



Monthly Journal of
KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

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VOLUME XXI

ISSUE 8

AUGUST 2020

Annual Subscription : Members- Rs. 150/- Others - Rs. 200/- Single Copy - Rs. 18/-

Silver Jubilee Year 2019-2020
25 years in the Service of Pensioners

**Grant of increment to pensioners who retire/retired
on 30th June and 31st December**

The demand of Pensioners who had retired on 30th June (whose increment was due on 1st July) for grant of notional increment for pensionary benefits has not been considered by the government though the Supreme court has dismissed on merits the SLP-22283/2018 on 23-7-2018 and review petition on 8-8-2019 filled by the government in Ayyamperumal case against the order of High Court of Madras passed on 15-9-2017 in WP No. 15732/2017 ordering grant of notional increment for pensionary benefits.

In the 47th meeting of the National Council, JCM held on 13th April 2019, the then Cabinet Secretary Shri P.K.Sinha, ruled

that where the Supreme Court has given decision in rem (against a thing or subject matter), it will be implemented in the case of all similarly placed personnel.

But, in a subsequent order issued by Central Board of Indirect Taxes and Customs vide letter dated the 18th October, 2019 in consultation with the Department of Personnel and Training clarified that the court order issued in Ayyamperumal case is in "personam" (affecting a specific person)

And therefore government will not issue a general order extending the court order to all similarly placed personnel.

KP&TPA, had requested the govt. to amend the relevant rules to provide for grant of increment on the date of retirement of the official, if he had completed one year service from the date of earning the previous increment and extension of the provisions of the amended rule to all pre and post 2006 pensioners, as a onetime measure, which would be in tune with the personnel policy of the government and would resolve the long pending justified demand of the pensioners. NCCCPA also passed a resolution on the subject in its All India Delegates Conference/ General Body meeting held at Jaipur on 1st and 2nd November 2019 demanding amendment to the relevant Rules which is in consonance with the suggestion of KP&TPA [Full text of the suggestion in pages 1-3 of Pensioners' Champion- February 2019 issue and page -7 of November 2019 issue]

But in spite of all the above said developments, government has not yet issued any order acceding to the legitimate demand of pensioners. Many aggrieved pensioners have filed OAs before CAT and their applications

have been reportedly allowed. We understand that CAT Hyderabad, during this month, has allowed applications of about 25 pensioners.

KP&TPA wishes to examine the necessity of filing an application before the CAT, Bengaluru. Hence our members who had retired on 30th June (under 6th CPC regime) and 30th June/ 31st December (under 7th CPC) are requested to furnish the following particulars to facilitate the association to seek legal opinion in the matter.

- 1) Name
- 2) Date of retirement
- 3) Date of drawal of the last increment
- 4) Whether approached CAT, If yes, the result thereof with OA No. and date of the order, if decided
- 5) Present status

The above particulars may please be furnished by:

**Email: pensionersbhavan@gmail.com
or through WhatsApp message to
Mobile No. 9483467750**

MEMBERSHIP OF THE ASSOCIATION

Glad to inform our members and well-wishers that the membership of the association has reached 3000 in August 2020. With this, KPTPA will be the biggest P & T Pensioners' Association in the state of Karnataka. Thanks to all members, well-wishers, and patrons of the association, who helped the association in reaching this milestone in nearly 3 decades of its existence.

Founded in 1994 by the illustrious P&T Trade union leader, Com. N.Bhaskaran with about 200 members, supported by S/s. V S Gopalakrishnan, S Natarajan, K.C.K Naidu, M M Belliappa and S Krishnan in the earlier years of its establishment and by S/s. B. Sadashiva Rao, IPoS (Retd), N. Muthusubramanian, M.Ramiah and S.M. Vittal Rao, in the later years, and many Pensioners retired from the Department of Posts, BSNL & other Central Govt. Departments, KPTPA could establish its presence amongst the Pensioners Associations in the county. Identification of the association by the Department of Pension and Pensioners' Welfare under the National E-Governance Plan (NeGP) and its nomination to the Standing Committee of Voluntary Agencies (SCOVA) for 3 terms of 2 years each, its initiative & efforts in submission of a Common Memorandum (One memorandum) to the VI CPC, publication of a compendium on pension, which has so far seen 8 editions and construction of its own buildings in Telecom Layout off Bengaluru Intl. Airport Road, one in 2012 & another in 2018, named 'Pensioners' Bhavan', were the other milestones reached by the association.

Postal Pensioners- SMS on pension credit

Many of our members getting their pension from Post Offices informed us that they were not getting SMS alerts regarding credit of pension to their PO SB accounts. The information furnished by some of the members revealed that while a few got the SMS on 29th, others got it on 30th, a few others on 31st and some did not get the message at all. Some got SMS on debit of money from their accounts while SMS on credit was not received. This clearly established that the system had not stabilized. If the messages get generated automatically on credit of pension to SB accounts and transmitted immediately to the registered mobile phone of the Pensioner, (as it happens in the case of pensioners who get their pension from banks) such irregularities might not have occurred.

Smt N. Nagalakshmi, retd. ACAO, Executive Committee Member KP&TPA, taking personal interest in the matter, brought this to the personal notice of Dr.Charles Lobo, Member (O) Postal Services Board and Smt.Sridevi, DDG (Technical). On their advice, a note with examples explaining the irregularities that usually occur in receipt of SMS was sent with a request for remedial action.

We are extremely glad to note that immediate action has been taken by the Directorate and instructions have been issued to all concerned for Digitalisation of Pensioners Data facilitating communication of information to pensioners on every transaction through SMS alerts.

A model SMS and the instructions issued by the Postal Directorate are reproduced below.

Model SMS

Pension for (month):	22450
D R :	3817
FMA :	1000
Addl. pension :	0
Deductions :	0
Arrears :	0
Income Tax deduction :	0
Net pension :	27267
Credited on (date):

Instructions from the Directorate to All Heads of Circles & All GM (F)/DA(P)

Subject: Digitilization of Pension Data

It has been directed by the Secretary (Posts) that the mobile number data of all the pensioners shall be included in the database of the HR module of CSI so that important information reaches the pensioners on every transaction through SMS

2. In this context CEPT has made the necessary provision in the HR module and process to be followed to capture the mobile details in the software is enclosed herewith for the ready reference.

3. All DDOs may kindly be instructed to capture the mobile details of all pensioners as early as possible so that the SMS reaches the pensioners every month.

Dr Praveen Kumar Saraswat,
ADG (PO)

Our Readers Write

July issue of the Journal has come out very well with lot of information particularly on Health /CGHS matters. Kudos to Sri K B K Rao for his efforts in publishing/releasing the journal.

M.N. Gopinath, Vice President, KPTPA

The July 2020 issue is very useful especially on medical care to Senior Citizens on the threat of Corona Virus pandemic. Great effort by the Association.

K. Sethumadhavan, Rtd Sr. PS to CPMG BG.

Grade pay of
Rs.4600 to Pre 2006
Pensioners

**General Manager Finance, Postal Accounts,
Ahmedabad disposes of a grievance registered
by KPTPA within 3 days.**

Email by the association to the GM reproduced below

No. KPTPA/Grieve/2020

dated at Bangalore

the 19-08-2020

To
The General Manager Finance
Postal Accounts Office,
1st Floor, GPO Building
Ahmedabad-380001

Sir,

**Subject: Disposal of a grievance on
pension revision within 3 days**

We are extremely glad to place on record the promptness with which your office disposed of the grievance registered by this association on CPENGRAMS of the Department of Pension and Pensioners Welfare on 26-7-2020 regarding revision of pension of a postal pensioner. The details are as stated below.

2. Pension of Shri B G Mehta, retired sub postmaster HSG-I, Jetpur Post Office, Gondal Division, Gujarat was required to be revised further in accordance with DOPPW OM dated 9/7/2019 issued consequent upon the decision of the government to consider the grade pay of Rs.4600 as the corresponding grade pay in the case of pre 2006 pensioners retired in the V CPC pay scale of Rs.6500-200-10500

and his pension was due for revision from Rs.23800 to Rs.24500 in level 7 wef 1-1-2016 in terms of DOPPW OM dated 9/7/2019.

The grievance registered on 26-7-2020, received by your office on 27-7-2020 was disposed of on 30-7-2020 by issuance of a revised PPO authorising pension payment at Rs.24500.

The speed with which the grievance was disposed of by your office is unparalleled and unprecedented that has come to the knowledge of this association in the recent past and it is highly appreciated.

Thanking you

Yours faithfully
K B Krishna Rao
Secretary

Copy to :

- 1) The Sr. Dy. Director General
Postal Accounts and Finance (PAF)
New Delhi 110001 for information
- 2) The Chief Postmaster General
Gujarat Circle, Ahmadabad 380001
for information
- 3) Director (P), Dept. of Pension & PW,
New Delhi-110003 for information

Proposal for allowing bunching benefit to Inspector of Posts Cadre wef 01.01.2006, Dept. of Posts, [Establishment Division/P.A.P. Section] F.No.41-03/2020-PAP Dated: 20.08. 2020

EXTRACT OF THE ORDER

Ministry of Finance, Department of Expenditure has clarified that _____, the revised pay of inspector of posts cadre as on 01.01.2006 will be fixed under rule 7 of CCS (RP) Rules 2008 _____ if the resultant figure (i.e. revised pay on Pay band + Grade Pay) is less than the entry pay of inspector of Posts of GP Rs 4600 i.e. Rs 17140, then Inspector of Posts, may be granted the minimum entry pay of Rs 17140 w.e.f 01.01.2006. **The bunching benefit on Entry Pay of Rs 17140 as proposed by D/o Posts, is not in order and hence not agreed to.**

PENSIONERS' CHAMPION

4

AUGUST 2020

**Grade pay of
Rs.4600 to Pre 2006
grade S-12 retirees**

Revision of pension of Pre-2006 pensioners under 6th&7th CPCs in terms of DoP&PW OM dated 4-1-2019 and 9-7-2019 issued consequent upon the decision of the government to consider the grade pay of Rs.4600 as the corresponding grade pay in the case of pre 2006 pensioners retired in the V CPC pay scale of Rs.6500-200-10500 and corresponding pay scales under the earlier pay commissions.

**Department of Posts
calls for immediate action to settle all pending cases**

Letter from the Department reproduced below.

*Gol, Ministry of Communications, Department of Posts (Pension Section)
No.100-6/2017-Pen dated 30th July, 2020*

To: All Heads of Circles

Revision of Pension w.e.f. 1.1.2016 of Pre-2006 pensioners who retired from the 5th CPC scale of Rs. 6500-10500 or equivalent pay scale in the earlier pay Commission periods.

Madam/Sir,

I am directed to refer to this Department's letter No.4-1(2)/2019- Pension dated 31.01.2019 forwarding there with DoP&PW's OM No.-38/33/2012-P&PW(A) dated 04.01.2019 on the above subject. Reference is also invited to letter of even number dated 09.07.2019 forwarding there with DoP&PW's OM No.38/33/2012-P&PW(A) dated 09.07.2019 on the above cited subject.

In this regard, representations have been received from various quarters for non-implementation of above said order with the request to take immediate action for clearing pending cases of pre-2006 pensioners.

In view of above, it is requested to instruct the concerned officials to take immediate necessary action to settle the pending cases. Efforts may also be taken to ensure to identify those cases which fall under the preview of DoP&PW instructions.

This may be accorded Top Priority.

Yours faithfully,
(Tarun Mittal)
Asst. Director General (Pension)

Editor's Note

*We understand that in Karnataka Postal Circle there are no pending cases. However, we request our members who had retired from the following pay scales to write to us furnishing the relevant details for pursuing the matter with the General Manager (Finance), Postal Accounts, Bangalore, **IF THEIR PENSION HAS NOT YET BEEN REVISED AS PER THE ABOVE ORDER.***

Pay scales from which the pensioner must have retired

A) Retirement between 1973 & 1985:IIICPC

- (1) Rs.650-30-740-35-880-40-960
- (2) Rs.700-30-760-35-900
- (3) Rs.650-30-740-35-880-40-1040
- (4) Rs.775-35-880-40-1000
- (5) Rs.650-30-740-35-880-40-1200
- (6) Rs.650-45-1100-50-1200
- (7) Rs.775-35-880-40-1000-40-1200

B) Retirements between 1986 & 1995:
IV CPC (1) Rs.2000-60-2300-75-3200
(2) Rs.2000-60-2300-75-3200-100-3500

C) Retirements between 1996 & 2005 :
V CPC Rs.6500-200-10500

**COORDINATION COMMITTEE OF
CENTRAL GOVERNMENT PENSIONERS' ASSOCIATIONS, KARNATAKA (R)**

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Mob: 9483467750

S. Radhakrishna

General Secretary
Mob: 9448880921

O.M.Bhaskaran

Treasurer
Ph:080 23451578

**MINUTES OF CGHS ADVISORY COMMITTEE MEETING
HELD ON 17.7.2020 THROUGH VIDEO CONFERENCE**

Sri S.Radhakrishna, General Secretary, welcomed the Advisory Committee Members, to the virtual meeting, which was organised to elicit views of members to draw up Agenda for the meeting with Dr. M. Revathi, who has recently taken over charge of Additional Director (CGHS), Bengaluru. He requested Sri Krishna Rao, Chairman, to preside over the meeting.

Initiating the discussion, K.B. Krishna Rao, Chairman, referred to the discussions he had with Dr. Revathi, Additional Director, CGHS Bengaluru, on 2.7.2020 in the context of alarming Pandemic Covid-19 situation in the city. He brought to the attention of members about the grave concern she had towards the welfare of beneficiaries, senior and very senior CGHS beneficiaries, in the present context, with the number of virus infected patients increasing day by day which include many of the CGHS beneficiaries also and her impassioned appeal to all to take care of their health and stay home unless needed to go out for unavoidable reasons of health requiring immediate medical attention in case of an emergency. She had also requested him to advise CGHS beneficiaries to follow the guidelines, issued by CGHS from time to time. He also informed that he had already circulated advisory of AD, CGHS, after taking her consent, through whatsapp to all the CGHS advisory committee members and some beneficiaries for their information. This advisory had been forwarded by some beneficiaries to their contacts also, throughout India, who had

contacted him for confirmation. As these directives were issued by the AD, CGHS, Bengaluru, they were informed that these directives were applicable only to those who come under the jurisdiction of CGHS, Bengaluru. At this juncture, he also referred to the guidelines issued by the CGHS Directorate, - vide its OM dated 10.07.2020.

With this, he requested the members to initiate discussions and requested them to suggest subjects, if any, they like to include in the Agenda for the meeting with AD, CGHS, Bengaluru.

SUGGESTIONS GIVEN BY MEMBERS:

1. PENSIONER OF GROUND WATER COMMISSION

Sri Radhakrishna informed that one of the Ground Water Commission pensioners had requested him, over phone, to request the Additional Director, CGHS, to reserve at least 10 beds in each of the empanelled hospitals under CGHS for use by CGHS beneficiaries in they are found POSITIVE after they undergo COVID 19 TEST.

In reply, Sri Radhakrishna opined that his suggestion is not practicable and cannot be considered/implemented because allotment of beds have to be done by the respective State Governments as per the instructions given by the Ministry of Home Affairs and CGHS cannot intervene in this matter.

2. Sri P. Vijayaraghavan

Sri Vijayaraghavan brought to the notice of the Committee that the empanelled hospitals under CGHS are not admitting the CGHS NON-COVID 19 PATIENTS without furnishing the COVID 19 certificates issued by the concerned authorities. As such, senior citizens, especially who are 80 years and above, are facing problems in getting admission. If they get serious ailments like heart attack or stroke or become breathless and if they are not admitted and given treatment just because COVID 19 CERTIFICATE has not been furnished at the time of admission, their life will be in danger. As such, CGHS has to be requested to take up with the empanelled hospitals to admit those patients, without waiting for COVID 19 CERTIFICATE, commence treatment and in the meantime, get them tested for COVID 19 also; thereby their life can be saved. He, therefore, requested that his suggestion may be taken up with the Additional Director.

Secondly, when CGHS beneficiaries affected by COVID 19 have to get admitted to the Private Hospitals, which are not empanelled under CGHS, those hospitals may insist for initial deposit by way of cash or ask the beneficiaries to pay the charges as prescribed by them and not at the charges prescribed by the State Government. In that event, he desired to know whether the CGHS officers will intervene and help them to get admitted without any hassles.

Sri Krishna Rao, again, brought to the notice of the member that, as per OM dated 10.7.2020, a) CGHS rates for treatment for COVID-19 in private empanelled hospitals in respect of CGHS beneficiaries in a City shall be as per the package rates prescribed by the concerned State Government and in case no such rates have been prescribed by the State Government in any CGHS City, the rates prescribed by the Government of NCT Delhi shall be applicable, till rates are notified by the concerned State Government,

b) For Non-COVID related treatment in private hospitals empanelled under CGHS, the normal CGHS package rates shall be admissible and CGHS beneficiary has to undergo COVID-19 test as per the approved rate before elective treatment procedure,

c) For treatment under emergency, the patient shall be treated in isolation ward till the COVID 19 test result is available,

d) If the beneficiary is found COVID 19 NEGATIVE, he shall be shifted to normal wards and normal CGHS rates will be applicable and if he is found COVID-19 positive, he shall be under treatment in COVID ward and prescribed rates shall be applicable,

e) COVID 19 test shall be permitted as per ICMR guidelines and CGHS rates shall be as per the rates fixed by the concerned State Government or actual, whichever may be less. If the State Government has not notified such rates in any CGHS City, the rates prescribed by ICMR are applicable till rates are notified by the State Government.

Sri Krishna Rao also informed the members that the Directorate-General CGHS has given clear directions to the CGHS empanelled hospitals, which are notified as COVID-HOSPITALS by the State Governments, have to provide treatment facilities to the CGHS beneficiaries as per the CGHS norms, and that all the CGHS empanelled hospitals, which are not notified as COVID HOSPITALS, shall not deny treatment facilities/ admission to CGHS beneficiaries and shall charge as per CGHS norms, for all other treatment.

Sri Krishna Rao suggested that, in spite of clear instructions given by the Government to the empanelled hospitals under CGHS, the CGHS beneficiaries may contact the respective CMOs of CGHS Wellness Centres or the officers in the CGHS office at Bangalore in case they find any problem in getting admission or in the settlement of bills. He also agreed to publish the names of CMOS/officers of CGHS

and their contact numbers in the WhatsApp Group and also in the Monthly Journal.

Sri Vijayaraghavan also desired to know in the case of CGHS beneficiaries, who died in normal course, whether CGHS Doctors can give death certificates thereby preventing any hassles in their cremation.

3) Sri Muninarayanappa

Sri Muninarayanappa suggested that the CGHS can take up with the Private hospitals, which are not empanelled under CGHS, to extend treatment for COVID-19 ON CASHLESS BASIS.

Sri Radhakrishna informed that as no formal agreement has been entered into, with the non-empanelled hospitals, CGHS cannot insist on them to extend treatment on cashless basis. CGHS beneficiaries have to pay and get reimbursement from CGHS later.

4) Sri A. Poobalan

Sri A. Poobalan suggested that the CGHS can arrange medical camps for CGHS beneficiaries to bring awareness on improving their immunity systems, which, in turn, may prevent them from getting affected by Corona Virus.

5) Sri R Lakshmanan

Sri R. Lakshmanan desired to know whether there are any procedures available to get the COVID results within a day, as the COVID results are now being given after 3 to 4 days and whether CGHS officers can intervene in the matter.

Sri Krishna Rao informed him that the CCCGPA is not competent to answer this question. CCCGPA or CGHS cannot ensure that the lab must give results immediately. He suggested that the patients have to be in home quarantine till they get COVID certificate. As per the latest information given, even the Registered Medical Practitioner can give prescription to get COVID 19 test done.

6) Sri G.M. Pillai

a) TREATMENT FOR COVID 19 PATIENTS

It is understood that CGHS is not playing much role in the treatment of beneficiaries having COVID 19 symptoms, as it has been left to the government of Karnataka and such patients have to report to the Fever Clinic, notified by the BBMP. Test is conducted by paying cash and the results when arrived are intimated to the Government and they will direct the beneficiary to the designated hospital depending upon the availability of beds. It is suggested that beneficiaries having symptoms be allowed to avail treatments from the CGHS empanelled hospitals of their choice, as is done in other cases. The hospital in turn can report the case to the Government for maintaining the statistics.

In reply, Sri Radhakrishna informed that the CGHS cannot be requested to agree to the suggestions of Sri Pillai because the Ministry of Home Affairs and CGHS Directorate have clearly instructed that the CGHS beneficiaries have to follow the guidelines of respective State Governments in the matter of treatment of COVID-19 patients.

b) Supply of LP medicines

In most of the cases the beneficiaries have to visit the Wellness Centre twice for obtaining the medicines, as some medicines are procured through local purchase. Since the CGHS is procuring the LP medicines from the local chemists, it is suggested any of the prominent pharmacies such as Apollo or Med Plus be authorized to supply the LP medicines on credit to the beneficiaries if they produce an authority issued by the CGHS

In reply, Sri Radhakrishna, G S stated that the suggestion cannot be made to CGHS Bangalore as it is a policy matter to be decided by the Health Ministry/ CGHS Directorate. Further, there are sets of procedures to be followed like empanelment of Pharmacies, entering in to agreement for supply of medicines to beneficiaries on credit basis etc.

7) Sri R. Srikanta

Sri Srikanta suggested that at least one set of PPE Kit may be provided by the CGHS to each of its Wellness Centres so that the Doctors can examine patients without any fear of contracting infection. Otherwise, the Doctors, with fear of contracting infection, will not even check B.P. or pulse rate or heartbeat of patients and direct them to get medicines based on earlier prescription, which may not be of use from the patients' angle. He requested that his suggestion may be taken up with the Additional Director, CGHS, as and when the meeting is fixed with her.

On a clarification sought by Sri Krishna Rao as to whether the Doctors wearing this PPE can check BP, pulse rate, etc, Sri Srikanta informed that he is making this suggestion only after consultation with two or three Doctors known to him.

Sri Srikanta also suggested that, when the CGHS beneficiaries get admitted to the private hospitals either empanelled under CGHS or not for COVID 19 OR NON-COVID TREATMENT, the CGHS has to hand over a letter to the concerned hospitals authorising them to treat those patients as per CGHS rates for NON-COVID treatment or as per the rates prescribed by the State Government for COVID treatment so that there will not be any hassles either at the time of admission or at the time of discharge.

Sri Radhakirshna, General Secretary, informed the members that the date and time of the meeting with the Additional Director, CGHS, will be intimated to the members when once she confirms the date.

With the above, as there were no other issues for discussion, the meeting ended with a vote of thanks to the Chair.

PENSION ANOMALY CASE

[Anomaly in pension of BSNL Pensioners, who retired between 1-10-2000 and 30-6-2001 – i.e., within 10 months of formation of BSNL]

Message from Sri P Gangadhara Rao, General Secretary, All India BSNL Pensioners Welfare Association reproduced for information

We filed the case before Principal Bench CAT Delhi and we got a favourable judgement on 16/12/2016. But it was not implemented. So we filed contempt petition. DoT filed writ appeal against CAT judgement.

Contempt proceedings were dropped but we were given the liberty to revive the petition in the event of survival of CAT order in Delhi HC.

Delhi HC dismissed the appeal on 24/1/2020 directing the respondents to implement CAT order within 8 weeks.

That time-line ended on 24/3/2020. Meanwhile we wrote to DoT to implement the judgement and our representatives in Delhi viz. Anupam Kaul and R.L. Kapoor were constantly following up the matter.

Establishment Section of DoT sent the file to Pension department and it is understood that they have given green signal to implement the decision with a rider to seek the approval of Expenditure department.

So, the file was sent to DoT Accounts/Finance wing. The file is lying there for several weeks. The file has to go to Expenditure department and then to Legal department also.

We had to tolerate some delay because of lockdown. In view of the inordinate delay we have revived the contempt petition before Principal Bench, CAT, Delhi today by filing the petition virtually. On behalf of our Association Shri R L Kapoor signed the petition.

P Gangadhara Rao

**Donations for the
Karnataka CM's Calamity Relief Fund and Covid-19 Fund**

A SUM OF RS. 1,00,000/-(One Lakh) RECEIVED FROM MEMBERS UP TO 10-8-2020 WAS REMITTED TO THE GOVERNMENT OF KARNATAKA BY CHEQUE NO. 979302 DATED 11-8-2020 drawn on SBI, NTI Layout Branch, Vidyaranyapura, Bangalore.

AN APPEAL

State of Karnataka which had already been facing unprecedented stress on its economy due to the Pandemic Covid-19 situation with ever increasing number of Covid-19 positive cases running in to lakhs of infected persons requiring critical health care, has during August, again faced devastation due to torrential rains, floods, landslides resulting in loss of properties, human and animal lives. This calls for generous donations being made to the State Government Relief Funds. DONATE LIBERALLY TO KARNATAKA CHIEF MINISTER'S RELIEF FUNDS THROUGH KARNATAKA P&T PENSIONERS' ASSOCIATION. Donations may please be remitted by crossed cheque payable to "Karnataka P&T Pensioners' Association" or by crediting the amount to the Association's bank account.

**Bank: State Bank of India | Branch: NTI Layout Branch,
Vidyaranyapura, Bangalore
Current Account No.36418697411 IFSC:SBIN 0009045**

Cheques may please be sent to:

K.R.Anantha Ramu, No 1158, 7th Main, 7th Block,
HMT Layout, Vidyaranyapura, Bangalore-560097. (Mob: 9448477129)
Please do inform us if the amount is credited to the bank account.

List of Donors - AUGUST 2020

Donation for the Karnataka Chief Minister Relief Fund: Covid-19

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.
1	V.Gopal	2157	10000	4640
2	V.V.Thiruvengadm Mudaliar	1097	5000	4639
3.	N. Ramaiah	1174	5000	4652
4	K.R. Anantha Ramu	2067	5000	4642
5	S. Vedagiri	721	3000	4646
6	S.N. Krishnamurthy	847	500	4648

The following members are requested to renew their subscription for the journal

No.	Name Sri/Smt.	No.	Name Sri/Smt.	No.	Name Sri/Smt.
1207	Sunithi	1273	Y L N Chetty	1299	M V Damodarachrya
1230	R Bhuvanewari	1286	M M Hanji	1320	G V Lakshminarayana
1246	N G Govinda Rao	1287	Vijayasundari	1332	K Vasudevan
1257	C M Karunakaran	1294	S Paramasivan	1336	G K Sebastian
1274	V Muthukumar	1298	B S Jayaram	1339	Nagamani S Rao

**COORDINATION COMMITTEE OF
CENTRAL GOVERNMENT PENSIONERS' ASSOCIATIONS, KARNATAKA (R)**

212, "Kaveri", 7th 'A' Main, Hampinagar, Bengaluru-560 104. E-mail: cccgpabangalore@gmail.com

K.B.Krishna Rao Chairman Phone:080 23230545 Mob: 9483467750	S. Radhakrishna General Secretary Mob: 9448880921	O.M.Bhaskaran Treasurer Ph:23451578
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**Minutes of the Management Committee meeting of
CCCGPA held on 20.06.2020**

A meeting of the Management Committee of CCCGPA was held on Saturday the 20.06.2020 at 11.30 AM through video conference using Zoom platform.

2 The Agenda was as follows.

- i. Confirmation of the last meeting of the Management Committee held on 17.12.2019
- ii. Annual General Body Meeting and election to the Management Committee for 2020-22
- iii. Accounts for the year 2019-20
- vi. Activities of CCCGPA and Affiliates during lockdown period
- v. Freezing of Dearness Relief
- vi. Pension Adalat-review
- vii. Central Government Health Scheme-problems during lockdown period
- viii. Draft National Policy for the welfare of senior citizens 2020
- ix. Any other subject with the permission of the Chair

3. The following members participated in the video conference.

- CCCGPA :** (1). S/s. K.B.Krishna Rao, Chairman
(2). P.V.R. Murthy, Vice Chairman
(3). S.Radhakrishna, General Secretary
(4). T.V.Suryaprakash, Joint General Secretary
(5). V.Gopal, Joint General Secretary
(6) O.M.Bhaskaran, Treasurer
(7). B.Sadashiva Rao, Permanent Advisor

Representatives of Central Govt. Pensioners Associations: S/s. H.B.Gundu Rao, R.S.N.Murthy, M Janardhanan, Dr. M.R.Hegde and Smt.Juliana Vincent,

Representatives of Autonomous body pensioners associations: S/s. A.N.Balaram, Jacob Daniel, K.K.Gupta, K.Velu, K.Nanjundeswaran , Thammaiah, Narayana Namboodari

CGHS Advisory Committee Members: S/s. P. Vijayaraghavan, A.Poobalan, K.R.Srikanta.

4. Shri S.Radhakrishna, General Secretary requested Shri K.B. Krishna Rao, Chairman, to preside over the meeting. He welcomed the members to the video conference. He explained that CCCGPA could not hold the quarterly meeting due in April 2020 as there was lockdown in Bengaluru due to the spread of new Covid 19 pandemic. He said that, since the pandemic shows no sign of receding in the near future, it was decided to hold a virtual meeting through video conference on 20.6.2020. He specially welcomed Shri B. Sadashiva Rao, Permanent Advisor, to the conference. He said that Shri N. Bhaskaran, the other Permanent Advisor, could not attend for health reasons.

5 Minutes: The General Secretary placed the minutes of the last Management Committee meeting held on 17.12.2019 for confirmation. He said that they were circulated through email to all the affiliates. The minutes were approved.

6 Annual General Body meeting for 2020: GS intimated that the Annual General Body meeting would be generally held in the month of August and that this year, election to the Management Committee of CCCGPA for the

period 2020-22 is also due. He said that there is no indication that the pandemic situation will improve in the next 6 months. As such, it may not be advisable to hold AGB in August 2020 and that the election of MC is not possible without AGB. He, therefore, suggested that the AGB can be postponed indefinitely i.e. till the situation gets normal and the present members of the Management Committee may continue in the meanwhile. Shri Sadashiva Rao agreed to the suggestion and said that a resolution to that effect may be passed. A resolution was unanimously passed to the effect that present management committee shall continue until the conditions become favourable to conduct the AGB meeting. It was further decided to continue the services of GRSM & Associates, the Statutory Auditors for the present. Accordingly, a resolution was passed, in this connection also.

7 Accounts for 2019-20: Shri O.M.Bhaskaran, Treasurer, read out the Annual Accounts for the year 2019-20. He said that, due to Covid 19 pandemic situation, it was not possible to give the accounts for audit and therefore, the unaudited accounts have been placed for approval. He said that some 8 Associations have not yet paid the subscription fee for the year 2019-20 and he read out their names. Representatives of three Associations, who were in the meeting, said that they would remit the fees immediately. He also requested the affiliates to pay the subscription/donation due to be paid for the year 2020-21. The Chairman said that reminders through emails followed by WhatsApp messages will be sent to the affiliates requesting them to arrange for payment at the earliest. He said that the accounts will be submitted for auditing as soon as the pandemic situation improves.

8 Activities: GS said that because of the pandemic, even the monthly journals of KPTPA, CBPA, KCGPA and IA & AD Pen Assns. could not be published. He said that he and the Chairman kept in contact with the AD, CGHS. However, there were a few virtual

meeting through Zoom, where doctors and others were invited to give talks, the details of which are given hereunder:

1. Covid-19 –Keeping Healthy In Current Situation – By Dr. Vivek Baliga, General Physician & Cardiologist On 18.04.2020
2. How to manage our Mental Health During Covid-19 –By Dr. Venkataraya Bhandari on 25.4.2020
3. Geriatric Food for Building Immune System – By Sri Bhaskaramurthy, Head of Nutrition & Dietician on 4.5.2020
4. How to maintain Best Respiratory/Chest Health in the Time of Covid-19 – By Dr. Suma Kumar, Medical Director and Consultant – Pulmonologist, at Excel Care Hospital, Bengaluru on 16.5.2020
5. Writing of different types of Wills and Gift Deed – By Smt. Shwetha Anand, Sr. Advocate on 21.5.2020
6. Investor Education Programme – All Age Groups By Sri M.K Krishna, Ex-chief Manager, SBI & Advisor/Trainer (Consultant)-Knowledge Management on 30.05.2020
7. Eye Care In Childhoow to Senior Age Group – Dr. Himanshu Matalia, Medical Superintendent, Narayana Nethralaya-2, Bommbasandra, Hosur Road, Bengaluru on 31.5.2020.
8. Awareness on Heart Attack, Signs, Symptomes and Emergency Treatment By - Dr. K.V. Srikanth, Consultant-Cardiology-Heart Transplant, Narayana Hrudayalaya, Bommasandra, Hosur Road, Bengaluru, on 14.6.2020
9. Department of Pension & PW had organised a webinar (video conference on 9.4.2020, to create awareness amongst pensioners on Covid-19 related issues. From Karnataka P&T Pensioners' Associations, five of its representatives, Viz: S/s. K.B. Krishna Rao, T.V. Suryaprakash, V Gopal, K R Anantha Ramu and Smt. N. Nagalakshmi participated.

In additional to the above, Sri S. Radhakrishna, General Secretary, spoke on 'Family Pension and other Related Issues'

through Power Point Presentation on 10.5.2020, which was very useful to pensioners/family pensioners.

The Chairman also informed that there was also a Video Conference on COVID-19: an initiative by the Department of Pension and Pensioners Welfare, on 9.4.2020., where doctors of AIIMS, New Delhi, addressed the representatives of recognised Central Government Pensioners' Associations on the Pensioners' Portal. The representatives of the 2 Associations-KP&TPA and KCGPA-participated. The gist of the same will be published in *Pensioners' Champion*, the journal of KP&TPA, hopefully, in June issue. GS said that it is proposed to hold a VC once in a month on relevant issues.

9 Dearness Relief freeze: GS explained that the Central Government has ordered to freeze Dearness Allowance and Dearness Relief from 1.1.2020 to 30.6.2021 (18 months). It has even cancelled the 4% DA/DR due from 1.1.2020 already approved by the Union Cabinet in March. GS said that it is a unilateral decision. 75% of the pensioners draw less than Rs.25000 pension, including family pensioners and they are hit hard by this decision. The matter has been taken up by NCCCPA in JCM. A petition filed by a pensioner in Delhi High Court on the issue has been dismissed.

10 Pension Adalat: Nil

11 CGHS: The Chairman explained various orders issued by CGHS, especially regarding Covid19. Unfortunately, since there were no journals from March itself, wide publicity could not be given. Various issues were raised by members. Shri Vijayaraghavan cited the

complaint of Shri S.S.Ramanatha Rao, ex-Vice Chairman, who could not attend the VC. One of the medicines, mentioned in the list, was not supplied in March and June. Shri Krishna Rao said that, on enquiry, the WC had replied that all the medicines were issued correctly. He said that he will take up the issue. He, however, advised that the medicines should be checked at the dispensary itself. Shri Gundu Rao said that he had to pay extra amount for the treatment in a referral hospital. Chairman advised him to get a note from the hospital and it will be referred to CGHS as a special case. Shri Srikanta said that doctors were not examining the patients, but prescriptions are being made as per the symptoms told by the patients or medicines prescribed earlier are repeated. He suggested that the at least one doctor in each W C may be supplied with Personal Protection Equipment (PPE) so that they may examine the patients without any fear. GS explained that the Health Ministry has advised the doctors to avoid physical contact. He said that it is the question of doctors' safety too and nothing can be done. Shri Poobalan suggested that CGHS should issue medicines to pensioners for improving immunity against Covid19. The Chairman said that CGHS has also specifically advised the beneficiaries to avoid going to WC, unless in an emergency case. All doctors advise that some exercise or yoga should be done by seniors regularly, which would improve resistance. Shri V. Gopal thanked Shri K.B. Krishna Rao for presiding over the meeting and all others for attending the meeting. The date of next meeting will be notified.

The video conference ended at 1.30 PM.

Visit our website: www.kptpa.org

Please pay your Subscription and Donations ONLINE by crediting the amount to the association's Bank accounts. Account numbers and IFSC details in pages 14 & 15.

OBITUARY

Comrade R. Seethalakshmi, a member of KPTPA, LM 2839 Ex-General Secretary AIPEU Postmen and MTS, Deputy Secretary General NFPE and Chairperson of Women Sub Committee CCGE & Workers expired at her residence in Bengaluru on 1st August 2020 at the age of 63 years. She is the first women union activist in the country to head AIPEU Postmen & MTS as its General Secretary. Her sudden and untimely death is an irreparable loss to Postal Employees movement in the country.



KP&TPA dips its banner in respect of the departed leader and conveys its heartfelt condolences to the bereaved family.

Sri B.N.Narasimharaju LM 2361, Former Divisional Secretary, AIRMS & MMSEU Group-D, Bangalore Sorting Dn. expired on 28-7-2020 at the age 67 years.

Sri V.S. Mahesh Sharma, LM 2361 retd. Head Mail Man, Bangalore City RMS expired on 30-7-2020 at the age 67 years.

Sri Sadashivaraju, LM 961, retd. Asst Postmaster, Gandhinagar P O, Bangalore expired on 14.8.2020 at the age of 77 years. He leaves behind his wife, 2 sons and 2 daughters.

The Executive Committee, KP&TPA conveys its heartfelt condolences to the bereaved families.

FOR THE ATTENTION OF OUR MEMBERS / SUBSCRIBERS

1) JOURNAL PENSIONERS' CHAMPION

Our Members/ Subscribers who would like to get their copy of the journal in PDF format through their email or WhatsApp, may please give their willingness and furnish their Email ID / Mobile phone number with WhatsApp facility to the Joint Secretary, KPTPA, **Sri V Gopal through SMS/ WhatsApp message on his mobile No.8197918085 or through his email — v.gopi.rao@gmail.com**

2) RENEWAL OF SUBSCRIPTION FOR THE JOURNAL

Please avoid remitting subscription by M O or Cheque as far as possible

Owing to the present pandemic COVID-19 situation and restrictions on movement of citizen aged 60+ because of the possibility of contracting the virus infection while moving around and standing in queues before the bank counters for depositing the cheques etc., we earnestly request our members and subscribers to renew their subscription by directly crediting the amount to the Association's bank account details of which are as below:

**Bank: State Bank of India Branch: NTI Layout branch,
Vidyaranyaपुरa, Bangalore
Current Account No.36418697411 - IFSC: SBIN 0009045**

Please do invariably inform us of the details of credit to enable us to acknowledge receipt of the amount and to renew your subscription.

APPEAL FOR DONATIONS FOR THE BUILDING FUND

We appeal to our **Members who have not yet paid** their contribution to the building fund please to remit their donation to facilitate provision of a lift to the new building. 45th list of donations is published in this issue.

Amount may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to: K.R.Anantha Ramu, No 1158,7th Main, 7th Block, HMT Layout, Vidyaranyapura, Bangalore-560097. (Mob: 9448477129) **or preferably, Credited to the Association's Bank account:**

State Bank of India, Branch: HMT Layout branch, Vidyaranyapura, Bangalore Current Account No.64209078453, IFSC:SBIN 0040659

Please do invariably inform us of the details of credit to enable us to acknowledge the receipt of the amount and to send you a receipt.

Donation for the Building Fund - 45th List					
Sl No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1426	M.T.Andalamma	2908	20000	4635	—
1427	M.L.Kulkarni	210	5000	4618	10000
1428	T.R.Narayana	1070	5000	4614	20000
1429	Dr.M.Ramachandran	3000	5000	4653	—
1430	K.Devanathan	2179	1350	4649	6080
1431	S.N.Krishna Murthy	847	500	4648	3000

We Welcome the Following Newly Enrolled Members

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	H.L.Manjula	Postmaster, HSG I, Basaweshwaranagar Post Office	LM 2998
2	Y.R. Kanna Bhatta	Mail Guard, Bangalore City RMS, Bangalore	LM 2999
3	Dr.M.Ramachandran	Director(RRF), North Eastern Council, Ministry of Mines, Shillong	ALM 3000

LM: Life Member

ALM: Associate Life Member

ALL INDIA CONSUMER PRICE INDEX					
Month	CPI Base 2001=100	12 Months' Total	Monthly % increase Ave.	7th CPC % increase over 261.42	DR due
June 19	316	3673	306.08	17.08	17% from July 2019
Dec 19	330	3809	317.41	21.42	21% from Jan 2020 (Frozen)
June 20	332	3919	326.585	24.92	24% from July 2020 (Frozen)

DA/DR wef 1-7-2020 : 24% - FROZEN Vide MoF, DoE, OM dated 23-4-2020

Accumulated percentage of DA/DR on 1-7-2020 expected to be released on 1-7-2021: 7%.

BSNL IDA		
From 1-7-2020	159.90% (0.8%)	Decrease from April 2020 rate of 160.7%)

Subscription received for Pensioners' Champion During July-August 2020

Rs.100/- Smt./Sri	Rs.150/- Smt./Sri	Rs.200/- Smt./Sri	Rs.300/- Smt./Sri
1698 M.Ramakrishnappa	1913 I.K.Sukhija	S-35 K.Markandeswara Rao	S-291 S.S.Nandi
Rs.150/- Smt./Sri	1954 T.G. Thimmegowda	S-145 M.G.Raykar	Rs.400/- Smt./Sri
221 M.K.Venkatesh	2019 V.S.Karanth	Rs.250/- Smt./Sri	xxxxx ???? (11-8-20)
571 Veerabhadraiah	2104 D.Kariyappa	1237 Dr. L.Radhamony	Rs.450/- Smt./Sri
837 P.G.Bhatta	2179 K.Devanathan	Rs.300/- Smt./Sri	838 B.L.Channappa
847 S.N.Krishna Murthy	2446 Abdul Gaffoor	136 M.R.N.Iyengar	1218 S.Seshadri(FP)
867 B.N.Malleshappa	2531 L.V.Ashwathanarayana	486 M.G.Nanjunda Swamy	1530 S.L.Nagaraj
958 K.R.Ananthakrishnan	2537 C.S.Krishna Murthy	574 H S Krishna Swamy	1852 H.M. Nagabhushana
1000 Prakash I R	2538 H.K.Nagarajan	1085 M.N.Gopinath	1879 L.M.Niranjana Murthy
1278 U.Manohar Shenoy	2540 K.S.Parameshwara Bhat	1223 S.Natarajan	2628 H.R.Bhagyalakshmi
1304 Kalappa Devira	2765 Parashuram Gajakosh	1351 K.Mahadevappa	2629 V.Jayalakshmi
1348 K.R.Rajendran	2786 S.Chandrasaha	1352 Shashikala Kodgi	2659 P.Kanniyappan
1389 A.Narasimha aithal	2822 C.Somashekharappa	1455 P.S.Krishnamoorthy	2782 M.K.Meera
1499 P.S.Ramamurthy	2840 R.Rangamma	1654 S.Ramanjalu (Rs.305)	Rs.500/- Smt./Sri
1533 V.Sivasubramanyam	2845 G.Guruprasad	1781 M.N.Shankar	1602 S.Sudarshan
1558 Shamasundar	Rs.200/- Smt./Sri	2018 A.G.Yelasangi	1754 D.Vasudevan
1582 Y.Seshadri	1559 S.B.Nagaraja Rao	2210 Syed Saifulla	1880 T.Viswanathan
1644 V.Gopal	2794 R.Kanagarajan	2489 Pratap Singh	Rs.600/- Smt./Sri
1735 K.Sethumadhavan	2873 G.Thyagarajan	2572 S.K.Joshi	505 G.Devaraj
1831 T.R.Sundararaja Iyengar		xxxxx A. Nagesh (20-8-20)	964 K.G.Krishna Murthy
Donation for the Association			1723 B.Lakshmana
Dhiren S Thakkar			2394 M.K. Appayya
C/o. G.M.Halvadia, Sihor, Gujarat			Rs.650/- Smt./Sri
			763 H.S.Krishna Murthy

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