



Monthly Journal of  
KARNATAKA POSTS AND TELECOMMUNICATIONS  
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)  
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

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**Silver Jubilee Year 2019-2020**  
**25 years in the Service of Pensioners**

**25<sup>th</sup> Annual General Body Meeting of the Association and the Silver Jubilee Celebrations, which were scheduled to be held on 14<sup>th</sup> June, 2020 have been put off indefinitely.**

**Dearness Relief**

**Freezing of Dearness Allowance to Central government employees and Dearness Relief to Central government pensioners at the existing 17% till July 2021**

The Association, vide its letter No. KPTPA/Pen/2020 dated 30-04-2020, addressed to the Secretary, Ministry of Finance, Department of Expenditure North Block, New Delhi 110001 had strongly urged for rescinding of the order dated 23-4-2020 on freezing of Dearness Relief to pensioners (published in pag-9 of the journal for March-June 20 issue)

Now, at the call of *National Coordination Committee of Pensioners Associations*, NCCPA, New Delhi, the association has sent an email to the Hon'ble Prime Minister urging his intervention in the matter to ensure rescinding of the order dated 23-4-2020 of the Finance Ministry.

**Draft of the Email sent by the association to the Hon'ble Prime Minister at the Email ID:Narendramodi1234@gmail.com**

We solicit your kind reference to the resolution adopted by the National Secretariat

of the National Coordination Committee of Pensioners Association (NCCPA) , copy of which has already been submitted to the Honourable Prime Minister on 4<sup>th</sup> July, 2020 by NCCCPA. Karnataka Posts and Telecommunications Pensioners' Association, Bangalore being an affiliated member

association of NCCCPA, requests the honourable Prime Minister kindly to direct the Ministry of Finance to rescind the order issued in O.M.No. 1/1/2020-E.II(B) dated 23<sup>rd</sup> April, 2020 forthwith and sanction the dearness relief which has become due from 1.1.2020.

## **FOR THE ATTENTION OF OUR MEMBERS / SUBSCRIBERS**

### **1) JOURNAL PENSIONERS' CHAMPION**

We have been receiving several complaints of non –receipt of the journal from our members and subscribers. Journals are being regularly posted to all readers whose subscriptions are valid. Number of copies posted is counted, matched with the number of addresses in the mailing lists and handed over to Bangalore Packet Sorting Office, the Patrika Channel post office, Mysore Road, Bangalore where the number of journals posted is again verified by the Officer in- charge. In spite of this, we continue to get many complaints of non- receipt of the journal which make us to send another copy to such complainants.

Hence we suggest that such of those members/ subscribers who would like to get their copy of the journal in PDF format through their email or WhatsApp, may please give their willingness and furnish their email i.d./ Mobile phone number with WhatsApp facility to the Joint Secretary, KPTPA, Sri V Gopal through SMS/ WhatsApp message on his mobile No.8197918085 or through his email: v.gopi.rao@gmail.com

### **2) RENEWAL OF SUBSCRIPTION FOR THE JOURNAL**

Owing to the present pandemic Covid-19 situation and restrictions on movement of citizen aged 60 + because of the possibility of contracting the virus infection while moving around and standing in queues before the Bank counters for depositing the cheques etc., we earnestly request our members and subscribers to renew their subscription by directly crediting the amount to the Association's bank account details of which are as below.

Bank: State Bank of India  
Branch: NTI Layout branch, Vidyaranyapura, Bangalore  
Current Account No.36418697411  
IFSC:SBIN 0009045

**Please do inform us of the details of credit to enable us to acknowledge receipt of the amount and to renew your subscription**

## **Central Government Holidays in AUGUST 2020**

**1. Independence Day : 15th August, Saturday**

**2. Muharram : 30th August, Sunday**

**Revision of pension of pre-2016 pensioners/family pensioners in implementation of Government's decision on the recommendations of the 7th Central Pay Commission – Concordance Table Corrigendum**

7th Pay Commission Concordance Table for Pension Revision – Revised Table 29 for Pay Level 9 [6th CPC GP 5400, 5th CPC 8000-275-13500 & 4th CPC 2200-75-2800-100-4000] vide Department of Pension & Pensioners' Welfare Order dated 18.06.2020.

**Table No.29**

**Scale of pay/Pay in the Pay Band & Grade Pay at the time of retirement**

Period of Retirement	Pay Scale / Pay Band
From 01.01.1986 to 31.12.1995	2200-75-2800-100-4000
From 01.01.1996 to 31.12.2005	8000-275-13500
From 01.01.2006 to 31.12.2015	9300-34800 GP 5400
Corresponding level w.e.f. 1.1.2016	Level-9 (53100-167800)

BASIC PAY FROM 01.01.1986 TO 31.12.1995	BASIC PAY FROM 01.01.1996 TO 31.12.2005	BASIC PAY FROM 01.01.2006 TO 31.12.2015	PAY RANGE FOR PENSIONERS RETIRED DURING 1.1.2006 TO 31.12.2015		NOTIONAL PAY AS ON 01.01.2016	REVISED PENSION / ENHANCED FAMILY PENSION(IF APPLICABLE) W.E.F. 1.1.2016	REVISED FAMILY PENSION W.E.F. 1.1.2016
			MINIMUM	MAXIMUM			
2200	8000	20280	-	20660	53100	26550	15930
2275	8000	20280	-	20660	53100	26550	15930
2350	8000	20280	-	20660	53100	26550	15930
2425	8275	20800	20670	21280	54700	27350	16410
2500	8275	20800	20670	21280	54700	27350	16410
2575	8275	20800	20670	21280	54700	27350	16410
2650	8550	21310	21290	21900	56300	28150	16890
2725	8550	21310	21290	21900	56300	28150	16890
2800	8550	21310	21290	21900	56300	28150	16890
<b>2900</b>	<b>8825</b>	<b>21820</b>	<b>21910</b>	<b>22560</b>	<b>56300</b>	<b>28150</b>	<b>16890</b>
3000	9100	22330	21910	22560	58000	29000	17400

Editors Note : (1) Particulars in the revised table beyond the stage of Rs.3000 /9100/23300 **not reproduced** since there are no changes therein

(2) In the table no 29 annexed to DoPPW OM dated 6-7-2017 issued for revision of pension under 7<sup>th</sup> CPC in terms of DoPPW OM dated 12-5-2017, notional pay in 7<sup>th</sup> CPC was indicated as Rs.58,000 instead of Rs.56,300 corresponding to basic pay of Rs.2900 under 4<sup>th</sup> CPC Rs.8825 under 5<sup>th</sup> CPC and Rs.21820 under 6<sup>th</sup> CPC .In the above **revised table**, the notional pay has been correctly indicated as Rs.**56,300**. Consequently, the revised pension of officers who had retired from the 4<sup>th</sup> CPC Pay scale of Rs.2000-4000 with last pay of Rs.2900, 5<sup>th</sup> CPC pay scale of Rs.8000-13500 with last pay of Rs.8825 and 6<sup>th</sup> CPC Pay band PB-2 with last pay of Rs.21820 will now be revised from Rs.29000 to Rs. 28150 from 1-1-2016 resulting in **reduction of pension by Rs.850 p.m.** (Please see the entries in bold at serial No 10 of the table above) However, it is seen that entries in the column "Pay range for pensioners retired during 1-1-2006 to 31-12-2015, Minimum and Maximum pay range has been indicated as 21910 and 22560 respectively, instead of **21290** and **21900**. Therefore, the table above needs further correction. Otherwise, the pension of pensioners who had drawn their basic pay in the pay range between 21910 and 22560 in 6<sup>th</sup> CPC regime will get reduced by Rs.850 from Rs.29000 to 28150 though they are entitled for a pension of Rs.29000. The matter has been referred to DoPPW.

**COVID-19 treatment, Cashless Treatment, Health Insurance etc discussed in meeting between DoHFW and Staff Side, National Council (JCM) in the meeting held on 9-7-2020**

*Gol, Ministry of Health & Family Welfare, Department of Health Family Welfare,(EHS Section),  
F.No. B-12012/1/2020-EHS Dated the 13th July, 2020*

**Minutes of the meeting with Staff Side, National Council.**

The undersigned is directed to circulate herewith the Minutes of the Meeting with Staff Side of National Council (JCM) on the submitted agenda items, held on 09.07.2020 under me Chairpersonship of Secretary (HFW). in Committee Room No. 155-A, Nirman Bhawan, New Delhi, for information and necessary action

**Bimal Kumar**

Deputy Secretary to Government of India

**Agenda Item No.1.FIXATION OF PACKAGE RATE FOR TREATMENT OF COVID-19 PATIENTS:**

In spite of the repeated instructions from your Ministry, the CGHS beneficiaries are facing lot of difficulties and problem in getting treatment of COVID-19 Virus infection. The Hospitals are charging between Rs. 1 Lakh to 2 Lakh for PPEs Kits alone. All put together the CGHS empanelled hospitals are charging more the Rs. 3 lakhs from each patient. Since there is no package rate prescribed by the Ministry of Health and Family Welfare for the COVID-19 infection treatment, the Hospitals are abnormally charging from the CGHS beneficiaries. Such incidences have been brought to our notice from the Central Govt. Employees working in Chennai and Hyderabad. To avoid such type of abnormal charges being levied by the CGHS Empanelled Hospitals, it is essential that the Ministry of Health may finalize a package rate of the treatment of COVID-19 infection. Considering the urgency in the matter a favorable decision may be taken at the earliest.

**Action Taken:** The proposal regarding fixation of rates for COVID-19 treatment at private hospitals empanelled under CGHS is already under process.

Secretary (HFW) directed that order may be issued immediately.

**Agenda item No.II.REIMBURSEMENT OF COVID -19 TEST CAHRGES LEVIED BY CGHS EMPANELLED HOSPITALS.**

This is to inform you that in spite of your instructions to all the Chief Secretaries of the State Governments, even now some of the Private hospitals, especially CGHS empanelled private hospitals are refusing to give medical treatment to the Central Govt, employees. The CGHS empanelled Hospital whichever is at present giving treatment for other diseases is insisting that before admitting the patient for treatment, the patient have to undergo COVID-19 tests and for that purpose the hospital are charging almost Rs.10,000, which include the testing charges and the PPE charges both for the patients and for the care taker. At present, there is no provision for reimbursement of this COVID-19 test charges either under the CS (MA) Rules or under CGHS Rules.

In view of the above it is requested that Ministry of Health may issue necessary instructions for reimbursing the COVID-19 testing charges being levied by the CGHS empanelled Private hospitals.

**Action Taken :**In case of CGHS beneficiaries, orders regarding CGHS rates applicable for COVID -19 test is already notified vide OM Z.15025/18/2020/DIR/CGHS dated 10.06.2020 (Annexure-I).

Joint Secretary (CGHS) informed that similar order for COVID-19 test will be issued shortly for CS (MA) beneficiaries.

**Agenda Item IV : REFUSAL OF TREATMENT/CASHLESS TREATMENT BY CGHS EMAPNELLED HSOPITAL**

Instances have come to our notice from

different cities that after the declaration of Nationwide lockdown as a preventive measure against the spread of COVID-19 Virus some of the CGHS recognized hospitals are refusing for giving treatment to the Central Govt. Employees including Defence Civilian employees. Some of the Hospitals are admitting the patients with the conditions that they will not be given cashless treatment and that they should deposit the treatment charges in advance, in case they want medical attention.

You will appreciate when the whole country is in crisis and the medical community is struggling to save human beings from the COVID-19 Virus, we fail to understand how these corporate hospitals are refusing to treat the Govt. Employees and their families. Therefore it is requested that you may kindly intervene in the matter and necessary instructions may please be issued to all the CGHS empanelled hospitals to compulsorily give medical treatment to all the central government employees and pensioners by extending the Cashless treatment facilities.

**Action Taken:** Joint Secretary (CGHS) stated that Advisory to CGHS empanelled hospitals is already in place and notified vide OM No. 15025/18/2020 /DIR/CGHS dated 09.06.2020 (Annexure-III).

It was assured by the chair that advisory will be reiterated.

In addition to above, some other issues were also taken up for discussion, which are summarized below:-

**(a) Provision of immunity boosting drugs/ medicines**

Staff Side requested the Ministry to make arrangement for the supply of immunity boosting drugs/ medicines to the beneficiaries.

JS(CGHS) informed the Staff side that there are number of AYUSH dispensaries under CGHS and the beneficiaries may avail the services of these dispensaries to obtain such immunity boosting Homeopathy / Ayurveda formulations.

**(b) Extension of Health Insurance facility under COVID-19 to all central government employees.**

Staff side requested that the insurance scheme under COVID-19 provided to Health Care workers by the Ministry of Health & Family Welfare be extended to all central government employees.

On this, the chairperson apprised the Staff side that this is beyond the purview/ mandate of this Ministry.

**New Additional Director of CGHS Bangalore**

Dr. Revathi M has assumed charge as the Additional Director, CGHS, Bengaluru vice Dr Kishore Kumar

Karnataka P&T Pensioners' Association extends a warm welcome to the new Additional Director and hopes that under her stewardship CGHS Bengaluru will embark upon taking more beneficiary friendly measures, especially in respect of the pensioners and very senior beneficiaries in these days of pandemic which is spreading fast across Bengaluru city , requiring grater medical attention and better medical facilities to such beneficiaries.

**Donation for the Building Fund - 44th List**

Sl No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1426	M.L.Kulkarni	210	5000	4618	10000
1427	T.R.Narayana	1070	5000	4614	20000

**Treatment for  
Corona Virus-Covid-19**

**Government of Karnataka**

No.HFW 223 ACS 2020

Karnataka Government Secretariat  
Vikasa Soudha, Bengaluru dated 20-6-2020

**Order**

The private hospitals empanelled with SAST under the AB-Ark Scheme (Annexure-1) are hereby notified for the treatment of Covid-19 patients referred to by the Government Health Authorities. The conditions guiding the treatment of patients referred to by the Health Authorities are as follows:

- (i) Referral will have to be made by a Public Authority viz: Commissioner, BBMP, Director, Health and Family Welfare Services, DHOs, DLOs etc.

- (ii) Immediately on admission of a patient, the hospital will notify DADT and start the treatment
- (iii) The treatment protocol issued by the State Government from time to time has to be followed mandatorily
- (iv) The hospital will be paid as per the appropriate package rate for Covid-19 management. Further, additional packages will also be applicable for co-morbidities.

**Private hospitals empanelled under CGHS identified by the Government of Karnataka for Covid-19 treatment vide press notification dated 3.7.2020.**

<p>1) <b>Appolo Speciality Hospital</b>, Jayanagar, No.21/ 2, Old No.2, 14th Cross, 3rd Block, Jayanagar, Bangalore 560011 Contact: Dr.Somya 959199802 Nodal officers: Channakeshava-449844612 Ravindra-7760993676</p> <p>2) <b>Aster CMI Hospital</b> 43/2, New Airport Road, Sahakaranagar, Bangalore 560092 Contact: Hemantha Kumar: No.9538897501 Nodal officers: V Shivakumar : 9449844607 Deepak: 9845444139</p> <p>3) <b>M.S. Ramaih Hospital</b>, New BEL Road, Bangalore 560054 Contact: Smt. Shonhadevi : 9008300564 Nodal officers: Ramesh M R : 9449844606 Purushotham: 9845444013</p> <p>4) <b>Narayana Hrudayalaya Pvt Ltd.</b> No.258/A, Bommasandra Industrial Area Hosur Road, Bangalore 560099 Contact: Dr.Divya Shetty: 9731476200 080- 2500001 / 25200003 Nodal Officers: Thimmegowda: 9448279027 Lakshmikanth : 9845444121</p> <p>5) <b>KIMS Hospital &amp; Research Centre</b>, K R Road, V V Puram, Bangalore 560004, Ph: 2662870 Contact: Dr.D.H Ashwathanarayan Mobile: 9341948189 Nodal officers: Channakeshava 9449844613 Rajiv: 9945518971</p>	<p>6) Vydehi Institute of Medical Science &amp; Research No. 82, EPIP Area, Whitefield, Bangalore 560066 Ph: 080 28413381/ 82 / 83 Contact: Smt.Vijayalakshmi : 9916670698 Nodal officers: Palanethra: 8277893919 Mirja Anwar : 9741969945</p> <p>7) Sakra World Hospital, Sy.No.52/2 &amp; 52/3, Devarabeesanahalli Varthur Hobli, Bangalore 560103 (Opposite: INTEL, OUTER RING ROAD, Marathalli) Ph: 080 49694969 Contact: Dipak Balani : 9341960717 Nodal officers: Channakeshava 9449844613 Ravindra H S : 7760993676</p> <p>8) SSNMC Super Speciality Hospital, No.8, Ideal Homes HBCS Layout, Javaradoddi, Rajajeshwari Nagar Bangalore 560098 Contact :Dr Kirankumar - 9900156577 Dr.Sharat Gowda- 9513466026 Nodal officers: Ravishankar -9449844619 Ashok Gowda -9591987962</p> <p>9) PAN Nagarabhavi Hospitals Pvt Ltd No.611/ 612, Nagarabhavi Main Road, 2nd Stage, Vinayaka Layout, Nagarabhavi, Bangalore 560072 Contact: Smt. R Vani - 7204898074 Nodal officers: Narayana gowda: 9449844608 Suhas : 9740984166</p>
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**CGHS** All CGHS empanelled hospitals, which are notified as COVID-Hospitals by State Governments shall provide treatment facilities to CGHS beneficiaries as per the CGHS norms, for all COVID related treatments.

*Gol, Min. of Health & Family Welfare, Department of Health & Family Welfare Directorate General of CGHS, Office Order FNo Z.15025/18/2020/ DIR/CGHS Dated the 9th June, 2020*

**Advisory to Health Care Organizations (HCOs) empanelled under CGHS in view of the prevalent Corona Virus (COVID-19) Pandemic**

With reference to the above subject the undersigned is directed to state that this Ministry is in receipt of representations from CGHS beneficiaries of the difficulties in availing treatment facilities at Private Hospitals / Diagnostic Centres empanelled under CGHS. The matter has been reviewed and it is now decided to reiterate that all CGHS empanelled hospitals, which are notified as COVID-Hospitals by State Governments shall provide treatment facilities to CGHS beneficiaries as per the CGHS norms, for all COVID related treatments.

Similarly, it is again reiterated that all the CGHS empanelled hospitals, which are not notified as COVID Hospitals shall not deny treatment facilities/admission to CGHS beneficiaries and shall charge as per CGHS norms, for all other treatments.

**CGHS rates for treatment at private healthcare organizations empanelled under CGHS -in view of the COVID-19 Pandemic.**

*Gol, Ministry of Health & Family Welfare, Directorate General of CGHS  
O.M F No. 6-S2/CGHS/GR.CELL/2020/DIR/CGHS, dated 10th July 2020*

With reference to the above mentioned subject the undersigned is directed to state that In view of the current Corona Virus Disease (COVID-19) Pandemic this Ministry is in receipt of representations seeking clarifications and guidelines regarding rates applicable for treatment in private healthcare organizations empanelled under CGHS, This matter has been reviewed by the Ministry and it is now decided to issue guidelines and rates for treatment / investigations at Private Healthcare Organizations empanelled under CGHS as per the details given under:

2. a) CGHS rates for **treatment for COVID-19** in Private empanelled hospitals in respect of CGHS beneficiaries in a City shall be as per the **package rates prescribed** by the concerned State Government. In case no such rates have been prescribed by the State Government in any CGHS City, the rates Prescribed by Govt. of NCT Delhi shall be applicable, till rates are notified by the concerned State Government.
- b) For non COVID related treatment in private hospitals empanelled under CGHS the Normal CGHS package rates shall be admissible. CGHS beneficiary shall undergo COVID-19 test as per the approved rate before elective treatment procedure.
- c) **For treatment, under emergency** — the patient shall be treated in Isolation ward till the COVID-19 test result is available and rates as per isolation ward rates for one day shall be applicable.

If the beneficiary is COVID-19 negative, he/ she shall be shifted to normal wards and normal CGHS rates will be applicable and if COVID-19 positive, he/she shall be under treatment in COVID ward and Prescribed rates shall be applicable.

*Editors Note: Para C above is as modified vide CGHS OM dated 20.7.2020.*

- d) COVID test shall be permitted as per ICMR guidelines, and CGHS rate shall be as per the rates fixed by concerned State Government or actual, whichever may be less. If State Government has not notified such rates in any CGHS City, the rates prescribed by ICMR are applicable till rates are notified by State Government.

3. It is once again reiterated that all CGHS empanelled hospitals, which are notified as COVID-Hospitals by State Governments shall provide treatment facilities to CGHS beneficiaries as per the CGHS norms and as per the rates prescribed above, for all COVID related treatments.

Similarly, it is again reiterated that all the CGHS empanelled hospitals, which are not notified as COVID Hospitals shall not deny treatment facilities / admission to CGHS beneficiaries and shall charge as per CGHS norms, for all other treatments.

Suitable action shall be taken in case of violation of the guidelines.

CGHS empanelled healthcare organizations shall perform the treatment / test on Cashless basis in respect of pensioners, etc, and submit the bills to CGHS through UTI-ITSL. The reimbursement for the cost of expenditure on the test at approved rate shall be reimbursed by concerned Ministry / Department / Organization in respect of serving employees and beneficiaries of Autonomous Bodies,

4. These orders come into effect from the date of issue till further orders.

5. This issues with the concurrence of Integrated Finance Division, MoHFW vide CD No 805 dated 10.07.2020.

(Dr. Sanjay Jain)

Director, CGHS

**Pension Payment to  
Postal Pensioners**

**For the attention of Postal Pensioners - Karnataka**

**Pension payment Decentralized from the O/o the General Manager Postal Accounts and Finance, Bangalore (PAO) to Head Post Offices (DDOs) w.e.f. 1<sup>st</sup> July, 2020.**

Pension payment which was being centrally uploaded to the PO SB accounts of the pensioners through Bangalore GPO, consequent upon introduction of new core system integration/ Software in the Department of Posts w.e.f. 1-10-2018, has now been decentralized w.e.f. 1<sup>st</sup> July, 2020 and the Head Post Offices themselves will credit the pension to the SB accounts of pensioners commencing from the month of July 2020 ie. Pension for July 2020 payable on 31-7-2020.

**Our Readers Write**

I have received the journal 'Pensioners' Champion' today. Fine.

It is really a 'Champion'. My kudos to you all. I hope that none of our members contracted the pandemic Covid-19. Pray for good health to all.

**R.K.T Shastri, LM 918**



**Advisory from the Additional Director, CGHS Bengaluru  
to the Pensioner beneficiaries and others**

Dr.Revathi M, A D, CGHS, spoke to me over the phone today. Expressing her great concern towards the welfare of beneficiaries, specially the senior and very senior beneficiaries, in view of the present alarming Pandemic Covid - 19 situation in the city, with the number of virus infected people increasing by the day, which includes many CGHS beneficiaries also. She made an impassioned appeal to all to take utmost care in their health and stay home unless needed to go out for reasons of health requiring immediate medical attention in case of an emergency.

The following are some of the advices given by the AD and information given on facilities available under CGHS.

1) Beneficiaries above the age of 65 years need not visit the CGHS Wellness Centres for collecting repeat medicines. They may send a member of the family or any one authorised by them who is young to collect the medicines.

Medicines for 3 months will be issued

2) Routine Tests which are not of urgent nature may be postponed for the present.

3) It is noticed that old couple are attending WCs together for collecting medicines which is not at all advisable

4) Telemedicine facility has been started as a pilot project in CGHS Bangalore for beneficiaries above 60 years of age.

WC - 6, Jayangara and WC -10, C V Raman Nagar, have been identified for Telemedicine.

This facility will be extended to other WCs if feasible.

Beneficiaries can consult doctors at the two WCs by seeking appointment online.

The doctors will respond to the queries online and the beneficiary will get the prescription online to his registered email id.

The medicines prescribed can be collected in person or through any one authorised by the beneficiary within 4 days.

5) If they cannot send someone to fetch medicines for them, they can purchase the medicines locally and claim reimbursement of the cost of OPD medicines.

6) The last date for local purchase of medicines has been extended up to 31st July, 2020.

So, medicines required for the months up to September 2020 can be purchased locally before this month end.

7) Time limit for submission of claims for reimbursement has been increased to 6 months now.

Further, in deserving cases, the time limit can be extended by another 6 months under the discretion of the AD.

8) The validity of CGHS cards of those pensioner beneficiaries who contribute the subscription on annual basis, cards valid upto 31.3.20 and thereafter is extended up to 31.7.2020.

Similarly, the validity of the cards of serving employees who retired on 31.3.20 and thereafter will be extended up to 31st July, 2020 on their request.

Therefore, they need not rush to CGHS Office for getting a new CGHS Pensioner card

*Contd. Page 10*

## ON COVID-19 TREATMENT

On my request to her, to enlighten us about the facilities available under CGHS, for treatment of beneficiaries afflicted with the virus Covid-19, she stated as below.

A) Beneficiaries having symptoms of Covid-19 infection, like fever, cough etc. need not go to the CGHS WC but must directly report to the fever clinic identified by the State government/ local body for advice and allotment of bed in the hospital providing treatment for Covid-19 infection.

B) Beneficiary or their wards need not go to the CGHS WCs for getting a referral for admission in a private hospital identified by the State government for Covid-19 treatment.

C) On allotment of a bed in any of the private hospitals EMPANNELLED under CGHS, the beneficiary will be provided with CREDIT FACILITY by the Empanelled hospital as per the existing CGHS norms. Necessary instructions have been issued to Empanelled Private Hospitals in this connection.

D) If a bed is allotted in a Private Hospital NOT EMPANNELLED UNDER CGHS, and the beneficiary is admitted there for treatment, the case will be treated as 'medical treatment in emergency' and the beneficiary will get reimbursement of the medical expenditure at the rates approved by the government.

E) Beneficiaries, in case of any difficulty faced for admission in Private Hospitals, may contact the Sr CMO I/C of their Wellness Centre over the phone or the Nodal officer, Dr Ravindra at CGHS Addl. Director's office.

Difficulty arises only if they go to the hospitals on their own. If they go through the designated fever clinics it would be easy for them to get the required medical attention.

### GENERAL

a) Seniors should avoid going out for purchase of groceries, vegetables, fruits etc. One member of the family can get the essential items from the market instead of many shopping together. Daily outgoings for purchases should be avoided.

b) Strict social distancing must be ensured when there is absolute necessity of going out.

c) Hand hygiene is very important to ward off any infection.

d) Use face cover if you step out of your house.

e) Prevention is always better than cure.

### STAY HOME STAY SAFE

K.B.Krishna Rao, Chairman,  
CCCGPA Karnataka, & Secretary,  
Karnataka P&T Pensioners Association,  
Bangalore  
3.7.2020

### **New Chief Postmaster General (CMPG), Karnataka Circle**

Smt. Sharada Sampath, IPoS, has assumed charge as the Chief Postmaster General, Karnataka Circle vice Dr Charles Lobo, IPoS, promoted and posted as Member Postal Services Board, New Delhi.

Karnataka P&T Pensioners' Association extends a warm welcome to the new CPMG and hopes that Madam will walk the extra mile in ensuring provision of more pensioner friendly services in the state and in timely resolution of pensioners' grievances.

**CONTACT DETAILS OF CGHS BENGALURU  
OFFICE OF THE ADDITIONAL DIRECTOR**

Address: 3rd Floor, E-Wing, Kendriya Sadan, Koramangala, Bangalore 560034

**Contact Details**

Sl. No.	Post	Phone No.
1	Additional Director	080 25538300
2	Senior CMO (SAG)/ General Administration/Grievance Officer	080 25502622
3	Senior CMO (SAG)CMS In Charge/Hospital Cell	080 25502589
4	Chief Public Information Officer Head Quarters	080 25502589
5	Administrative Officer (Card Section)	080 25502589

**Wellness Centres**

Sl No.	Wellness Centre	Address	Phone Number
1	WC-1 Homeopathy Unit Unani Unit	Ganesha Towers, No-111, Infantry road, Shivajinagar Bangalore-560001	080-25588777
2	WC-2	Seshadripuram (Near Sri Rama temple), Bangalore- 560020	080-23311492
3	WC-3 Ayurveda Unit	NO-4013/4014, Hosakerehalli Main Road, Girinagar, Banashankari 3 <sup>rd</sup> stage (Near Seetha Circle), Bangalore-560085	080-26793000
4	WC-4	No 4, First & Second floor, No 669, HBR Main Road 1 <sup>st</sup> stage, 2 <sup>nd</sup> Block, HBR Layout, Bangalore - 560043	080-25430759
5	WC-5	GPRA Quarters, Vijayanagar, Bangalore-560040	080-23351893
6	WC-6	No-190, R V Road, 2 <sup>nd</sup> block, Jayanagar, Bangalore-560011	080-26570202
7	WC-7	GPRA Quarters, Koramangala, Bangalore-560034	080-25539277
8	WC-8 Ayurveda Unit	GPRA Quarters, Domlur, Bangalore 560071	080-25355662
9	WC-9	No11, 1 <sup>st</sup> Cross, HGH Layout, Ganganagar, Bangalore-560032	080-23330320
10	WC-10	DRDO Complex, C V Raman Nagar, Bangalore-560093	080-25243236
11	POLY CLINIC	Ganesha Towers, No-111, Infantry Road, Shivajinagar, Bangalore-560001	080-25589225

## PRIVATE HOSPITALS EMPANELLED UNDER CGHS, BANGALORE

Sl. No	Name of the Hospital	Address and Tel. No	Nodal Officer with Contact No.
1	Fortis Hospitals Limited Cunningham Road Limited.(w.e.f 17/11/2014)	No 14, Cunningham Road Bangalore -560052. Contact No 080-41994498/ 080-41994649	Satish Kumar R U 9886987557 Mahesh Babu 9845403963
2	Imperial Hospital and Research Centre (Apollo). (w.e.f 17/11/2014)	154/11, Opp. IIMB-B, Bannerghatta Road, Bangalore -560076. Tel: 08026304034/35.	Krishna Reddy - 9483600956 Manjunatha. 9902292741
3	KIMS Hospital & Research Centre (w.e.f 25/03/2015)	K.R. Road, V.V. Puram, Bengaluru-560004. Ph. No. 080-26624870	Nijalingappa- 9535179666, Thara K 8150040013
4	Mallya Hospital (w.e.f 25/03/2015)	No 2 Vittal Mallya Road Bangalore 560001.Ph: 080 22277979	S.Namdev Rao, 9880281773 Jagadish B 9483045025
5	Narayana Hrudayalaya (w.e.f 25/03/2015)	No. 258/A, Bommasandra Industrial Area, Hosur Road, Bangalore - 560 099 Ph: 080-71222222	Saleem Jalaluddin - 8884416553 - Kishore.A - 9916678307
6	Sagar Hospitals Banshankari - DSI(w.e.f 25/03/2015)	Shavige Malleshwara hills Kumaraswamy Layout Banashankari, Bangalore 560078. Ph :080-4299 9999	Vikram - 9591991812, Dr. Naganand.K.A - 9591991897
7	Sagar Hospitals Jayanagar	44/54 30th cross, Thilak Nagar, Jayanagar Bangalore-560041 Ph-080-26536700-08 Fax-26536714	Prashanth Kumar B R 9591991849 Satyanarayana 9591991882
8	Sri Shankara Cancer Hospital & Research Centre (w.e.f 25/03/2015)	1st Cross, Shankarapuram, Basvangudi, Bengaluru-560004. Ph. 080-26981065	Raghavendra - 9535074408, Anil Kumar.V.R- 9844611171
9	Vydehi Institute of Medical Science & Research Centre (w.e.f 25/03/2015)	#82, EPIP Area, Whitefield, Bangalore 560066. Ph: 080 28413381/82/83	Nazia Anjum 8861107644 Reddy 8884998362
10	HealthCare Global Enterprises Ltd. Fax No: 080-2248 5962 (w.e.f 17/02/2016)	No.8, HCG Towers, P. Kalinga Rao Road, Sampangirama Nagar, Bangalore-560027. PH : 080-40206000, 080 40206065, 9341307646.	Pavan Kumar - 7019246199 Swetha - 7406688990 -
11	P D Hinduja Sindhi Hospital (w.e.f 17/11/2014)	No 12th A cross Sindhi Hospital Road Sampangirama Nagar. Bangalore 560027. PH : 080- 49030303, 080-49060605	Jyothi K.M -8884458691 Bai.S.P - 8884458690
12	MS Ramaiah Memorial Hospital (w.e.f 17/02/2016)	MSRIT Post, MSR Nagar, Bengaluru-560054 Ph: 080-23608888, 080-23609999.	Ashwin Kumar - 9945245727 Elizabeth Chacko 8217023559 -
13	Sparsh Hospital A unit of Shiva & Shiva Orthopaedic Hospital Pvt. Ltd (w.e.f 17/02/2016)	29/P2, Health City, Bommasandra Industrial Area, Hosur Main Road, Bengaluru-560099. Ph: 080-33271000/99	Riju Thomas - 9945242274 Harindu Sundar Nandi 8884437092
14	Fortis Hospitals Limited (w.e.f 21/11/2016)	No. 154/9, Bannerghatta Road Opposite IIM Bangalore Bengaluru-560076 Ph: 080-66214444 Fax:080-66214242	Ravi Kuamr - 9980411377, Ramesh Gattu - 9900963388,
15	Sakra World Hospital (w.e.f.1/6/2017)	Sy No. 52/2 & 52/3, Deverabeesanahalli, Varthur Hobli, Bangalore - 560103 (opp.Intel, Outer Ring Road Marathahalli), Ph. 080-49694969	Sunil Kumar Pradhan 9886583851 Dr. Theanmozhi Yatish 9945278736

## PRIVATE HOSPITALS EMPANELLED UNDER CGHS, BANGALORE

S.No	Name of the Hospital	Address and Tel. No	Nodal Officer with Contact No
16	Hosmat Hospital (w.e.f 1/6/2017)	45, Magrath Road, Bengaluru 560025 Contact No: 080-25593796	Vijayalakshmi.V - 9483888747 Amar Kalyani - 9844470489
17	Apollo hospitals (a unit of Apollo hospitals Enterprise Ltd.) (w.e.f. -03/09/2018)	No. 1, Old No.28, Platform Road, Near Mantri Mall, Sheshadripuram, Bangalore-560020	Dr.Nisha -7506122811 Lokesh -9916015111 Pradeep - 9060606081
18	Apollo Speciality Hospital, Jayanagar, (w.e.f. -03/09/2018)	#2, Old No. 21/2, 14th Cross, 3rd Block, Near Madhavan Park, Jayanagar Bangalore - 560011	Dr. Umesh – 9845989987 Dr. Prakash- 9620215465
19	Narayana Multispeciality HOSPITAL, HSR Layout- (w.e.f.-03/09/2018)	Site No 1, 18th Main, Opp HSR Layout, Bangalore – 560102	Lokesh Gopal Chavan 9730023304 – Mohammadh Shareef 9620284562-
20	SSNMC Super Speciality Hospital- Rajarajeshwarinagar (w.e.f 13/02/2019)	No.8, No. 8, Ideal Homes, HBCS layout, Rajarajeshwarinagar, Bengaluru-560098	Dr. Sharath Gowda 9513466026, Dr. Smitha 9513466068
21	Aster CMI Hospital – Hebbal(w.e.f 13/02/2019)	#43/2, New Airport Road, NH7, Sahakarnagar, Hebbal, Bengaluru 560092	Santosh 9108051308, 9886080180, Chetan S 9886080180
22	PAN Nagarbhavi Hospitals Pvt Ltd. (w.e.f 15/11/2019)	No. 611/612, Nagarbhavi Main Road, 2nd stage, Vinayaka Layout, Nagarbhavi, Bengaluru-560072	Sundereshwaran 978175115 Mr. Jesuraj J 9972832207

**Comrade M.S.Raja**, former Secretary General, All India Audit &Accounts Employees Association and former Secretary, Working President of Confederation of Central Government Employees & Workers and a Member of the Standing Committee of Joint Consultative Machinery-JCM National Council, expired on 14-7-2020 at the age of 60 years, at Thrissur (Kerala), due to a massive cardiac arrest. His sudden death is an irreparable loss to C G Employees movement in the country. KPTPA dips its banner in respect of the departed leader.



**Shri M.S. Narasimhan**, Editor, Pensioners' Advocate, All India Federation of Pensioners' Association, Chennai expired at the age of 94 years in Bengaluru while he was on a visit to the city to see his daughter. He edited AIFPA's journal for two decades. Shri Narasimhan, after a brief stint as a college teacher, joined the Department of Posts and retired from the post of Senior Accounts Officer. He was an expert on pension and service matters. He played a pivotal role in drafting the Memorandum of AIFPA, Chennai submitted to the 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> Central Pay Commissions. He used to attend the EC meetings of KPTPA, usually held on second Saturdays of the month, whenever he happened to be in Bengaluru. He visited the association's building Pensioners' Bhavan a few years back. KPTPA pays its respectful homage to its Patron and conveys its heartfelt condolences to the bereaved family members.



## OBITUARY

**Sri A S Fazlur Rahaman, LM 1260**, retired HMM Bangalore City RMS, expired on 4-3-2020 at the age of 75 years. A veteran NFPE trade union leader of Karnataka Postal Circle, held many positions in the All India RMS & MMS Employees Union MG&MM at Branch, Divisional and Circle levels. He was elected as the Asst General Secretary of AIRMSEU MG&MM, CHQ in the year 2000. In the passing away of Com Fazlur Rahaman, AIRMS&MMS EU, and Karnataka has lost one of its former leaders



**Sri T.R Gundappa LM 1167**, retd. AGM, O/o CGMT, Karnataka Circle, expired on 4-7-2019 at the age of 77 years. He leaves behind his wife, a son and a daughter

**Sri V.B. Ravindranathan, LM 1232**, Retd. ASPM J P Nagar Post office Bangalore expired on 11-2-2020 at the age of 74 years. He leaves behind his wife and a daughter.

**Sri H.V. Dasan, S-51** expired on 10-6-2020 at the age of 92 years

**Sri S.A. Fayaz Ahamed, LM 2672**, retd. Postmaster, HSG I, Davanagere Head Post Office expired on 25-6-2020 at the age of 81 years

**Sri K Gopalaskrshna Rao, (K.G. Rau), LM 49**, former ASRM, RMS Bg Stg Dn, Retd. Sr Superintendent of Pos, Bangalore West Dn, Bangalore, a senior member of K P&T PA, expired on 15-7-2020 at the age of 86 years. He leaves behind his wife, 2 sons and a daughter.

**Sri V Sathyanarayanachar LM 1794**, retd. Supervisor, Telephone Exchange, Hospet expired 19-7-2020 at the age of 87 years. He leaves behind his wife, a son and 4 daughters

**Sri C Subbarao ALM 619**, retd Director Inspection (Audit) Income Tax office, Bangalore expired on 22-7-2020 at the age of 95 years. He leaves behind 3 sons and a daughter

**The Executive Committee, K P&T PA conveys its heartfelt condolences to the bereaved families.**

Members / Subscribers requested to visit the website of the association  
"kptpa.org" to read the journal

### APPEAL FOR DONATIONS FOR THE BUILDING

We appeal to our **Members who have not yet paid** their contribution to the building fund please to consider remitting their donation to facilitate provision of a lift to the new building. 44th list of donations is published in this issue.

Amount may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to: K.R. Anantha Ramu, No 1158, 7th Main, 7th Block, HMT Layout, Vidyanarayapura, Bangalore-560097. (Mob: 9448477129) **OR** credited to the Association's Bank account:

State Bank of India, Branch: HMT Layout Branch, Vidyanarayapura, Bangalore.  
Current Account No.64209078453, IFSC:SBIN 0040659.

**Please do inform us of the details of credit to enable us to acknowledge receipt of the amount and to renew your subscription.**

**Subscription received for Pensioners' Champion During March, June-July 2020**

Rs.18/- Smt./Sri	Rs.150/- Smt./Sri	Rs.200/- Smt./Sri	Rs.300/- Smt./Sri
1721 M.V.Prahlada Rao	1915 M.S.Ramamurthy	322 K.Venkoba Rao	1978 Kumudagopal
<b>Rs.150/- Smt./Sri</b>	2038 S.R.Ramanna	1178 K.N.Tiwari	2118 M.R.V.Nath
81 S.Balasundara Raman	2131 Subhadra.J.Shenvi	1258 Keval Kishen	<b>Rs.450/- Smt./Sri</b>
349 A.M.Karant	2162 S.A.Kumbar	S-299 S.Jothikumar	851 G.S.Venkataramu
542 V.S.Burge	2180 T.G.Subba Rao	S-352 S.G.Athalye	1430 C.Raman Kutty
668 A.Ramamurthy	2226 D.Kalyan Rao	<b>Rs.300/- Smt./Sri</b>	1555 M.N.Rajeev
824 A.R.S.Sharma	2308 P.M.A.Dhanaraj	577 S.H.Vyasa Rao	2123 V.S.Ramamurthy
1033 R.Jayarman	2412 K.S.Sampath	616 K.V.Bhima Rao	<b>Rs.500/- Smt./Sri</b>
1292 V.Ranganatha Rao	2482 N.K.Subramanian	800 K.Shivaswamy	210 M.L.Kulkarni
1388 G.Gopal	2643 D.H.Krishna Rao	1070 T.R.Narayana	406 T.Kannan
1575 R.Nagaraju	2776 B.Balasubramanyam	1147 K.B.Kulgod	<b>Rs.750/- Smt./Sri</b>
1778 C.N.Krishnamachar	2828 R.Srinivasa	1233 A.Sadananda	1700 A.Prakash
1795 M.Lakshman Rao	S-272 D.V.Sathyanarayana	1933 D.P.Ananthapadmanabha Rao	

**We Welcome the Following Newly Enrolled Members**

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	T.C. Guru	Postmaster, Grade II, K.R.Nagar Post Office, Mandya Division	LM 2988
2	M. Ramakrishna	LSG Supervisor, Bangalore City RMS, Bangalore	LM 2989
3	I.L. Ramaswamy	Sorting Assistant, Bangalore City RMS, Bangalore	LM 2990
4	S. Ramesh	LSG Supervisor, Bangalore City RMS, Bangalore	LM 2991
5	B.S. Krishna Naik	LSG Supervisor, Bangalore City RMS, Bangalore	LM 2992
6	Jagadeesha	Postman, N.R.Mohalla Post Office, Mysore	LM 2993
7	W. Vijaya Rao	Sub Postmaster, HSG I, Chamarajapet PO, Bangalore	LM 2994
8	S.K. Rave	LSG Supervisor, Bangalore City RMS	LM 2995
9	Lakshmi Devi (FP)	W/o. the Late C. Subramani Stg. Postman Srirampura P.O.	LM 2996
10	E. Jayasekharappa	Sub Postmaster, Kolar Extn. P.O.	LM 2997

LM: Life Member

ALM: Associate Life Member

ALL INDIA CONSUMER PRICE INDEX					
Month	CPI Base 2001=100	12 Months' Total	Monthly % increase Ave.	7th CPC % increase over 261.42	DR due
June 19	316	3673	306.08	17.08	17% from July 2019
Dec 19	330	3809	317.41	21.42	21% from Jan 2020 (Frozen)
May 20	330	3903	325.25	24.42	

DA/DR wef 1-1-2020 : 21% - **FROZEN** Vide MoF, DoE, OM dated 23-4-2020

**BSNL IDA**

From 1-4-2020 159.90% (0.8% **Decrease** from April 2020 rate of 160.7 %

**PENSIONERS' CHAMPION**

15

**JULY 2020**

## Combating Corona Virus – COVID-19

### AN APPEAL

#### DONATE LIBERALLY TO KARNATAKA CHIEF MINISTER'S RELIEF FUND THROUGH KARNATAKA P&T PENSIONERS' ASSOCIATION

Donations may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association" or by crediting the amount to the Association's bank account.

**Bank: State Bank of India**

**Branch: NTI Layout branch, Vidyanarayapura, Bangalore**

**Current Account No.36418697411 IFSC:SBIN 0009045**

**Cheques may please be sent by speed post to:**

K.R.Anantha Ramu, No 1158, 7th Main,

7th Block, HMT Layout, Vidyanarayapura, Bangalore-560097. (Mob: 9448477129)

**Please do inform us if the amount is credited to the bank account.**

#### List of Donors - July 2020

#### Donation for the Karnataka Chief Minister Relief Fund - Covid-19

Sl No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.
1	T.V.Srinivasa Murthy	129	36000	4617
2	M.Ramaiah	3	10110	4620
3	B.Basavaiah	928	10000	4614
4	K.B.Krishna Rao	1131	10000	4616
5	Sunanda Jothi (Mrs Hari Rao)	1013	5000	4613
6	J.L.N.Sharma	2600	2000	4619

**Regd. Journal**

*If undelivered, please return to:*

**Karnataka Posts and**

**Telecommunications**

**Pensioners' Association (R)**

**165, 4th Main, 3rd Block, 3rd Stage,  
Basaveshwaranagar, Bengaluru-560 079.**

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