



Monthly Journal of
KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)

(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

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VOLUME XXIII

ISSUE 10

OCTOBER 2022

Annual Subscription : Members- Rs. 180/- Others - Rs. 240/- Single Copy - Rs. 20/-

SWACHHTA ABHIYAN



Swachha Bharat Abhiyan was organised by Karnataka P&T Pensioners' Association, Bengaluru, in association with the Coordination Committee of Central Government Pensioners Associations and some of its Affiliates on 15th October 2022 at its Pensioners' Bhavan, Bengaluru

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Pensioners engaged in "Swachhata Abhiyan"



After Cleaning at KP Pensioners Bhava Telecom Lay out Bangalore.

Our Hon'ble Prime Minister had exhorted people to fulfil Mahatma Gandhi's vision of Clean India. The "Swachha Bharat Abhiyan", - a programme envisaged by him, - is a mass movement that seeks to create a Clean India. Cleanliness was very close to Mahatma Gandhi's heart. A clean India is the best tribute that we can pay to Bapu. Mahatma Gandhi devoted his life to attain "Swarajya". Now the time has come to devote ourselves towards "Swachhata" (cleanliness) of our motherland.

In the virtual meeting conducted by the Department of Pension and Pensioners' Welfare on 29-9-2022 with the Pensioners Associations, identified on Pensioners Portal, the Pensioners Associations had been requested to conduct a cleanliness programme between 2nd October and 30th October 2022. In continuation of this meeting, the DoP&PW had sent an email on 30th September 2022 to the Pensioners' Associations requesting them to (a) launch Swachhata Campaign in their office/immediate surroundings or any location nearer to them, (b) take up five locations or more, which can be office premises, neighbouring areas, parks, etc., (c) share before and after pictures of the locality with DoP&PW with "Swachhata" Campaign Banner, (d) collaborate with various NGOs in their locality that conduct cleaning/beautification drives at various locations.

In order to comply with the directions of the Department of Pension and Pensioners' Welfare, Karnataka P&T Pensioners' Association, Bengaluru, which is one of the identified Associations on the Pensioners Portal, and at whose initiative, the Coordination Committee of Central Government Pensioners Associations, Karnataka, Bengaluru, (CCCGPA) was formed in the year 1998, to which more than 30 Central Government Pensioners' Associations and Pensioners' Associations of Autonomous/Statutory Bodies of Central Government, are affiliated, had organised a CLEANLINESS PROGRAMME in

and around its own premises viz. PENSIONERS' BHAVAN, TELECOM LAYOUT BENGALURU ON 15.10.2022 from 9 AM TO 11.30 AM. Besides Karnataka P&T Pensioners' Association, Coordination Committee of Central Government Pensioners' Associations, Pensioners' Association of Autonomous/Statutory Bodies of Central Government, Karnataka Central Government Pensioners' Association, Survey of India Pensioners' Association, Central Excise and Customs Pensioners' Association, Coffee Board Pensioners' Association and Spices Board Pensioners' Association participated in "Swachhata" Campaign. About 50 pensioners from these Associations, most of whom were septuagenarians participated in the Campaign. This campaign was organised to bring awareness amongst the members of the associations and public and to motivate them to keep their surroundings clean.

Before commencement of the programme, Sri K.B. Krishna Rao, Secretary, Karnataka P&T Pensioners' Association, who is also President of CCCGPA, addressed the pensioners who were present, and appealed to all the participants in the Campaign not only to keep their surroundings clean, but also to motivate other members and public to keep their surroundings clean. He also thanked the participants for having agreed to participate in this kind of programme, which will definitely motivate the youngsters to organise such programmes on a larger scale. He also informed the participants that though the Association had planned to conduct an Essay Competition among the students of Government Schools in order to bring awareness among them about the importance of keeping their surroundings clean and award prizes/participation certificates, it could not be conducted before this Campaign due to shortage of time. The essay competition will be, however, conducted and prizes/participation certificates will be awarded to the students on 17th December 2022 when Pensioners Day

is observed. He appealed to all the CCCGPA affiliates to extend their assistance in conducting this competition.

Before commencement of the "Swachhata" programme, it was brought to the notice of affiliates that the Karnataka P&T Pensioners Association and CCCGPA have formed a team of volunteers to help pensioners, especially the pensioners aged above 80 years and who are not in a position to move out of their houses due to health reasons, by visiting their residences and facilitate them to get their life certificates done using Face Detection Device launched by the Department of Pension and Pensioners' Welfare. Further, Digital Life Certificates camps are being organised in November 2022 to facilitate the pensioners to get their life certificates done. He appealed to the affiliates to spread this message among their members and request them to use this facility.

Thereafter, pensioners, actively participated in the cleanliness Campaign by sweeping a part of the 1st Main Road, Telecom Layout, cutting weeds that had grown on both sides of the road, and clearing the mud that had accumulated in the road due to the rain on the previous night.

The cleanliness programme ended with vote of thanks by Mr. TV Suryaprakash, Joint General Secretary, CCCGPA and Secretary of Coffee Board Pensioners Association. He also thanked the Department of Pension and Pensioners' Welfare for giving an opportunity to the pensioners to organise such campaigns under its Banners and motivate the youngsters to conduct such programme on a larger scale and keep their surroundings clean.

Some of the photos taken on this occasion are in page 2

Smt. N. Nagalakshmi, Retd. Assistant Chief Accounts Officer, O/o. the General Manager, Postal Accounts and Finance, Karnataka, Bengaluru and Vice-President, Karnataka P&T Pensioners' Association, bags "Anubhav" award instituted by Govt. of India, Ministry of Personnel, Public Grievance and Pensions, Department of Pension and Pensioners' Welfare, New Delhi.

Smt. N. Nagalakshmi was awarded the prestigious "ANUBHAV" award for the year 2020 in recognition of her invaluable services in the Department of Posts.

A write up submitted by her after her retirement, about her decades long experience in the Ministry of Communications in various positions that she had held, was evaluated by the Secretaries and Joint Secretaries of the Departments of the Government of India and was selected for the award.

The underlining importance of the award is that her write-up on her 'Anubhav', during her service with the Govt. of India, selected for the award is one of the 15 write-ups out of 55,000 received by the Department during the years 2020, 2021 and 2022. The award was presented to her by the Hon'ble Union Minister for Personnel, Public Grievances and Pensions Dr. Jitendra Singh on 18-10-2022 in Anubhav Award ceremony held at Vigyan Bhavan, New Delhi.

Karnataka P&T Pensioners' Association extends its hearty congratulations to Smt. Nagalakshmi.



Smt. Nagalakshmi receiving Anubhav Award

Grant of Dearness Relief to Central Government Pensioners/Family Pensioners revised rate effective from 01.07.2022.

The undersigned is directed to refer to this Department's OM No. 42/07/2022-P&PW(D) dated 05.04.2022 on the subject mentioned above and to state that the President is pleased to decide that the Dearness Relief admissible to Central Government pensioners/family pensioners shall be enhanced from the existing rate of 34% to 38% w.e.f 01.07.2022

These rates of DR will be applicable to the following categories:

- i. Civilian Central Government Pensioners/ Family Pensioners including Central Govt. absorbee pensioners in PSU/Autonomous Bodies in respect of whom orders have been issued vide this Department's OM No. 4/34/2002-P&PW(D)Vol.II dated 23.06.2017 for restoration of full pension after expiry of commutation period of 15 years.
 - ii. The Armed Forces Pensioners, Civilian Pensioners paid out of the Defence Service Estimates.
 - iii. All India Service Pensioners
 - iv. Railway Pensioners/family pensioners
 - v. Pensioners who are in receipt of provisional pension
 - vi. The Burma Civilian pensioners/family pensioners and pensioners/families of displaced Government Pensioners from Burma/ Pakistan, in respect of whom orders have been issued vide this Department's OM No. 23/3/2008-P&PW(B) dated 11.09.2017.
3. The payment of Dearness Relief involving a fraction of a rupee shall be rounded off to the next higher rupee
4. Other provisions governing grant of DR in respect of employed family pensioners and re-employed Central Government Pensioners will be regulated in accordance with the provisions contained in Rule 52 of CCS (Pension) Rules, 2021 and this Department's OM No. 45/73/97- P&PW (G) dated 2.7.1999

as amended from time to time. The provisions relating to regulation of DR where a pensioner is in receipt of more than one pension will remain unchanged.

5. In the case of retired Judges of the Supreme Court and High Courts, necessary orders will be issued by the Department of Justice separately

6. It will be the responsibility of the pension disbursing authorities, including the nationalized banks, etc. to calculate the quantum of DR payable in each individual case.

7. The offices of Accountant General and authorised Pension Disbursing Banks are requested to arrange payment of relief to pensioners etc. on the basis of these instructions without waiting for any further instructions from the Comptroller and Auditor General of India and the Reserve Bank of India in view of letter No. 528-TA, II/34-80-II dated 23/04/1981 of the Comptroller and Auditor General of India addressed to all Accountant Generals and Reserve Bank of India Circular No. GANB No. 2958/GA-64 (ii) (CGL/81 dated the 21st May, 1981 addressed to State Bank of India and its subsidiaries and all Nationalised Banks.

8. In so far as the persons serving in Indian Audit and Accounts Department are concerned, these orders are issued in consultation with the Comptroller and Auditor General of India, as mandated under Article 148(5) of the Constitution of India.

9. This issues in accordance with the Ministry of Finance, Department of Expenditure's OM No. 1/3/2022-E.II(B) dated 03.10.2022.

Charanjit Taneja
Under Secretary to the Gol

ATTENTION – PENSIONERS – SUBMISSION OF LIFE CERTIFICATE

DIGITAL LIFE CERTIFICATE CAMPS DURING NOVEMBER 2022

The Karnataka P&T Pensioners' Association in association with the Coffee Board Pensioners' Association has organized Digital Life Certificate Camps, as under, in order to facilitate the pensioners/family pensioners of Central Govt./Autonomous Bodies of Central Govt./State Govt./ Railways/Defence/BSNL/EPF etc., to get their life certificates generated using Face Authentication Device which has been launched by the Department of Pension and Pensioners' Welfare.

In addition to the above, the volunteers of these Associations will also visit the

residences of pensioners/family pensioners, who are aged above 80 years and who may not be able to move out of their residences due to health reasons. Such pensioners have to contact the volunteers, whose mobile phone numbers are given hereunder, and request them to visit their residences to get their DLCs done. We are also happy to inform that our volunteers have so far visited residences of 184 pensioners/family pensioners who are above 80 years and got their DLCs generated. Of these, there are a few pensioners who are nonagenarians and **one of them a centenarian.**

DATE	CAMP VENUE	VOLUNTEERS TO BE CONTACTED
01.11.2022 - From 9.30 AM To 1.30 PM	Coffee Board Layout – L. Nagabhushana Rao's Residence, No.193, 3 rd Cross, Coffee Board Layout, Hebbal-Kempapura, Bengaluru 560024. Mob:9886390265/9449519443 (Seshan)	1. T.V. Suryaprakash 2. K.R. Anantha Ramu 3. B. Nagaraju 4. V. Murugan 5. R.S.N. Murthy
02.11.2022 - From 9 AM To 4 PM	Sahakaranagara Residents Welfare Association, Bengaluru 560092. (Premises of Sidhi Vinayaka Temple)	1. K.R. Anantha Ramu 2. B. Nagaraju 3. V. Murugan 4. N.M. Hegde 5. R.S.N. Murthy
02.11.2022 - From 10 AM To 1.30 PM	Dr. T.M. Veeraiah's Residence, # 2, First Main, Basaveshwara Layout, Behind Subbanna Garden, Near Kailaseshwara Temple, Vijayanagar, Bangalore 560040. No.9448394777	1. T.V. Suryaprakash 2. K. Nagesh 3. V. Gopal 4. Vishwanatha Rao & Others
03.11.2022 - From 9 AM To 4 PM	Vidyaranya pura – HMT Layout Residents' Welfare Society – Near Durga Parameswari Temple	1. K.R. Anantha Ramu 2. B. Nagaraju 3. V. Murugan 4. N.M. Hegde
03.11.2022 - From 10 AM To 1.30 PM	Vinayaka Angla Madhyama School, 1st Main, Srinivasa Nagar 2nd Block, Banashankari 1st Stage, Bengaluru 560050 (about 300 mts. from Vidyapeeta Circle towards Sitha Circle.	1. T.V. Suryaprakash 2. K. Nagesh 3. V. Gopal 4. A. Prakash & Others
04.11.2022 - From 10 AM onwards	Hassan – No.886 (Upstairs), Opp: Spoorti Coffee, Near Udipi Gokul Hotel, Basattikoppal Cross, K.R.Puram, Hassan 573201 Rep: Mr. Srinath:9480392650 Mr. Nanjunde Gowda: No. 9900743028	1. T.V. Suryaprakash 2. K.R. Anantha Ramu 3. B. Nagaraju 4. V. Murugan
05.11.2022 - From 10 AM onwards	Chikkamagaluru – Head Post Office Local Rep: K. Ramaiah: 9663104325/9480636809 H.N. Dasharath:8951390901, H.S. Rajendra:9449066507	1. T.V. Suryaprakash 2. K.R. Anantha Ramu 3. B. Nagaraju 4.V. Murugan

DATE	CAMP VENUE	VOLUNTEERS TO BE CONTACTED
06.11.2022	Mysuru –Saraswathi Puram Head Post Office & Inspection Quarters-570009 / Central Silk Board Office.local Rep: K.N. Kumar: 94484 12390 M.P. Paramashivaiah: 9449621314	1. T.V. Suryaprakash 2. K.R. Anantha Ramu 3. B.Nagaraju and others
07.11.2022 - From 9.30 AM onwards	Sai Baba Temple Premises, Vidyaryanapura Road, Bangalore	1. K.R. Anantha Ramu 2.N.M. Hegde & others
07.11.2022 - From 10 AM onwards	T.V. Suryaprakash's Residence, 319, 16 th A Main Road, Jayanaar 4 th T Block, Bengaluru 560041 (Mob: 9448375138)	1. T.V. Suryaprakash 2. K. Nagesh 3. V. Gopal 4. A. Prakash
08.11.2022 - From 10 AM onwards	AG'S Office Layout Near Poornapragna Layout-residence of Mr. B.V. Ramesh, 182, 3 rd Main, AGS Layout, Arehalli, Bengaluru 560061. Mob No. of Mr. B.V. Ramesh: 9880596436	1. T.V. Suryaprakash 2. K. Nagesh 3. V. Gopal 4. R.S.N. Murthy 5. Vishwanatha Rao
08.11.2022 - From 9 AM onwards	Sahakaranagar Residents Welfare Association, (Siddi Vinayaka Temple Premises), Bengaluru	1. K.R. Anantha Ramu, 2. B. Nagaraju, 3. N.M. Hegde & others
08.11.2022 - From 10 AM onwards	Residence of Sri E. Mathiyazhagan No. 142, KSFC Layout 'A' Main Road near KSFC Park, Oil Mill Road, Lingarajapuram Bengaluru-560084	V. Murugan
09.11.2022	DRDO Township,C.V. Raman Nagar, Bengaluru 560093	1. T.V. Suryaprakash, 2. V. Murugan, 3. K.R. Anantha Ramu, 4. R.S.N. Murthy and others
10.11.2022 - From 10 AM onwards	Monica Home, Augustine Nivas, 4 th Cross, Kaveri Layout, Tavarekere Main Road, Bengaluru 560095 (Gate No.3)	1. T.V. Suryaprakash 2. V. Gopal 3. Vishwanatha Rao
10.11.2022 - From 3 PM onwards	Coffee Board Office, No.1, Dr. Ambedkar Veedhi Bengaluru 560 001.	1. T.V. Suryaprakash 2. V. Gopal 3. V. Murugan 4. K. Nagesh & others
11.11.2022 - From 10 AM onwards	Childrens Park, 4 th Main, Postal Colony, Sanjay Nagar, Bengaluru 560094 Contact: D.Venkatesalu: 9481812810	1. V. Murugan 2. B. Nagaraju 3. D. Venkatesalu 4. N.M. Hegde and others
12.11.2022 - From 10 AM onwards	P&T Quarters, Kaval Byrasandra Bengaluru 560032	1. V. Murugan 2. B. Nagaraju 3. N.M. Hegde and others
13.11.2022	RT Nagar, Bengaluru 560032 (Near Telephone Exchange)	1. B. Nagaraju 2. V. Murugan 3. N.M. Hegde and others
16.11.2022 - From 10 AM onwards	Nemmadi Vishranthidhama Senior Citizens Home, 23/24, 11 th Cross, Vidyamanya Nagar, Andhrahalli, Bengaluru 560091	1. B. Nagaraju 2. K.R. Anantha Ramu and others
17.11.2022 - From 2 PM onwards	Pensioners Bhavan, 1 st Main Road, 11 th Cross, Telecom Layout, Bengaluru 560064	1. B. Nagaraju 2. K.R. Anantha Ramu 3. N.M. Hegde and others
18.11.2022	Birur/Shivamogga	1. B.Nagaraju 2. K.R. Anantha Ramu and others

Volunteers Contact Details:: (1) T.V. Suryaprakash: 9448375138 (2) K.R. Anantha Ramu: 9448477129, (3) B. Nagaraju: 9964440876, (4) V. Murugan: 9902020537 (5) K. Nagesh: 9448705268 (6) D. Venkatesalu: 9481812810, (7) Vishwanatha Rao: 9343518849 (8) R.S.N. Murthy: 9731663662 (9) V. Gopal: 8197918085 (10) N.M. Hegde: 9448510480 (11) A. Prakash: 9449002952

Pensioners/Family pensioners, who wish to avail this facility, have to bring with them: A) Aadhar Card B) PPO Book C) Bank Account No. - from which pension is drawn. They also have to inform the details of their pension sanctioning/disbursing authority in order to enter the particulars correctly on the device. In the case of BSNL/DOT, pensioner he/she has to give SAMPANN PPO number in case their pension payment has been

migrated from the bank to the CCA under SAMPANN.

Pensioners aged 80 and above and others who are unable to attend the camps may contact the volunteers and register their names, well in advance, so that the volunteers can plan their visit to the residences of pensioners for submission of Digital Life Certificate.

Photos on Page 15

APPEAL FOR DONATIONS FOR THE BUILDING FUND

We appeal to our **Members who have not yet paid** their contribution to the building fund please to remit their donation. 71st list of donations is published in this issue.

New members are also requested to donate generously to the building fund

Amount may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to: Sri K.R. Anantha Ramu, No 1158, 7th Main, 7th Block, HMT Layout, Vidyanarayapura, Bangalore-560097 (Mob: 9448477129) **or**

Preferably, be credited to the Association's Bank Account:

Name: Karnataka P&T Pensioners' Association;

Bank: State Bank of India, Branch: HMT Layout branch, Vidyanarayapura, Bangalore

Current Account No. **64209078453, IFSC: SBIN 0040659**

INCOME TAX EXEMPTION: 50% of the amount of donation made to K P&T PA, is eligible for deduction in the gross total Income of the assessee under Section 80-G of Income Tax Act.

Please invariably inform us of the details of credit through a message or phone call on Mobile **No.09448477129 or 09483467750** to enable us to acknowledge the receipt of the amount and to send you a receipt.

Donation for the Building Fund - 71st List August-September 2022

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1	A. Chandrashekhara Setty	2429	5000	5253	
2	K.Lokanathappa	2739	3000	5263	
3	Ganesh Devaru Hegde(July-22)	2960	2000	5160	
4	Shantha Venugopalan	796	2000	5249	16000
5	P.Sadashiva Chadaga	114	1000	5261	3000
6	R.Krishnan	502	1000	5250	1,26,000
7	B.V.Shanmugham	Well wisher	1000	5260	
8	H.L.Narasimha Murthy	Well wisher	500	5259	

List of donations received up to 31-03-2022 has been uploaded to the website of the association 'kptpa.org'. Donors are requested to visit the website and check-up whether their names have been correctly mentioned and the amount donated has been correctly indicated in the list. Discrepancies, if any, may please be informed to the Secretary on Phone - 08023230545 or mobile 9483467750.

Corrections in the list of July, 2022 - SI No.1568 Delete **Shantahvenugopalan** and Add **Ganesh Devaru Hegde.**

Coordination Committee of Central Government Pensioners Associations, Karnataka, Bengaluru

Proceedings of the Annual General Body Meeting held on 13.8.2022
at Udayabhanu Kalasangha, Bangalore,

PRESIDENT AND OTHER OFFICE BEARERS PRESENT:

1. Mr. K.B. Krishna Rao, President,
2. Mr. P. Gangadhara Rao, Vice President,
3. Dr. M.R. Hegde, Vice President,
4. Mr. S. Radhakrishna, General Secretary,
5. Mr. T.V. Suryaprakash, Joint General Secretary,
6. Mrs. Juliana R. Vincent, Joint General Secretary,
7. Mr. O.M. Bhaskaran, Treasurer

NUMBER OF REPRESENTATIVES OF AFFILIATES: 29

The Annual General Body Meeting of the Coordination Committee of Central Government Pensioners' Associations (CCCGPA) was held on 13.08.2022 at 11 AM.

Before commencement of the Annual General Body Meeting, the CCCGPA had arranged a Flag Hoisting Programme in the premises of Udayabhanu Kalasangha, Bengaluru, at 10 AM, to commemorate Azadi Ka Amrit Mahotsav and to celebrate 75 years of Indian Independence, which was also in pursuance to the directions given by the Department of Pension and Pensioners Welfare to all the Pensioners Associations in the country. It was a memorable and joyous occasion in the annals of the history of the Coordination Committee of Central Government Pensioners Associations, Karnataka, Bengaluru, which will celebrate its 25 years of existence in the year 2023. More than 20 affiliates participated in this Programme. Dr. M. Revathi, Additional Director, Central Government Health Scheme, Bengaluru, hoisted the Tricolour in the presence of Dr. Ravindra Y Asangi, CPIO-HQ, CGHS, Mr. K.B. Krishna Rao, President and Mr. S Radhakrishna, General Secretary of

CCCGPA, office bearers of CCCGPA and other affiliates of CCCGPA. All the members, who were present, were holding the national flag in their hands. The entire premises of Udayabhanu Kalasangha was decorated with the flags. Flag Hoisting programme ended with slogans: Bolo Bharat Mata Ki Jai, Vande Mataram and Singing National Anthem.

2. The open session of AGB commenced at 11 AM with Mr. S. Radhakrishna, General Secretary, welcoming Dr. M. Revathi, Additional Director, CGHS, Karnataka, who had kindly consented to be the Chief Guest to hoist the Tricolour on the occasion of the 75th Independence Day and also to inaugurate the open session of the AGM. He also welcomed the Guest of Honour, Dr. Ravindra Y Asangi, CPIO-HQ, CGHS, who had consented to interact with the pensioners on the CGHS related issues, and also the representatives of the affiliates who were present in the meeting. He said that the Additional Director and Dr. Ravindra are doing their best to improve welfare of the beneficiaries of CGHS within their delegated powers and responsibilities entrusted to them, and that they are always accessible to the beneficiaries to hear their grievances and solve them if they can be solved within the framework of rules. He, thereafter, invited Sri K.B. Krishna Rao, President, CCGPA, to preside over the meeting.

3. Mr. K.B. Krishna Rao, while extending cordial welcome to both Dr. Revathi and Dr. Ravindra, appreciated the good work done by both of them in the interest of CGHS beneficiaries and that it should not go unnoticed and unappreciated. He also described Bengaluru CGHS as "beneficiary friendly" and praised the helpful attitude of all the Doctors and staff of CGHS. Continuing, he also referred to the

two decade old demand, which has finally seen the light of the day with the issue of an order by the Ministry of Health and Family Welfare in June 2021 sanctioning a Wellness Centre at Mysuru with the required number of posts, - medical and para medical, for the Wellness Centre. All the Associations including the Coordination Committee are glad that their efforts have now borne fruit as a result of joint efforts of the pensioners organizations supported by the Central Ministers, Members of Parliament, Officers of Health Ministry and CGHS Doctors. He expressed his gratitude to the Hon'ble Minister of Health & Family Welfare, Central Ministers, Members of Parliament, Officers of the Health Ministry at Delhi, the Additional Director, CGHS, Bangalore and other officers of Directorate. Now that the proposal submitted by the AD, CGHS for opening of WC at Mysuru in a private building has been approved by the Ministry and an agreement with the owner has already been signed, the WC at Mysuru is likely to be opened before 15th September 2022, subject to the convenience of the concerned authorities in the Directorate of Health and Family Welfare. He also thanked the Additional Director, CGHS, for taking immediate action to address a letter to the CGHS Directorate, with full justification, for opening of four additional Wellness Centers in each of the four directions of the City, - one each in Whitefield in the East, Tumkur Road in the West, Yelahanka in the North and Kanakapura Road in the South. He, later, requested Dr. Revathi to inaugurate the open session of the AGB.

4. Dr. Revathi, Additional Director, CGHS, in her address, thanked Mr. Krishna Rao, President and Mr. S. Radhakrishna, General Secretary, for inviting her to be the Chief Guest in the Flag Hoisting Programme and to inaugurate the open session of AGB Meeting. She also thanked the Pensioners Associations, which have always been very friendly with the CGHS and for motivating them to effectively function, keeping the interest of beneficiaries,

within the framework of rules. She also appreciated the efforts of Pensioners Associations in getting the sanction of the Government for opening a Wellness Centre at Mysore with the required number of Doctors/ staff, and that the Wellness Centre may start functioning in the first or second week of September 2022. She also exhorted the beneficiaries to get in touch with her or her team of officers if they have any genuine grievances with regard to the bills or with regard to any of the problems faced by them at the Wellness Centers or in any of the empanelled hospitals so that they will try to resolve the same if the rules permit. With this, she declared that the Open Session has commenced and requested the participants to interact with her and Dr. Ravindra if they wish to seek clarifications from them.

5. Dr. Ravindra also thanked the Pensioners Associations for cooperating with the CGHS. He also informed that the CGHS has taken action to clear more than 40% to 50% of the hospital bills and he assured the members that the CGHS will ensure that the balance bills will be cleared in another three to four months. He also said, status of the clearance of the bills can be viewed on the CGHS Website. With regard to some private hospitals and diagnostic centers seeking de-empanelment from CGHS, he said that delay in settlement of pending bills was the main reason. Now that more than 40% to 50% of the hospital bills have been cleared, he is pursuing with those hospitals to continue with the CGHS and is confident that many of those hospitals may agree to continue with CGHS.

6. At this juncture, the members brought to the attention of Additional Director and Dr. Ravindra that the main reason for some of the hospitals to get de-empanelled from the CGHS was low CGHS packages. As such, they requested them to impress upon the Government to revise the CGHS rates, which was fixed in the year 2014, at the earliest, so that the de-empanelled hospitals are motivated to continue with the

CGHS. Dr. Ravindra informed that many of the Pensioners Associations including CCCGPA, have already written letters to the Government appealing to them for revision of CGHS rates and the Government has to take action on their request. The CGHS, Bangalore, has no locus standi on this issue.

7. On the request of members to get the new hospitals in Bangalore empanelled under the CGHS, Dr. Ravindra made a suggestion to the members to request the hospitals to approach the CGHS for empanelment if the hospitals are NABH so that he can further process their request for empanelment, as CGHS cannot request the hospitals directly for empanelment.

8. With regard to generic drugs, Dr. Ravindra informed the members that the Government is in favour of generic drugs and that there are specific instructions from the Directorate that only generic drugs have to be supplied at Wellness Centers.

9. Mr. C. Srinivasa Murthy, Retired Assistant Chief Accounts Officer, O/o CGMT, Karnataka and Mr. K R Sreekanta, former member of the CGHS Advisory Committee, CGHS WC-9, Ganganagar, both beneficiaries of Wellness Centre at Ganganagar, while referring to the rumor that the Wellness Centre at Ganganagar may be shifted to Sahakaranagara, requested the Additional Director to ensure that this Wellness Centre is not shifted from the present place, at any cost, as more than 5000 beneficiaries are residing in and around Ganganagar in localities like Postal Colony, RMS Colony and CIL Colony in Sanjayanagar, CQAL Quarters and Postal Colony in RT Nagar and they are taking medical treatment from WC-9 which is quite nearer to those layouts. Mr. Krishna Rao stated that an official response from the Additional Director, who is present in the meeting, would satisfy the beneficiaries attached to WC-9. Responding to the apprehensions voiced by the beneficiaries, Dr. Revathi, Additional Director, assured the members that the Wellness Centre at Ganganagar will not be

shifted to any other place, which is away from Ganganagar, and the CGHS has sent proposals to the Directorate for their approval to open another Wellness Centre at Sahakaranagara. Further she said the owner of the present premises of WC-9 has volunteered to provide additional accommodation by suitable modifications to the building and more space would be made available shortly to the WC-9. In the meantime, if the beneficiaries of the Wellness Centre at Ganganagar suggest any other suitable building in and around Ganganagar, the CGHS would like to explore the possibility of shifting the present Wellness Centre at Ganganagar to that place. Mr. Krishna Rao said that the new building should be within a radius of 1/2 or 1 k.m. from the present location of WC 9 as shifting it to a far off place would greatly inconvenience beneficiaries living in the layouts contiguous to Ganganagar.

10. At the end of interaction, Mr. Radhakrishna thanked Dr. Revathy and Dr. Ravindra for accepting the invitation and participating in the Flag Hoisting Programme and the AGB Meeting, and also answering all the questions put by several members of the Audience to their satisfaction after listening to them with great attention and patience. Thereafter, both of them were felicitated with a memento, garland and a basket of fruits.

Annual General Body Meeting

The AGB commenced at 12 noon with Sri Radhakrishna, General Secretary, welcoming all the representatives of affiliates, who had participated in the meeting. He, then, requested Mr K B Krishna Rao, President, to preside over the meeting.

2. Mr. KB Krishna Rao, President, informed that the AGB could be convened, physically, after a gap of nearly three years due to the gradual decline in the number of COVID-19 cases. He extended a warm welcome to all the representatives of the affiliates who had participated in the meeting. He, thereafter,

requested the General Secretary to place the Agenda for adoption.

3. Before commencing the meeting, the CCCGPA expressed its respectful homage to Mr. B. Sadashiva Rao, who played an important role with Sri N. Bhaskaran in establishing the Coordination Committee of Central Government Pensioners Associations in the year 1998 and who was Founder Chairman and also later, Advisor to CCCGPA. He passed away on 19.2.2022 at the age of 90 years. His services not only to the Department of Posts, but also to the affiliates of CCCGPA & KP&TPA have to be always remembered. The President also recalled that he was responsible for drafting the "Common Memorandum of Pensioners", which was submitted to the VI Central Pay Commission. As an Advisor to the CCCGPA, he guided in its effective functioning by tendering his advice on crucial issues and also letters to be sent to the Government. He attended all the Management Committee meetings and AGB meetings of CCCGPA and was very time conscious, disciplined and committed. The General Secretary also informed that the CCCGPA had organised a Condolence Meeting on 26.2.2022, virtually, using Zoom Platform, as a mark of respect to late Sri B. Sadashiva Rao. His family members were present.

4. The CCCGPA also expressed its respectful homages to the bereaved families of all the members of the Affiliates Associations, political leaders, trade union leaders and eminent personalities besides expressing its sadness on the death of millions of victims of Covid-19 pandemic throughout the world.

5. The General Secretary, then, read out the Agenda for the Meeting which was adopted. Discussions on the subject in the Agenda followed.

6. Confirmation of the minutes of the Annual General Body Meeting of CCCGPA held on 20.11.2021

The AGB confirmed the minutes of the

Annual General Body Meeting of CCCGPA held on 20.11.2021 as circulated by the General Secretary through E-mail and also by way of publishing in the Affiliates' magazines.

7. Annual Report of the General Secretary for the year 2021-22

The General Secretary informed that the draft of the Annual Report of CCCGPA for the year 2020-21 has already been circulated by post and through Email to all the affiliates. He informed that due to limitation of time, it may not be possible to read the entire report and as such, he explained, in brief, the salient features of the Report.

He also thanked all the affiliates for extending their cooperation in the effective functioning of the CCCGPA and also extended thanks to the Confederation of Central Government Employees and Workers, New Delhi, National Coordination Committee of Pensioners Association for taking up the issues referred to them by the CCCGPA, the Additional Director, CGHS, Bangalore, Mr. A. Rajagopal, Partner, GRSM for auditing the Accounts and Sri N. Bhaskaran, Advisor, for his advice and guidance.

After discussion, the AGB approved the Annual Report for the year 2021-22.

8. Audited Accounts for the year 2021-22

Sri O.M. Bhaskaran, Treasurer, presented the Annual accounts and Audited Report for the year 2021-22.

While on this subject, the General Secretary requested all the affiliates, who have not yet paid renewal fee/donation, to arrange payment of the same to the CCCGPA at the earliest. At this juncture, it was suggested by few members that a list showing the names of affiliates, who have not paid the renewal fee/donation, has to be circulated to all the affiliates along with the AGM Agenda and General Secretary's Annual Report so that it will remind them to send their renewal fee/donation to the CCCGPA, every year, without fail.

With the above, the Audited Accounts for the year 2021-22 were approved.

9. Health Care-CGHS, Non-CGHS areas and Pensioners of ABs/SBs of CG, and reduction in CGHS Empanelled Health Care Providers.

It was noted that these subjects have already been discussed, in detail, at the time of interaction with the Additional Director, CGHS and DR. RAVINDRA.

10. Parliamentary Committee's recommendations regarding pensioners' issues:

The General Secretary informed the members that the Parliamentary Standing Committee on Personnel, Public Grievances, Law and Justice, has recommended, in its report, which was presented in the Rajya Sabha on 10.12.2021, that the Government should sympathetically consider the demand of Pensioners Associations for payment of 5% additional quantum of pension on attaining the age of 65 years, 10% on 70 years, 15% on 75 years and 20% on 80 years to the pensioners. As a follow-up, the Department of Pension and Pensioners Welfare has called for information regarding the number of pensioners belonging to the different age groups and the amount of pension paid for December 2021 to work out the financial implications. Similarly, the Standing Committee has also made recommendations for enhancement of Fixed Medical Allowance from Rs.1000/- to Rs.3000/- per month. The Government may take a favourable decision after assessment of financial implications.

It was also informed that, based on the response to a call given by the National Coordination Committee of Pensioners Associations, New Delhi, demonstration was staged by the Karnataka P&T Pensioners Association, in association with the CCCGPA, Karnataka and other affiliates of CCCGPA including Pensioners Association of Autonomous/Statutory Bodies of CG on

5.4.2022 in front of Bengaluru General Post Office (GPO) in order to highlight the submission of the 110th Report by the Parliamentary Standing Committee to the Government and to demand implementation of its recommendations made therein, without any delay. More than 100 members from different Pensioners Associations participated in the demonstration under the banner of CCCGPA and its affiliates.

11. Any other subjects with the permission of the chair:

(1) The General Secretary informed that Mr. PS Prasad, Joint General Secretary, CCCGPA, who is at present in US, has suggested that the CCCGPA may request the Government for restoration of commuted pension after 12 years instead of 15 years as at present. He has also sent a draft letter justifying the reasons for his request to restore the commuted pension after 12 years. Mr. KB Krishna Rao, President, said that the Government has already rejected the requests of Pensioners and Pensioners Association for restoration of commuted pension after 12 years. He suggested that the CCCGPA may again send another letter to the DoP&PW requesting for restoration of commuted pension after 12 years. The AGB agreed with his suggestion.

(2) The members suggested that, in order to encourage the pensioners to travel throughout the country in the evenings of their life, which not only keep them in good health and active, but also which benefits the tourism industry, the Government may be requested to review its decision to provide the concession in train fares, as was provided to the senior citizens prior to Covid Pandemic, to all the pensions, who are all senior citizens. The General Secretary informed the members that the CCCGPA has already requested the Government. But the members requested to write another letter on this issue.

(3) Sri Parameshwaraih, Secretary, Central Government Pensioners' Association, Mysuru,

gave a report about the progress made in connection with opening of CGHS WC at Mysuru and profusely thanked all individuals and associations for their relentless efforts in making the Govt to accept the demand for establishment of CGHS at Mysuru.

As was no other subjects for discussion, Mrs. Juliana Vincent, Joint General Secretary, proposed vote of thanks. The meeting concluded at 1.30 PM.

S. RADHAKRISHNA
General Secretary

K.B. KRISHNA RAO
President



Gol, Ministry of Health & family Welfare, Department of Health & family Welfare Directorate General of CGHS, O M No.Z/15025/28/2022.DIR/CGHS dated 30th Sept, 2022

Extension of date of submission of acceptance letter for terms and conditions of revised MoA by already empanelled HCOs under CGHS and the validity of empanelment.

With reference to the above mentioned subject, the undersigned is directed to draw attention to the OM No. No.S-11011/09/2022/CGHS (HEC) dated 13th Sept, 2022 and 30th September 2022 vide which orders were issued for submission by the HCOs already empanelled under CGHS of acceptance letter for the terms and conditions of revised MoA by 15th October 2022 to the concerned Additional Director, CGHS. Since then this Ministry is in receipt of representations from various quarters for extension of time. The matter has been reviewed by the Ministry and the undersigned is directed to state that

- i) The date of submission of acceptance letter has been extended up to 31st December, 2022.
- ii) The validity of empanelment of the private HCOs under CGHS has been extended till 31st December, 2022 as per the terms and conditions of existing MOA
- iii) If any new HCOs are empanelled under revised MOA, the same terms and conditions of the existing MOA shall be made applicable for the sake of uniformity.

The Additional Directors, CGHS are advised to bring the contents of this letter to the notice of all empanelled HCOs,

Dr. Nikhitesh Chandra, Director CGHS

OBITUARY

Sri M. Chandran, LM 3132, Retd. HSG-I HSA, Bangalore TD Sorting expired on 24-09-2022 at the age of 66 years

Sri M. Lakshmana Rao, LM-1795, Retd. Postmaster, Hospet expired on 27-09-2022 at the age of 81 years

Sri DMR. Panthalu, ALM 2133, Retd. Assistant, AFHO Civil Ser. MOD New Delhi, expired on 06-10- 2022 at the age of 91 years

Sri Thiruvengada Mudaliar V.V., ALM 1097, Retd SAO, O/o the AG(Audit). Karnataka, Bangalore, expired on 6-10-2022 at the age of 87 years

The Executive Committee of K P&T PA conveys its heartfelt condolences to the members of the bereaved families



Central Government Holidays in November 2022

Guru Nanak's Birthday
8.11.2022, Tuesday

Donation to the Association

Sale of Books - 'Operation Khedda'

Total Amount	Progressive Total
4,881	23,281

K P&T PA volunteers generating Digital Life Certificates at the residences of pensioners aged 80 and above



100 years old Pensioner

Date of Publication 27th of Every Month. Posted Between 27th and 31st at Bangalore PSO, Bangalore-560 026.
RNI Regn. No. KAR BIL/2000/1576 Postal Regn. No. RNP/KA/BGS/446/2021-2023- Total No. of Pages: 16

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Subscription received for Pensioners' Champion During September-October 2022

Rs.180/- Smt./Sri	Rs.200/- & 270/- Smt./Sri	Rs.360/- Smt./Sri	Rs.450/- & 540/- Smt./Sri
967 Smt.B.K.Nair	2095 K.Chandran 200	1225 G.V.Advani	1083 H.V.Ramanatha 450
1987 Anusuya	529 S.Vishwanathan 210	2960 Ganesh Devaru Hegde	796 Shantha
2618 M.Srinivasa Upadyaya	S-334 A.P.Saiyed 240		Venugopalan 500
2752 K.V.Thimmanna	S-339 K.S.Vishwanath 240		S-252 V.Radhanath 500
2546 M.Munivenkatappa	231 N.R.Ramanna 270		1984 G. Prabhakar 500
xxx Renuka Ramesh			2111 S.G.Hegde 540

We Welcome the Following Newly Enrolled Members

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	N.S.Anuradha	JSO, COAL, JC Nagar, Bengaluru	ALM 3177
2	Aneel Kumar	Accounts Officer, O/o. Principal CCA, Mumbai	LM 3178
3	Sandhya Subramanya Rao	Postmaster, Hebbal Agricultural Farm Post office, Bengaluru	LM 3179

LM: Life Member

ALM: Associate Life Member

ALL INDIA CONSUMER PRICE INDEX						
Month	CPI Base 2016=100	CPI base 2001=100	12 Months total	Monthly average	7th CPC	DR due
					% increase over 261.42	
Dec 21	125.4*	125.4x2.88= 361	4216	351.33	34.39	34% from January 2022
Aug 22	130.2	130.2x2.88 = 375	4386	365.50	39.81	38% from July, 2022

* linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88

DR due from 1.7.2022 : 38% [4% increase over 34% January, 2022] Order Page: 5

Ours Readers write

It is good news that we got a CGHS Wellness Centre at Mysuru. We achieved it after we went to great pains a struggle of twenty years and more. As you said, it is result of the organized effort of pensioners' associations, committed individuals, Central Ministers, Members of Parliament and CGHS Medical Officers. Let us forget the hardships we underwent in the process. The security brings with it cheer and happiness into the lives of about 20,000 people - serving employees and pensioners. Let us hope Mangaluru and Hubballi-Dharwad would get the wellness centre soon.

- R.Soundararajan, LM 710

Regd. Journal

If undelivered, please return to:

Karnataka Posts and Telecommunications Pensioners' Association (R)
165, 4th Main, 3rd Block, 3rd Stage,
Basaveshwaranagar,
Bengaluru-560 079.

Edited, Printed and Published by **Sri N. Bhaskaran** for and on behalf of **Karnataka P & T Pensioners' Association**, 1397, 23rd Main, Banashankari II Stage, Bangalore-560 070 and Printed at: **Omkar Hi-Prints**, No. 24, I Cross, I Main, Tata Silk Farm, Basavanagudi, Bangalore-4. Ph.: 9480184985