hedge (NMH)</b> 9448510480
<b>M.B. Shivalingaiah (MBS)</b> 9964144731	<b>B.R.N. Dixith, Kolar</b> 9964128159	<b>B.T. Chandrashekar,</b> Davanagere 8310204605	<b>K. Anand (KA)</b> 9449018299, 363059023
<b>Prakash A (A.P.)</b> 9449002952	<b>K.B. Krishna Rao</b> 9483467750	<b>S. Radhakrishna (SR)</b> 9448880921	<b>Dr. D. Venkataramanan</b> (DVR) 9448657229
<b>B.A. Suryaprakash (B.A.S.)</b> 9449016336	<b>M. Ramakrishna</b> (MR) 9480109025	<b>N Prakash, Mysuru</b> (NP) 7022444490	<b>D. Shivaiah</b> 9448283658
<b>K. Nagesh (KN)</b> 9448705268	<b>S.N. Hiremani (SNH)</b> 9449848102	<b>S. Kasirajan (SK)</b> 9535145054	<b>R.S.N. Murthy (RSN)</b> 9731663662
<b>H.R. Shamasundar (HRS)</b> 9986520345	<b>H.S. Ramesh Babu</b> (HSR) 9740929913	<b>R. Anjaneya (RA)</b> 9845119939	<b>S. Rajashekara (SR)</b> Mysuru 9013348224

## VOLUNTEERS

<b>L. M Balappa (LMB)</b> 9620237788 <b>Iranna Hanji</b> 9844855933 <b>N. Prakash</b> 7975168070	<b>K.R. Anantharamu (KRA)</b> 9448477129 <b>B. Nagaraju (BN)</b> 9964440876	<b>N.R. Anantha (NRA)</b> 9481487557 <b>H.R. Suresh,</b> Kolar 98447 56546	<b>Vishwanatha Rao (VR)</b> 93435 18849 <b>R Jagannatha Rao (RJ)</b> 6360665007 <b>K.V. Anantharamu</b> 9480887347
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## Our Readers Write

Sir, I had the opportunity of attending the Annual General Body Meeting held on 12th July,25.

It is heartening to note that the Association invites eminent personalities as the Chief Guest, be it the Trade Union /Pensioners Leaders or others in the fields of Judiciary, Medical and Social.

For the AGB held on 12th July, 25 Dr. Vijayalakshmi Deshamane, the renowned Oncologist and former Director, Kidwai Institute of Oncology, Bengaluru was the Chief Guest. Dr. Deshamane is the first lady Chief Guest to be invited by the Association to its AGB.

It was heartening to learn that Dr. Vijayalakshmi has risen to high positions in her life after coming from a poor family and a rural background. She strived hard and got a research degree in oncology.

Though she held many high positions in her life and won several laurels, she appeared to be very simple and humble.

**C N Nagaraja Rao, LM 1680**

## OBITUARY

**Sri A.O. Srinivasaiah**, LM 313 Retd Dy. Postmaster, Rajajinagar HPO expired on 22-08-2025 at the age of 92 years.

**Sri R.M. Revankar**, LM 2124 Retd CMA, Bicty RMS TMO expired on 26-08-2025 at the age of 76 years

**The Executive Committee, KP&TPA expresses its heartfelt condolences to the members of the bereaved families.**

## **Validation of CCS Pension Rules - Programmes of Agitations & Filing of Writ Petition in the Hon'ble Supreme Court by the Forum of Civil Pensioners Associations**

Protest against Validation of the Central Civil Services (Pension) Rules 1972 & 2021 and Central Civil Services (Extraordinary Pension) Rules 2023 passed in Lok Sabha as part of Finance Bill on 25.03.2025.

## UPDATE

- CCCGPA Karnataka submitted a Memorandum to the Hon'ble Governor, Karnataka on 9-9-2025 requesting the Governor to forward the Memorandum to the Hon'ble Prime Minister
- The 5<sup>th</sup> Phase of the Programme: 10-10-2025 "DELHI CHALO" Dharna at Janthar Manthar, New Delhi. Submission of Memorandum to the Hon'ble Prime Minister after the demonstration: **Interested pensioners are requested to participate in the Dharna.**

## Karnataka Central Government Pensioners Association, Bengaluru



Dr. K.N. Manjunatha, Famous Cardiologist and Member of Parliament, B'lore Rural, the Chief Guest, with EC Members of KCGPA



Felicitating of the Chief Guest



Audiences

Karnataka Central Government Pensioners Association, Bengaluru held its 49th Annual General Body meeting on 13-09-2025 at Hotel Samrat Residency, Sheshadripuram, Bengaluru. Dr.C.N.Manjunath, Hon'ble M.P., Lok Sabha and former Director, Jayadeva Institute of Cardiovascular Sciences and Research, was the Chief Guest. In his wonderful talk, he referred specially to the problems generally faced by the elderly and

provided useful tips for making a holistic approach for maintaining good physical and mental health. There was a pin-drop silence in the entire hall during his 80 minutes speech and every one savoured each and every word he uttered.

Shri Girish Kanagotagi, President, felicitated Dr Manjunath and presented a memorandum with a request to take up the pensioners issues in the Parliament.

## Karnataka IA&AD Pensioners Association, Bengaluru



Dr. C.R. Chandrashekar, renowned Psychiatrist, PadmaShree awardee, with the members of IA&AD Pensioners Association



Dr. Chandrashekar, speaking on health issues



Audiences



The Association held its 15th Annual General Body meeting on 13-09-2025 at Kondajji Basappa Auditorium Bharat Scouts & Guides, Palace Road, Bengaluru. Padmashree Dr. C R Chandrashekar, renowned psychiatrist,

was the Chief Guest. More than 400 members attended the meeting. Chief Guest in his speech gave various health tips. 24 members who are 80+ years were honoured in the AGM.

**S Radhakrishna, Secretary**

### Subscription received for Pensioners' Champion during August-September 2025

Rs.180/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 200/- to 240/- Smt/Sri	Rs. 540/- Smt./Sri
524 K.N.Bhagavan 61	2538 H.K.Nagarajan	S-370 K.Mahadevappa	1650 B.B.Poddar
678 Kanjini Raman	2736 H.S.Parimala	S-145 M.G.Raikar	1704 Ganesh Jagadisan
808 Bhaskar Bhat	2793 Munoji Rao		2553 P.Madhava Rao
897 Revathi Mohan	2966 Prakash.K.Bhandari	<b>Rs. 360/- Smt/Sri</b>	2788 Paramanand.R. Amashi
901 R.Karthikeyan	2986 G.S.Puttanna	814 G.Narasimha Holla	
1230 R.Bhuvaneswari	3134 M.N.Srirangappa	1328 H.V.Venkatesha Murthy	<b>Rs. 720/- Smt/Sri</b>
1255 S.Lakshmi	3302 R.Jagannatha Rao	1384 Nagarathnamma	2767 Jaheer Ahmed
1426 B.Mohan	S-343 R.Ramadurai	1555 M.N.Rajeev	<b>Rs. 900/- Smt/Sri</b>
1558 Shamsundar	x x x K.Narayan	1962 B.R.Sankeshwar	1149 R.Krishnamurthy
1602 S.Sudershan	<b>Rs. 200/- to 240/- Smt/Sri</b>	3546 Gurunath Akkanna	
1641 N.Sivaramaiah	1230 R.Bhuvaneswari	155x Shankara	
2385 N.Venugopalakrishna	2194 Mala Narasimhamurthy		
2537 C.S.Krishna Murthy			

### Donation for the Legal Fund August - September 2025

SI No.	Name Sri / Smt.	Membership No.	Amount Rs.	Receipt No.
1	S.N. Yewoorakar	2003	1000	693
2	B.S.Latha Bai	2524	1000	7255
3	V.Abdul Rahim	2538	1000	7244
4	C.S.Chandrashekar	2912	1000	7276
5	K. Ahalya Bai	2919	1000	7247
6	Nagarathna Umesh Bhat	3133	1000	7269
7	N.Vasudevamurthy	3711	1000	7249
8	D.Subba Rao	Well wisher	558	7267
9	Vanaja Mahesh	Well wisher	1000	7285
10	D. Shivaiah	3438	1000	7287
11	R Ramesh	3015	1001	7003
12	H Y Nagaraj	3514	1000	7004

### Donation to Association August - September 2025

SI No.	Name Sri / Smt.	Membership No.	Amount Rs.	Receipt No.
1	K. Chandran	2095	5000	7006
2	Krishna Bai Krishnamurthy	648	2000	7289
3	N.Venkatachalapathi	1912	2000	7281
4	B.A.Shetty	1621	1000	7291
5	V.S.Ramamurthy	2123	1000	7284
6	P.Madhava Murthy	2604	1000	7282
7	B.Surendra Naik	2718	1000	7290
8	G.Shekarappa	3616	1000	7288
9	Praveen	xxx	1000	7283

**Donations collected by Shivamogga Postal  
Pensioners Welfare Association**

Rs.1000 each			Rs.1000 each		
	Name	Membership No.		Name	Membership No.
1.	G.Gopal	1388	16.	Renuka Kumari	3248
2.	A Narasimha Aithal	1389	17.	B Shivi	3252
3.	N G Basavanakatti	2870	18.	Mohamed Ibrahim	3262
4.	V Shashidhara	3213	19.	N K Sathyanarayan	3267
5.	H K Chandrashekhar	3214	20.	Somashekhar	3509
6.	D Gangamma	3215	21.	K.M.Vishwanatha	3629
7.	Shobha S Chatra	3217	22.	Seetha	3643
8.	Kalavathi	3218	23.	Uma	3674
9.	Sheshala Jois	3221	24.	Vishwanath	(non-mem)
10.	D Anjaneya	3223	25.	C V Krishnamurthy	(non-mem)
11.	Doddamma	3224	<b>Rs. 2000.00</b>		
12.	L Raju	3230	26.	M Raghavendra	3278
13.	N Venkatappa	3231	<b>Rs 3000.00</b>		
14.	G Venkatesh	3244	27.	K Sridevi	3260
15.	Krishnamurthy	3247			

**WE WELCOME THE FOLLOWING NEWLY ENROLLED MEMBERS**

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	R.K. Gururaj	Postal Assistant, Mysuru Head Post Office, Mysuru	LM 3716
2	Shivaiah	Senior Postmaster, Mangalore Head Post Office, Mangalore	LM 3717
3	Mallikarjuna	Sub Postmaster, Mandi Mohalla Post Office, Mysuru	LM 3718
4	L. Narasimha Murthy	Asst. Supt. of Post Offices, Nanjanagudu	LM 3719
5	Kantharaju	Sorting Asistant, Bengaluru TD Sorting Office Bengaluru	LM 3720
6	R. Sarangapani	Junior Telecom Officer, STR, Bengaluru	LM 3721
7	Lakshmikantha	MTS, Bengaluru City RMS, Bengaluru	LM 3722
8	R.L. Nagaraj	Supervisor, SBCO, Jayanagar Head Post Office, Bengaluru	LM 3723
9	K. Seetha (FP)	W/o the late K.B. Mayya, LSG Supervisor, Bengaluru City RMS	LM 3724
10	Sacheetha Vaz	Sub Postmaster, Jalavayuvihar Post Office, Bengaluru	LM 3725

**CGHS – Appointment of Authorised Local Chemists  
for supply of indented medicines to the proposed WCs at  
Mangaluru, Udupi and Shivamogga**

MOH&FW (CGHS-IV Section) vide its OM S-11012/04/2025 dated 22-09-2025 has advised the Additional Director, CHS Bengaluru to send proposal for empanelment of existing Authorised Local Chemists (ALC) as a stop gap arrangement.



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**CGHS Wellness Centre for Mangalore, Udupi, Shivamogga**

F.No Z15025/38/2023/DIR/CGHS Gol. Ministry of Health & Family Welfare (Directorate of CGHS)  
CGHS Bhawan, New Delhi-110066 dated the 17.9.2025

**Order**

With the approval of Department of Expenditure, Ministry of Finance vide their ID. Note No. 1193)-P/HFW/ECI/2025 dated 27.8.2025, sanction of the Competent Authority is hereby accorded to the creation of 88 posts for 22 new Allopathic CGHS Wellness Centres as per the details given hereunder:-

S.No.	Name of the post and pay level	No. of posts sanctioned
1.	General Duty Medical Officer (MO), Level-10	22 (1 post for each new CGHS Wellness Centre)
2.	Pharmacist (Allopathy), Level-5	22 (1 post for each new CGHS Wellness Centre)
3.	Junior Health Administrative Assistant (JHAA)	22 (1 post for each new CGHS Wellness Centre)
4.	Nursing Officer, Level-7	22 (1 post for each new CGHS Wellness Centre)
	<b>Total</b>	<b>88</b>

2. The 22 new Allopathic CGHS Wellness Centres shall be located at Bhilai, Durg, Narmadapuram (MP), Bahdurgarh, Rewari, Rohtak, Jamshedpur, Sabarmati, Bharatpur, Alwar, Haldwani, Nainital, Dharmshala, Kangra, Patiala, **Udupi, Shivamogga**, Warangal, Tirupathi, Navi Mumbai, Hapur (UP) and **Mangaluru**.

3. According, the concerned Additional Director(S) may be requested to submit requisitions to the CGHS Directorate for filling up the posts of Nursing Officer (22), Pharmacist (22), and Junior Health Administrative Assistant (22) through Direct Recruitment. Further, in respect, in respect of the post of GDMO (22), CGHS-I Section may be requested to forward the requisition to UPSC for initiating the recruitment process

4. In addition, the concerned AD(s) are requested to initiate steps to open these wellness centres and send proposals for approval where buildings have already been identified.

5. The expenditure on this account in the current financial year 2025-26 shall be met from existing budget allocation.

**Central Government Holidays in October, 2025**

Dasshera (Mahanavami)	01-10-2025	Wednesday
Mahatma Gandhi's Birthday	02-10-2025	Thursday
Deepawali	20-10-2025	Monday

**Regd. Journal**

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