



Monthly Journal of  
KARNATAKA POSTS AND TELECOMMUNICATIONS  
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)  
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

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**NATIONAL CO-ORDINATION COMMITTEE OF  
PENSIONERS ASSOCIATIONS (NCCPA)**

NCCPA has chalked out 4 staged Programme of Action to press for acceptance of the demands detailed in the charter of demands. The programme of action commences with Dharna at all District Headquarters on 21.04.2023 and culminates with March to Parliament on 21-07-2023

Details of the programme of action, the charter of demands and the draft of memorandum to be submitted to the Hon'ble Prime Minister are reproduced in pages 2-6.

Com K. Ragavendran, Secretary General, NCCPA has requested all Pensioners'

Associations to mobilise a good number of pensioners to participate in March to Parliament on 21-7-2023

All members of KP&TPA are earnestly requested to extend their whole hearted support to NCCPA in successfully conducting the agitations, participate in all the programmes and join the "March to Parliament" in New Delhi on 21-07-2023 in large numbers. Pensioners willing to join the march to Parliament may please give their names to the Secretary on 08023230545 or on Mobile No.7090151944

**28th ANNUAL GENERAL BODY MEETING**

Will be held on Saturday, the 12th August, 2023 @ 10-00 a.m. Venue: NGOs Hall, Cubbon Park, Opposite M.S. Buildings, K.R. Circle, Dr Ambedkar Veedhi, Bengaluru 560001

## Programme of Action by NCCPA

1. Dharna at all District Headquarters on 21.04.2023
2. Dharna at all State Headquarters on 23.05.2023
3. Mass Signature Campaign to be launched for two months from 21.05.2023 on the Charter of Demands of the NCCPA and handing over to Honorable Prime Minister of India on 21.07.2023 at the time of March to Parliament on 21.07.2023.
4. March to Parliament (Delhi) and Solidarity to N-JCA Programme on 21-07.2023 by mobilizing all Affiliates of NCCPA.

NCCPA calls upon the following pensioners associations to mobilise the number of pensioners indicated against their names to participate in March to Parliament on 21-7-2023.

AIBDPA = 1000; AIPRPA = 1000; ITPF = 100; Audit & Accounts = 100; Ground Water = 50; West Bengal COC: 200; Jaipur CGPA = 200; Nagpur CGPA: 100; Hyderabad CGPA: 100; Kerala CGPA = 200; **Karnataka P&T Pensioners Association: 100** and other Affiliates each 50 – These are the tentative figures to be organized by NCCPA Affiliates to Delhi March to Parliament on 21.07.2023

**(Accommodation for stay in Delhi for participants shall be arranged by respective Affiliates in Delhi)**

### Charter of Demands

1. Abolish NPS to all Central, State Government and PSU Employees and bring them under CCS (Pension) Rules, 2021 and out of PFRDA Act.
2. Constitute 8<sup>th</sup> CPC immediately to all CG Employees and CG Pensioners.
3. Release the impounded DA/DR Arrears for 18 months from 1.1.2020 to all CG Employees and Pensioners and arrears of 3 IDA installments to BSNL/MTNL Pensioners.
4. Revise the pension of BSNL/ MTNL absorbed pensioners from 01-01-2017 with 15% fitment, delinking wage revision.
5. Allow Updating of Pension to all Bank Pensioners.
6. Accept and implement all recommendations of Parliament Standing Committee including additional pension from 65<sup>th</sup> year of age, FMA enhancement to 3000/- per month etc.,
7. Improve CGHS functioning at all places – Grant higher ward entitlement to all retirees prior to 1.1.2006 also - Open Wellness Centers in all Districts – Merge CGHS – ECHS – RELHS as per 7<sup>th</sup> CPC recommendation – Implement Medical Insurance Scheme to Pensioners without delay - Do not delay fixing higher rates for treatment and pathological tests and empanel more private hospitals in the CGHS list -Ensure linking of CGHS with ABHA purely optional to beneficiaries.
8. Restore commutation after 12 years instead of 15 years.
9. Grant Option 1 as recommended by 7<sup>th</sup> CPC and also grant higher pay scales as granted to serving employees by each CPC to pensioners also who retired from the same post.
10. Grant Notional Increment to all 30<sup>th</sup> June Retirees from 1.1.2006.
11. Modify MACP date of implementation from 1.1.2006 instead of 1.9.2008 to all Civilian Employees by giving individual option to opt beneficial upgradation and refix the Pension accordingly, similar to Defense.
12. Grant MACP by discounting competitiveness-based examinations to all based on Court Judgments by amending the MACP Rules.
13. Grant of MACP to MTS, Mail Guard, Postmen and Postal Assistants who retired without MACP due to non-incorporation of any Bench Mark (very good etc.) in APAR.
14. Restore Travel Concession to Senior Citizens in Indian Railways that were removed during corona.
15. Enact Rules of Recognition for Pensioners Associations like CCS (RSA) Rules 1993 to recognize all India and State CGPA organizations of pensioners.

- **K. Ragavendran**, Secretary General, NCCPA

## **Draft of the Memorandum to be submitted to the Honourable Prime Minister of India on 21.07.2023 by the Affiliates of NCCPA**

We, the undersigned Pensioners belonging to different Pensioners Associations affiliated to the National Coordination Committee of Pensioners Associations submit the following memorandum containing our main demands for redressal from the Government of India headed by You Sir!

As decided by the National Executive Meeting of NCCPA held on 06.03.2023, we are submitting this memorandum containing 15 point charter of Demands. To focus attention on the Charter of Demands, we have observed dharnas on 21.04.2023 at all District levels and on 25.05.2023 at State levels to culminate in this March to Parliament along with the N-JCM for submitting this memorandum.

### **1. Continued stand of GOI to defend NPS:**

The National Pension System is nothing but a hoax wherein only the Central Government Employees and others are recovered 10% of their pay and DA without any guarantee to even the minimum pension guaranteed under CCS (Pension) Rules, 1972. The argument of the Central Government that only after a longer term the NPS will start yielding fruits is not based on facts as NPS was legally implemented for 18 long years! Even after many State Governments declaring that they are opting out of NPS and will implement only OPS for its employees, the Central Government and some of its agencies held out open threats against those State Governments. Not even a single world country is paying better pension than the Pay-As-You-Go Old Pension. Therefore it is not our fears but our experience to life that NPS is not going to pay pension at our old age as assured. We therefore request that the Central Government take back the PFRDA for the Central Government and Public Sector Employees and bring all work force under the CCS Pension Rules, 1972 now renamed as CCS (Pension) Rules, 2021.

### **2. Constitution of 8th CPC**

The Central Government Employees and

Pensioners are getting their wages and pension revision only after 10 years recently through Central Pay Commissions. The 7<sup>th</sup> CPC recommendations were implemented from 1.1.2016 and therefore by this standard the 8<sup>th</sup> CPC should have been formed by this time and its recommendations should be implemented from 1.1.2026. The intermittent talk that there may not be any CPCs in future is acting like a shock to the senior citizens, whose life is fully dependent on the pension revision. We also hear that the Government is considering the issue that aged pensioners above 75 or 80 will not be given any Dearness Relief compensation in future. Such attacks on the senior citizens are fully unjustified. Therefore, we request that the wage and pension revision through 8<sup>th</sup> CPC is appropriate and the Pay Commission may be constituted by the GOI immediately.

### **3. Payment of impounded DA/DR arrears:**

It is observed that repeatedly the Government is answering that the arrears of DA/DR from Central Government Employees and Pensioners impounded during the months of 1.1.2020 to 30.06.2021 cannot be paid due to the enormous expenditure spent by the Government to fight the menace of corona in the country. The claim by the Central Government is hollow as during this time of corona, the corporates of India were multiplying their wealth without any hindrance. Many Governments of the world nations have spent huge amount of their GDP to fight the menace of corona but ironically the Indian Government had spend only a fraction of that amount spent by different world countries. Therefore, we request for reconsideration and payment of entire arrears of DA/DR continued to be impounded.

### **4. Refixation of Pension to BSNL / MTNL absorbed Pensioners from 1.1.2017:**

The Central Government had modified the existing rules of 60:40 and accepted the

entire expenditure towards Pension. Therefore, there is no justification to deny the pension revision in the name of lack of revision of wages to BSNL/MTNL employees. Non-revision of pension after 1.1.2007 had left the BSNL / MTNL Pensioners without any upward revision for more than 16 years. We demand that at least 15% of fixation of pension benefits from 1.1.2017 should be immediately accepted by the GOI and implemented.

#### **5. Updation of Pension for Bank Retirees:**

It is ironical that the Bank Retirees who were fixed with 50% of the LPD as Pension at the time or retirement are never granted any updation of pension after their retirement decades back. The faulty argument raised by the GOI and IBA are not to be held for continued denial of updation of pension. The fact that huge sum is allowed to accumulate in pension fund in banks are pointed out by the Pensioners Associations of Banks are not denied by the IBA or any other agency. The agreements entered at the time of introduction of OPS to Bank retirees are continued to be violated in the name of court prejudices. NCCPA requests for reconsideration and updation of pension periodically at the same percentage along with the wage agreements to the Bank Employees.

#### **6. Implementation of Parliament Standing Committee recommendations:**

It is brought to your kind notice that the Parliament Standing Committee of Pension Ministry in its 110<sup>th</sup> Report had recommended many issues including grant of additional Pension from the age of 65 and grant of FMA at the rate of 3000/- per month. But the same Parliament Standing Committee in its subsequent report expressed satisfaction over the stand of the GOI to deny several of its recommendations due to financial crunch except the question of FMA, which is still under the consideration. Many recommendations of the Parliament Standing Committee are not new but already recommended by the CPC or pronounced judgments by the Courts of the land only. We therefore request the GOI to reconsider and implement the recommen-

datons of the Parliament Standing Committee.

#### **7. Improving the CGHS:**

The recommendations of Parliament Standing Committee include some items already recommended by the 7<sup>th</sup> CPC for merging different health systems under the Gol like the CGHS – RELHS – ECHS etc and for opening at least one wellness centre of CGHS in all revenue districts. The allotment of shrinking budgetary allocation to health sector by the Government in the recent budget shows once again that the Government is not worried about the health hazards of senior citizens all over the country suffering from lack of wellness centre for the CG Pensioners in their districts. The earlier assurances in some quarters that the rates of hospital charges etc will be shortly revised to attract many hospitals went out of empanelled lists are also now reportedly denied by the GOI in the name of Finance Ministry objections. This will not bring any remedy to the senior citizens who are denied treatment in many of the hospitals in a cashless way and cause innumerable hardships. We request that the GOI should reconsider its stand and open (1) wellness centres in all revenue districts; (2) enhance the hospital rates fixed as far back as in 2014; (3) Increase the number of empanelled hospitals; (4) Ensure supply of medicines to all beneficiaries without delay; (5) Augment necessary doctors and para medical staff in all wellness centres; (6) take action to merge CGHS – RELHS – ECHS systems into one system for the benefit of CG Employees and Pensioners.

#### **8. Restoration of Commutation after 12 years:**

The commutation of pension amount is recovered for 15 years and despite pointing out that the longevity of pensioners had increased and that rate of interest in FD and many other items in Banks have come down drastically, the period of recovery of commutation has not been reduced. The irony is that the total amount and its interest is being recovered by Government in less than 11 years but from every senior citizen a huge sum is being

recovered in the name of recovery of commutation. It is not out of place to mention that State Governments like Kerala and Gujarat had already reduced the period of commutation recovery to 12 and 13 years respectively. While the State Governments can reduce the period of recovery of commutation with their minimum resources in comparison with the Central Government, the continued recovery for 15 years by the Gol is not at all justified. We request that the period of restoration of commutation of pension should be ordered as 12 years by the Gol immediately and excess recovery from the senior citizens be refunded.

#### **9. Grant of fixation of pension in higher scales granted to same cadres:**

The Pension revision is granted only at par with the scale of pay in which the pensioner had retired and not on the scale of pay implemented to the same cadre or post by the Central Pay Commissions. The CPC admits and grants higher pay scale only because of justification by the service of the cadre in the past. Therefore, denial of that higher pay for pension fixation to the retired pensioners of the same cadre or post is not at all justified. Moreover, the pensioners who go to courts and win their prayers are extended the benefit but denied the same benefit to all other similarly placed pensioners. For example the recommended scale of 7450-11500 was implemented to all HSG-I prospectively from 1.1.2006 but all same cadre retired before 1.1.2006 were granted pension revision only on 6500-10500 scales. The stand of the Gol is not justified. The standpoint adopted by the Gol is to be changed and we request that the same scale of pay granted to serving employees by a pay commission be granted to retirees also for refixation of their pension.

#### **10. Grant of notional increment to 30<sup>th</sup> June Retirees:**

After 1.1.2006 the date of increment was changed to a system of granting the increment to all from 1<sup>st</sup> July. This has prevented many pensioners retired on 30<sup>th</sup> June without availing the due increment even after performing

the service for one whole year. The issue was settled for the pensioners who went to court and the prayer was upheld by Honorable High Courts and Supreme Court for the litigants only. It is not out of place to mention that the SLP and review petition filed by the Government against the pensioners were rejected but the stand of the Government that the judgment was not In-Rem in character and therefore cannot be implemented for all similarly placed is acting against the interests of several senior citizens. We, therefore request the GOI to grant the notional increment for all pensioners who retired after 1.1.2006 without getting the benefit of increment even after working for one whole year before their superannuation.

#### **11. Advance the date of MACP to 1.1.2006 instead of 1.9.2008:**

Denial of MACP implementation from 1.1.2006 to civilian employees while accepting the same for the Defence Employees, shows the clear discrimination against the Civilian Employees by the Government of India. The argument of the Government advocate in the Supreme Court and its acceptance by the Judge lacks justification on the face of the fact that the same benefit was extended by the same court to Defence employees and accepted and implemented by the Gol. The argument of the Advocate that any such advancement will act adversely on the ACP granted officials during that period is well managed in the Defence. Then how it can adversely affect the other civilian employees during the same period. Therefore, the Gol should come forward to extend the same benefit of implementation of MACP from 1.1.2006 to Civilians also.

#### **12. Grant of MACP to Promotees of Competitive Examinations:**

The MACP is built on the analogy of granting upgradation to those who are not granted promotions in the same cadre. There are two types of promotions in vogue. One is in-situ type of promotions granted by the Government. Other is the competitive exam based promotions earned by the efforts of the employees. Many Courts have ruled that the

competitiveness based promotions are to be discounted against the number of MACP upgradations granted to the officials. But the Government is not ready to change its stand on the issue. The promotions of in-situ and competitiveness are treated as same by the GoI and MACP upgradations are adjusted against both. We request that necessary change in the MACP rules may be effected to exclude the competitiveness based exams from the number of MACP granted to them.

**13. Grant of MACP to MTS, MailGuard, Postmen and Postal Assistants who were retired without MACP due to non-incorporation of any Bench Mark in APAR.**

Many MTS, Mail Guard, Postmen and Postal Assistant staff were retired without any MACP due to the new norm that APAR Benchmark is needed as "Very Good". The retired staff cannot be expected to perform now to earn any such benchmark in their APAR. Therefore, the change is to be made non-applicable to the retired staff who already retired from service after 1.9.2008 who could not get their MACP upgradations due to absence of their APAR Benchmarks.

**14. Restoring the Senior Citizen Train Ticket Concessions:**

During Corona time, the Government declared that it is withdrawing the travel concessions available to all Senior Citizens in the Railways. But even after the Covid-19 is under control and the Railways have started its full operations long back, the Senior Citizen Concessions have not been restored so far. Even after Railways started earning in full swing, not giving back the concessions to the Senior Citizens and making the profit increase to the tune of concessions is not in good taste. The Railways cannot be run in profit only by snatching a concession granted to the senior citizens. The action to continue to deny the existing concession to senior citizens is being looked into by many as the part of action plan of the Government to hand over the Railways to Private Players with more profit including the

portion of accrued due to the snatching of a concession to senior citizens. Hence, we request for early restoration of the concession to senior citizens.

**15. Enacting Rules of Recognition to Pensioners Associations:**

There are presently no rules of recognition available to recognize the Associations of Pensioners in India. SCOVA admission and admission into the Pensioners Portal is being done at the whims of the Government and not based on any strength granted as per recognition rules. The Central Government Employees are recognised based on certain Rules of Recognition called the CCS RSA Rules, 1993. The representatives of those Federations / Associations are selected by the respective recognized Federations / Associations to all the forums like JCM National Council or Departmental Councils. We request that necessary rules of recognition be framed to recognise All India Organisations and State CGPA Organizations after discussions with the stakeholders. This is very important as to ensure the functioning of Pensioners Associations in a democratic way and to address the genuine problems of all Pensioners of Central Government running into several lakhs.

**Appeal:**

The National Coordination Committee appeals that the above justified issues of Central Government and Public Sector Pensioners be settled by the Central Government and bring relief to lakhs of Pensioners and Family Pensioners community. We request that a fresh look be given to the above demands and fresh action be initiated to sort out the above burning issues.

Thanking you Sir,

Yours faithfully,

Sd/-  
Shiva Gopal Mishra  
President

Sd/-  
K.Ragavendran  
Secretary General

**Board level and below Board level posts including Non-unionised supervisors in Central Public Sector Enterprises (CPSEs)-Revision of scales of pay w.e.f. 01.01.2007 Payment of IDA at revised rates**

The undersigned is directed to refer to the para 6 and Annexure-II(B) of DPE's OM dated 26.11.2008 wherein the rates of DA payable to the Board level and below Board level executives and non-unionized supervisors of CPSEs have been indicated. The rate of DA payable to the executives and non-unionized supervisors of CPSEs w.e.f **01.04.2023 for 2007 pay scales is 202.3%**.

2. The above rate of DA i.e. 202.3% would be applicable in the case of IDA employees who have been allowed revised pay scales (2007) as per DPE O.Ms. Dated 26.11.2008, 09.02.2009 & 02.04.2009.
3. All administrative Ministries/Departments of the Government of India are requested to bring the foregoing to the notice of the CPSEs under their administrative control for necessary action at their end.
4. This issues with the approval of the Competent Authority.

Dr. P.K.Sinha, Deputy Secretary to the Gol

**News from Sister Pensioners Associations-  
All India Postal Pensioners Association, Ananthapuram, A P****Sri C. Sreenivasulu, founder Secretary who has attained 100 years being honoured**

The 40th Annual General Body Meeting was held on 05-03-2023 at Balaji Kalyana Mandapam, Ananthapuram under the Presidentship of Sri S.Chandrasekharachari, President of the Association. About 100 members attended. Homage was paid to the members who passed away during the years 2020, 2021 and 2022 by observing a minute's silence.

Sri M Chakrapani, Secretary welcomed the members and presented the Annual Report.

Sri K Venugopal Rao, Treasurer presented the Annual Accounts. Both Annual Report and Annual accounts were adopted unanimously. The President in his address spoke in detail on pension related issues.

Sri C.Sreenivasulu, a centenarian, who founded the association in 1983 and was its Secretary for a decade, was honoured in the AGB.

24 senior members aged 75 and 17 members aged 70 years were felicitated.

**Grant of Dearness Relief to Central Government pensioners/  
family pensioners – Revised rate effective from 01.01.2023.**

The undersigned is directed to refer to this Department's OM No. 42/07/2022- P&PW(D) dated 08.10.2022 on the subject mentioned above and to state that the President is pleased to decide that the Dearness Relief admissible to Central Government Pensioners/Family Pensioners shall be enhanced from the existing rate of 38% to 42% of the basic pension/family pension (including additional pension/family pension) w.e.f 01.01.2023.

2. These rates of DR will be applicable to the following categories:-

- (i) Civilian Central Government Pensioners/ Family Pensioners including Central Govt. absorbee pensioners in PSU/ Autonomous Bodies in respect of whom orders have been issued vide this Department's OM No. 4/34/2002-P&PW(D)Vol.II dated 23.06.2017 for restoration of full pension after expiry of commutation period of 15 years.
- (ii) The Armed Forces Pensioners/Family Pensioners and Civilian Pensioners/ Family Pensioners paid out of the Defence Service Estimates.
- (iii) All India Service Pensioners/Family Pensioners.
- (iv) Railway Pensioners/Family Pensioners.
- (v) Pensioners who are in receipt of provisional pension.
- (vi) The Burma Civilian Pensioners/Family Pensioners and Pensioners/families of displaced Government Pensioners from Burma/ Pakistan, in respect of whom orders have been issued vide this Department's OM No. 23/3/2008-P&PW(B) dated 11.09.2017.

3. The payment of Dearness Relief involving a fraction of a rupee shall be rounded off to the next higher rupee.

4. Other provisions governing grant of DR in respect of employed family pensioners and re-employed Central Government Pensioners will

be regulated in accordance with the provisions contained in Rule 52 of CCS (Pension) Rules, 2021 and this Department's OM No. 45/73/97-P&PW (G) dated 2.7.1999 as amended from time to time. The provisions relating to regulation of DR where a pensioner is in receipt of more than one pension will remain unchanged.

5. In the case of retired Judges of the Supreme Court and High Courts, necessary orders will be issued by the Department of Justice separately.

6. It will be the responsibility of the pension disbursing authorities, including the nationalized banks, etc. to calculate the quantum of DR payable in each individual case.

7. The offices of Accountant General and authorised Pension Disbursing Banks are requested to arrange payment of Dearness Relief to Pensioners/Family Pensioners on the basis of these instructions without waiting for any further instructions from the Comptroller and Auditor General of India and the Reserve Bank of India in view of letter No. 528-TA, II/34-80-II dated 23/04/1981 of the Comptroller and Auditor General of India addressed to all Accountant Generals and Reserve Bank of India Circular No. GANB No. 2958/GA-64 (ii) (CGL)/81 dated the 212 May, 1981 addressed to State Bank of India and its subsidiaries and all Nationalised Banks.

8. In so far as the persons serving in Indian Audit and Accounts Department are concerned, these orders are issued in consultation with the Comptroller and Auditor General of India, as mandated under Article 148(5) of the Constitution of India.

9. This issues in accordance with the Ministry of Finance, Department of Expenditure's OM No. 1/1/2023-E.II(B) dated 03.04.2023.

Rajendra Kumar Dutta  
Under Secretary to the GoI



## **PAYEMENT OF ARREARS OF DEARNESS RELIEF**

On the initiative taken by KP&TPA, Arrears of Dearness Relief for 3months from January to March 2023 were paid to Postal Pensioners by the Head Post Offices in Karnataka Circle during the 2nd/3rd week of April 2023 instead of on the last working day along with the pension for the month as hitherto

It may be recalled that KP&TPA had submitted a memorandum to Sri Vineet Pandey, Secretary, Department Posts on 7-11-2022 when he was on a visit to Bengaluru requesting his kind intervention in the matter to ensure that Postal Pensioners getting their pension from Post offices also are paid arrears of Dearness Relief on a par with Postal Pensioners getting their pension from banks and serving postal Employees who are paid arrears of DA during the course of the month instead of on the last working day. The memorandum was presented to the Secretary by Smt. N. Nagalakshmi, Vice-President, KP&TPA, in a function organised by Karnataka Posts to honour her on her being awarded the "Anubhav Award -2021" by the Department of Pension and Pensioners' Welfare. (For more details please read the matter in pages 1 & 5 of November 22 issue of the journal)

The Chief Postmaster General, Karnataka Circle, vide CO letter dated 21/22-12-2022 addressed to all the Postmasters General, Karnataka Circle instructed them to ensure that arrears of dearness relief are paid to pensioners through OCP-off cycle payments. (letter published in page 11 of March, 2023 issue of the journal) The Regional Offices were reminded by the Accounts section of Circle Office on 5-4-2023 to draw DR arrears through OCP.

We are extremely glad that as a result of the interest taken by the Secretary DO Posts and specially the CPMG, Karnataka Circle, Postal Pensioners were paid arrears of D R through off cycle payment during the 2nd/3rd week of April 23 and they were not made to wait until the last working day to get their arrears. We are grateful to all the officers of CO /ROs and the Postmasters of HPOs for the pensioner friendly action taken by them and for ending the discrimination between Postal Employees and Pensioners and between the Postal Pensioners drawing pension from Banks and Head Post offices in payment of arrears which had caused much consternation among the Postal Pensioners

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No.1-5/2022-CGHS/C&P/537 - 546 3075844/2023/O/0 AD(HQ)-CGHS Date - 5/04/23

### **OFFICE ORDER**

## **Revised work schedule of Doctors providing Tele Consultation services through e-Sanjeevani**

With reference to the above subject, the undersigned is directed to state that with the objective of optimal utilization of the services provided by the doctors rendering Tele consultation services through e-Sanjeevani portal, it is now decided that the doctors shall work from their respective Wellness Centre w.e.f. 10th April, 2023. They shall attend to the CGHS beneficiaries visiting the Wellness Centre physically, while providing consultation to the beneficiaries registering on the e-Sanjeevani portal.

2. The timings of the e-Sanjeevani Tele consultation facility shall remain unchanged i.e.

from 9.30 A.M to 6.00 P.M (2.00 P.M to 3.00 P.M break) from Monday to Friday and 7.30 A.M to 2.00 P.M on Saturdays. Therefore, the earmarked doctors while attending to normal duty at Wellness Centres from 7.30 A.M to 2.00 P.M shall also be providing - Tele consultation facility from their respective Wellness Centre from 9.30 A.M to 2.00 P.M, and shall, thereafter, resume Tele consultation facility from their residence from 3.00 P.M to 6.00 P.M on weekdays.

3. Duty Roster will be prepared centrally by AD(Admin.) and monitored for patient output. This issues with the approval of competent authority.

Dr. Mang Jain, Director (CGHS)

## Setting up of a Committee to review the National Pension System for Government Employees.

The undersigned is directed to invite attention to the announcement made by the Finance Minister in Lok Sabha on 24.3.2023 to, inter-alia, set up a Committee under the Finance Secretary to look into the issue of pensions under the National Pension System in respect of Government employees and evolve an approach which addresses the needs of the employees while maintaining fiscal prudence to protect the common citizens.

2. Accordingly, it has been decided to set up a Committee as under:

- i. Finance Secretary and Secretary (Expenditure) Chairman
- ii. Secretary, Department of Personnel & Training Ministry of Personnel, Public Grievances & Pensions Member
- iii. Special Secretary (Pers), Department of Expenditure Ministry of Finance Member
- iv. Chairman, Pension Fund Regulatory & Development Authority (PFRDA) Member

3. The Terms of Reference of the Committee shall be as under:

- i. Whether in the light of the existing framework and structure of the National

Pension System, as applicable to Government employees, any changes therein are warranted;

- ii. If so, to suggest such measures as are appropriate to modify the same with a view to improving upon the pensionary benefits of Government employees covered under the National Pension System, keeping in view the fiscal implications and impact on overall budgetary space, so that fiscal prudence is maintained to protect the common citizens

4. The Committee may also co-opt any officer of the Central Government as part of its deliberations, whenever such a need is felt by the Committee.

5. The Committee shall devise its own procedure and mechanism, including consultation with States etc., to arrive at its recommendations.

6. Department of Expenditure (Personnel Division) will provide Secretarial assistance to the Committee.

Annie G. Mathew  
Special Secretary to the Gol

### OBITUARY

**Sri M.R. Nagaraja, LM 229**, Retd. Telegraph Master, Central Telegraph Office (CTO), Bengaluru expired 31-03-2023 at the age of 87 years. He was one of the founder members of Karnataka P&T Pensioners' Association and was elected to the first executive committee of KP&TPA in the AGB held on 28-4-1996. He had served in P&T Trade Unions for several decades and was closely associated with the Trade Union activities. He was Circle Treasurer, NFTE Karnataka Circle for several years and Treasurer of Confederation of Central Govt Employees and Workers, Karnataka State for 27 years. He used to associate himself in P&T employees unions activities and Pensioners Associations activities despite his advanced age.

The Executive Committee of K P&T PA conveys its heartfelt condolences  
to the members of the bereaved family

### Central Govt. Holiday in May, 2023

Buddha Purnima

05-05-2023

Friday

## Senior Citizen Savings Scheme- Maximum limit revised to Rs.30,00,000 from 1-4-2023

*Gol. Ministry of Communications, Department of Posts,(Financial Services Division)  
F.No 113-03/2017-SB(Pt.1) Dated, : 31.03.2023*

### Revision of maximum limit for investment in Senior Citizen Savings Scheme, 2019.

The undersigned is directed to convey the decision of Ministry of Finance (DEA) for amendment of Senior Citizen Savings Scheme, 2019 through Senior Citizen Savings (Amendment) Scheme, 2023 and revision of maximum investment limit for investment in Senior Citizen Savings Scheme, 2019 from **'fifteen lakh to' 'thirty lakh'**. The copy of gazette notification G.S.R.240(E) dated 31.03.2023 issued by MOF(DEA) is enclosed.

2. Accordingly, In the Senior Citizens' Savings Scheme (hereinafter referred to as the said Scheme), in paragraph 3, in subparagraph (7),

for the words **"fifteen lakhs"**, the words **"thirty lakh"** shall be substituted.

3. It is requested to circulate it to all concerned for information, guidance and necessary action. Same may also be placed on the notice board of all Post Offices in public area.

4. This is issued with the approval of the Competent Authority.

Yours Faithfully

Devendra Sharma  
Assistant Director (SB-II)

### Small Savings Schemes Interest Rate for the first quarter of FY 2023-24

*Gol, Ministry of Finance, Department of Economic Affairs, (Budget Division)  
OM No. F.No.1/4/2019-NS Dated March 31, 2023*

### Revision of interest rates for Small Savings Schemes

The rates of interest on various Small Savings Schemes for the first quarter of financial year 2023-24 starting from 1st April, 2023 and ending on 30th June, 2023 have been revised as detailed below:

Instrument	Rates of interest from 01.01.2023 to 31.03.2023	Rates of interest from 01.04.2023 to 30.06.2023
Savings Deposit	4.0	4.0
1 Year Time Deposit	6.6	6.8
2 Year Time Deposit	6.8	6.9
3 Year Time Deposit	6.9	7.0
5 Year Time Deposit	7.0	7.5
5 Year Recurring Deposit	5.8	6.2
Senior Citizen Savings Scheme	8.0	8.2
Monthly Income Account Scheme	7.1	7.4
National Savings Certificate	7.0	7.7
Public Provident Fund Scheme	7.1	7.1
Kisan Vikas Patra	7.2 (will mature in 120 months)	7.5 (will mature in 115 months)
Sukanya Samridhi Account Scheme	7.6	8.0

## APPEAL FOR DONATIONS FOR THE BUILDING FUND

We appeal to our **Members who have not yet paid** their contribution to the building fund please to remit their donation. 77th list of donations is published in this issue.

**New members are also requested to donate generously to the building fund**

Amount may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to: Sri K.R. Anantha Ramu, No 1158, 7th Main, 7th Block, HMT Layout, Vidyanarayapura, Bangalore-560097 (Mob: 9448477129) or

**Preferably, be credited to the Association's Bank Account:**

**Name: Karnataka P&T Pensioners' Association;**

Bank: State Bank of India, Branch: HMT Layout branch, Vidyanarayapura, Bangalore  
Current Account No. **64209078453, IFSC:SBIN 0040659**

**INCOME TAX EXEMPTION:** 50% of the amount of donation made to K P&T PA, is eligible for deduction in the gross total Income of the assessee under Section 80-G of Income Tax Act.

Please invariably inform us of the details of credit through a message or phone call on Mobile **No.09448477129 or 09483467750** to enable us to acknowledge the receipt of the amount and to send you a receipt.

List of donations received up to 31-03-2023 has been uploaded to the website of the association 'ktpa.org'. Donors are requested to visit the website and check-up whether their names have been correctly mentioned and the amount donated has been correctly indicated in the list. Discrepancies, if any, may please be informed to the Secretary on Phone - 08023230545 or mobile 9483467750

### Donation for the Building Fund - 77th List March-April 2023

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1627	K.Sivadass	1265	1000	5443	4000
1628	Raisakhutun.A.Ansari	Well wisher	200	5448	

## 7th May is the birthday of National Poet, Nobel Laureate Rabindranath Tagore

National poet Rabindra Nath Tagore, popularly known as 'Gurudev' was a polymath. He was a Poet, Playwright, Visual-artist, Story writer, Novelist, Composer, Educationist and Business-Manager. His literary work reshaped the literature of Bengal in late 19th and 20th Centuries. Song 'Jana Gana Mana' written by poet Tagore is our National Anthem.

Tagore was born in Calcutta, on May 7, 1861. He was the son of Debendranath Tagore, a prominent philosopher and religious reformer. In 1877, he sailed to England for studies. In Brighton, East Sussex and at University College, he studied law and attended lectures on English literature. He was also known for his musical compositions. Tagore's most notable work of poetry is Gitanjali, for which he received the Nobel Prize in Literature in 1913. He was the first Indian, as well as the first lyricist, to win the Nobel Prize. In 1901, Tagore's work as an educator and activist led to his founding an experimental school at Shantiniketan, a retreat in rural Bengal that his father created in 1863. In 1912, Tagore left the school to read his work across Europe, America, and East Asia, and to lecture and

advocate for Indian independence. As a protest against the Jallianwala Bagh Massacre, Tagore in 1919, renounced his title of the knighthood awarded to him by the British in 1915.

**Karnataka Connect:** The timeless beauty of Karwar beach had a profound effect on poet Rabindranath Tagore. It was to this tranquil corner that a young Rabindranath Tagore was drawn to while he was visiting his elder brother Satyendranath Tagore, who was the District judge of Karwar in 1882.



Portrait above was drawn by Sri Prabhakara, ARS, Retd., Member, KP&TPA (Mob: 9611359842)

Rabindra Nath Tagore died on August 7, 1941, in Calcutta.

## Union Health Ministry Revises CGHS Package Rates – CGHS beneficiary can also take referral through video call

*GoI, Min. of Health & Family Welfare, Department of Health & Family Welfare.  
Directorate General of CGHS OM FNo 7.15025/28/2022/DIR/CGHS Dated the 12th April. 2023*

### Revision of Consultation Fee, Room Rent and ICU charges for All Health Care Organizations (HCOs) empanelled under CGHS.

I am directed to convey the revision of the charges for Consultation fee, Intensive Care Unit and Room rent reimbursable in respect of treatment rendered to CGHS beneficiaries in all HCOs empanelled under CGHS. The revised rates in respect for the aforementioned items are as under:

#### a) Consultation fee –

OPD Consultation Rs. 350/-

IPD Consultation Rs. 350/-

(For both NABH and Non-NABH accredited HCOs)

#### b) ICU Charges -

Rs. 5400/- for all categories of ward entitlement (General Ward/Semi-private ward /Private ward) (For non-NABH accredited hospitals the charges shall be 15% less)

ICU charges are inclusive of Room Rent.

#### c) Room Rent -

General ward Rs.1500/-

Semi-private ward Rs.3000/-

Private ward Rs. 4500/-

(For both NABH and Non-NABH accredited HCOs)

The other terms and conditions of empanelment shall remain unchanged.

These revised rates shall be applicable from the date of issue and shall be valid till further orders.

This issues with the approval of Competent Authority and concurrence of Integrated Finance Division Ministry of H&FW vide CD No.3419 dated 27.03.2023.

Sd/-

Dr. Manoj Jain, Director, CGHS

*GoI, Min. of Health & Family Welfare, Department of Health, Directorate of CGHS  
Misc. 01/2023 / DIR/CGHS/ Dated the 31st March 2023.*

### Referral to empanelled hospitals for consultation/endorsement

With reference to the above-mentioned subject the undersigned is directed to state that this Ministry is in receipt of representations regarding difficulties being faced by CGHS beneficiaries in obtaining referral to empanelled hospitals from CGHS when they are not in a position to visit CGHS Wellness Centres physically. In view of the representations received, as referred to above, this matter has been reviewed by this Ministry and it is now decided to issue the following guidelines in this regard:

- i) Whenever there is a request for a referral for consultations/endorsement submitted through a representative by a CGHS beneficiary, where the beneficiary is not in a position to attend CGHS Wellness Centre physically, CGHS Medical officer, based on the documents submitted, considers that the request is justified, may issue referral to CGHS empanelled

hospital for consultation/endorsement, as the case may be, without insisting on the physical presence of the concerned CGHS beneficiary.

- ii) If CGHS Medical Officer is not satisfied with the papers submitted through the representative, he/she may avail the option of contacting the CGHS beneficiary by video call or making a domiciliary visit to satisfy the requirement of referral/endorsement and shall not insist on the physical presence of such CGHS beneficiary.

2. Addl. Directors, CGHS of Cities/Zones shall circulate a copy of this Office Order to CMOs in Charge and other CGHS Staff to take necessary action and to monitor the implementation of the guidelines.

Dr. Manoj Jain, Director, CGHS

**CGHS**

Our request for opening a CGHS Wellness Centre at Sahakaranagar, Bengaluru 560092 to Shri Rajesh Bhushan Secretary, Health & Family Welfare, Ministry of Health & Family Welfare, New Delhi-110011 made vide our letter dated 19-5-2022 (published in page 12 of may 2022 issue of the journal) turned down citing norms for opening a new WC in an existing CGHS City and availability of funds.

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Govt. Ministry of Health & Family Welfare Directorate General of Central Govt. Health Scheme  
(CGHS-III) Nirman Bhawan, New Delhi, Dated 05-04-2023

To  
Sh. K.B. Krishna Rao  
Secretary, Karnataka P&T Pensioners' Association  
165,4th Main, 3rd Block, 3rd Stage  
Basaveshwaranagar  
Bengaluru-560079

### **Request for opening of new CGHS Wellness Centre at Sahakaranagara - regarding.**

Sir,

Kindly refer to your letter dated 19.05.2022 on the above mentioned subject and to say that the matter was taken up with CGHS authorities and it is to inform that Sahakaranagar is within the municipal limits of Bengaluru and has a CGHS Wellness Centre (Wellness Centre No. 9) which is around 4 km from Sahakaranagar. As per CGHS norms, for considering opening a new allopathic CGHS dispensary in an existing city, there has to be minimum of 2,000 Central Government Employees **subject to availability of resources like funds, staff etc. and sanctioning of posts like Medical officers, Pharmacists etc. by Department of Expenditure.** The Ministry takes a considered view regarding opening of new CGHS Wellness Centres at new places at an appropriate time. At present, there is no proposal regarding opening of CGHS Wellness Centres at Sahakaranagara, Bengaluru.

2. However, the Central Government employees residing in areas not covered by CGHS are covered under another Health Scheme viz. Central Services Medical Attendance (CSMA) Rules.

3. Also, the central pensioners residing in non-CGHS covered area can avail CGHS facilities from nearby CGHS city after payment of required subscription charges.

4. Further, in all CGHS covered cities, the serving central Government employees residing within Municipal Limits of the city, shall be given a onetime choice to opt for CGHS (instead of CS(MA) Rules) from the nearest CGHS Wellness Centre vide OM dated 06.04.2018.

Yours faithfully,

Dr. Vinod Kumar Sharma  
ADDG, CGHS (HQ)

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**CGHS**

**There is an urgent need for opening a new CGHS Wellness Centre in North Bengaluru -- A report on the issue by Sri K.R. Sreekanta, Advisory Committee Member, CGHS WC-9.**

CGHS Wellness Centre No.9 at Ganganagar is overcrowded with more than 7,000 cards and 18,700 beneficiaries. Both the beneficiaries and the Doctors are put to great stress and there is an urgent need to open a new wellness centre in North Bengaluru.

The statistical information: Number of cards: 7040; Number of beneficiaries: 18787;

Average number of beneficiaries visiting the dispensary daily: 250; Total registration of beneficiaries per month: 6108; Total number

of beneficiaries seen by each doctor per day when all the 4 doctors are present: 83

From the above statistics it is seen that the average number of beneficiaries seen by a doctor is 83. This figure will be drastically changed even when a single doctor is on leave or some other duties.

This dispensary number 9 perhaps has more number of beneficiaries compared to any other dispensaries in Bengaluru. Added to this, the space available for beneficiaries in both the floors is only about 745 Sq Ft. There will be heavy rush at all times from 07:30 am to 02:00 pm. Total number of beneficiaries in the waiting hall will always be more than 50. This number will be much more when the day is followed by Sunday or holidays. Normal waiting time for each beneficiary will be more than two hours.

A permanent solution to this problem could be opening of one more dispensary in North Bengaluru, preferably in Yelahanka as CGHS Directorate has turned down the request for opening of a WC in Sahakaranagar. As a temporary solution to the problem the following suggestions are made.

1. Beneficiaries residing at peripheral areas adjacent to this dispensary can be requested

to visit any of the following dispensaries at their choice, irrespective of the dispensary at which they are registered; WC-1, Shivajinagar; WC -2 Seshadripuram; WC-4 H R BR Layout.

2. Pensioners aged 75+ can consult any of the specialists in empanelled Private Hospitals.

As per the norms there must be a minimum of 2,000 beneficiaries to open a new CGHS dispensary in a CGHS City. This dispensary has more than 18,000 beneficiaries. Therefore, it is suggested that at least one more dispensary may be opened anywhere in north Bengaluru or at any place on the airport road. All the dispensaries available in Bengaluru city now are mostly situated at east, west, south and central Bengaluru. The only dispensary available in north of Bengaluru is Ganganagar. This is the second oldest dispensary in the city. Now that the CGHS card holders can visit any Wellness Centre irrespective of the WC to which they are attached, many of the card holders beyond Ganganagar on the north side choose to visit Ganganagar dispensary which is causing heavy rush of beneficiaries in WC -9 almost daily.

K.R. Sreekanta  
Member, ACM  
19.04.2023

### Subscription received for Pensioners' Champion During March-April 2023

Rs.180/- Smt./Sri	Rs. 200/- Smt./Sri	Rs. 360/- Smt./Sri	Rs. 540/- Smt./Sri
1222 G.T.Sampathkumarachar	1533 V.Subramanyam	S 140 R.K. Shankar 375	1938 T.Sridhar
1479 N.Mruthyunjaya 120	2797 N.L.Shakunthala	<b>Rs. 500/- Smt./Sri</b>	2123 V.S.Ramamurthy
2311 J.Elumalai	xxx Cash Deposit	1680 C.N.Nagaraja Rao	2276 V.Srinivasa murthy
2339 John Christopher	(made on 12-4-23)	<b>Rs. 540/- Smt./Sri</b>	2447 P.Ramadev Holla
2482 N.K.Subramanian	<b>Rs. 360/- Smt./Sri</b>	301 P.N.Jayalakshmi	<b>Rs. 900/- Smt./Sri</b>
3056 S.Prabhakara Rao	1654 S.Ramanjalu	1078 N.Rajendran	2437 Shantha.V.Murthy
XXX Srivani G	xxx Cheque deposit	1276 M.R.Sridhara	2583 Suvarna Basappa
(creditted on 15-4-23)	(No.542191)(BG GPO)		

### BSNL IDA

IDA From 1-1-2023, 201.20% (5.4% increase over October, 22 rate of 195.80%)

IDA From 1-4-2023, 202.30% (1.1% increase over January, 23 rate of 201.2%)

DoPE IDA order dated 13-4-2023 - Page 7

Date of Publication 27th of Every Month. Posted Between 27th and 31st at Bangalore PSO, Bangalore-560 026.  
RNI Regn. No. KAR BIL/2000/1576 Postal Regn. No. RNP/KA/BGS/446/2021-2023- Total No. of Pages: 16

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**We Welcome the Following Newly Enrolled Members**

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	M.Vasudevan	Manager, National Speed Post Hub, Bengaluru GPO	LM 3276
2	T.Hanumanthappa	Postmaster, Grade I,Hiriyur Post Office	LM 3277
3	C.V.Ramanath Babu	Asstt.Postmaster General(Staff), O/o CPMG, Bengaluru	LM 3278
4	K.S.Geethamma	Sub Postmaster, Subbarayanpet, Chikkaballapur	LM 3279
5	M.S.Prabhavathy	Sub Postmaster, Sidlaghatta Bazaar Chikkaballapur District	LM 3280
6	V.Krishnamurthy	Sub Postmaster, Mandy Bazaar, Chikkaballapur	LM 3281
7	Nazeer Ahmed	Sub Postmaster, Hossur.	LM 3282
8	M.S.Rudrachary	Sub Postmaster, Malur, Kolar District	LM 3283
9	S.Lakshminarayana	LSG Postal Assistant, Chikkaballapur Head Post Office	LM 3284
10	M.R.Shylaja	Postal Assistant, Gowribidanur Post Office	LM 3285
11	B.R.Ramaswamy	Postmaster, Mandya Head Post Office	LM 3286
12	K.Nagaraj	Assistant Postmaster, Kolar Head Post Office	LM 3287
13	S.Krishnaiah Setty	Sub Postmaster, Sidlaghatta Post Office	LM 3288
14	S.Sudarshan	Sub Postmaster, Gudibanda Post Office, Chikkaballapur District	LM 3289
15	Maqbool Jan	Assistant Director, Geological Survey of India, Bengaluru	ALM 3290

LM: Life Member

ALM: Associate Life Member

**Membership of the Association reaches 3290 in April 2023.** The initiative taken by Sri C. Ramakrishna Reddy, Executive Committee Member K P&T PA in enrolling more than 10 postal Pensioners of Chikkaballapur / Kolar Districts is highly appreciated.

**ALL INDIA CONSUMER PRICE INDEX**

Month	CPI Base 2016=100	CPI base 2001=100	12 Months total	Monthly average	7th CPC	DR due
					% increase over 261.42	
June 22	129.2	129.2x2.88 = 372	4341	361.75	38.38	38% from July, 2022
Feb 23	132.7	132.7x2.88 = 382	4511	375.91	43.79	42% from January 2023

\* linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88

**DR @ 42% from 1.1.2023 - DoP&PW order dated 6.4.2023 - Page 8**

**Regd. Journal**

If undelivered, please return to:

**Karnataka Posts and Telecommunications Pensioners' Association (R)  
165, 4th Main, 3rd Block, 3rd Stage,  
Basaveshwaranagar,  
Bangaluru-560 079.**

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