



Monthly Journal of  
KARNATAKA POSTS AND TELECOMMUNICATIONS  
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)  
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

Working Office: # 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560 079 Phone: 23230545

**e-mail: pensionersbhavan@gmail.com**

**Website : www.kptpa.org**

G. Babu President, Ph.: 23220355, 94480 40355	M.N. Gopinath Vice President Mob: 9480586661	K.B. Krishna Rao Secretary, Ph.: 23230545	V. Gopal Joint Secretary Mob : 8197918085	K.R. Anantha Ramu Treasurer Mob : 9448477129
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**VOLUME XXI**

**ISSUE 1**

**JANUARY 2020**

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## 25 years in the Service of Pensioners

RMS Pensioners Association, Karnataka, the Mother Association, was formed in 1994. The name of the association was changed to Karnataka Posts and Telecommunications Pensioners' Association and registered in 1996. In the year 2004, the Association celebrated 10th year of its formation. The Association is one of the Central Government Pensioners Associations in the country identified by the Dept. of Pension and Pensioners Welfare, under the National e-Governance Plan. The Association was a member of the Standing Committee of Voluntary Agencies (SCOVA)

for 3 terms. The Association published Compendium on Pension, CGHS and Medical Facilities for Central Government Pensioners, which has so far, seen 8 editions. The Association owns two buildings of two floors each with a built up area of 6000 sft in Telecom Layout, 3 km off Bangalore International Airport Road, constructed on a site measuring 3500sft, allotted to the Association at a very nominal rate by the Telecom Employees Co-op Housing Society Ltd. The construction has been financed through voluntary donations from members and well-wishers of the Association.

## SILVER JUBILEE YEAR 2019-2020



**Members of the first Executive Committee**



**Members of the Executive Committee in 2016 - 2019**

KP&TPA was instrumental in forming the Coordination Committee of Central Government Pensioners Association, Karnataka in 1998-99 with 8 Affiliate Associations located in different parts of Karnataka and the number of affiliates has increased to 29 in 2018-19. The Association submitted Memoranda to the V, VI & VII Central Pay Commissions. Apart from the pensioners of the Dept of Posts & DoT, retirees from BSNL and other Central

Government departments, like Income Tax, Central Excise & Customs, Survey of India, Indian Audit and Accounts, Railways, Defense Civilian Establishments including some belonging to All India Services like IFS, IAS, IA & AS, IPS and Pensioners of Autonomous and Statutory Bodies are associate members of the Association. Membership number which was around 200 in 1996, has increased to 3000 in 2020.

**SILVER JUBILEE CELEBRATIONS WILL BE HELD IN JUNE 2020  
SIMULTANEOUSLY WITH THE ANNUAL GENERAL BODY MEETING**

**EX-GRATIA AND TERMINAL BENEFITS-  
EXAMPLE WORKED OUT BY KP&TPA**

*(for details of the scheme please refer to page 11 of December 2019 issue of this journal)*

**Example in respect of an Absorbed Employee**

Date of birth: 5-2-1961

Date of entry in to service: 5.8.1982

Date of superannuation ie on attaining 60 years of age: 28.02.2021

Date of retirement: 31.1.2020 (ie the effective date of VRS)

Age as on 31-1-2020: 58 years 11 months and 27 days

Service: Completed years of service from 5-8-1982 to 4-8-2019 =37 years

From 5-8-2019 to 31-1-2020 = 180 days

Number of years of Service left before superannuation on 28.2.2021 ie from 1.2.2020 to 28.2.2021=  
1 year &1month

**(I) Lump-sum compensation or Ex-gratia [ Clause 6.1 of the Scheme]**

Salary as on 31-1-2020 : Basic : 31550

IDA at 157.3 % (wef 1-1-2020) : 49628

Total 81178

**Salary per day : 81178 divided by 30 = 2705.93 rounded off to Rs.2706**

*(A) Ex-gratia equal to 35 days salary for each completed year of service*

Completed years of service = 37

Ex-gratia : 35 X 37 = 1295 days

Ex-gratia : 2706 X 1295 days = 3504270

For fraction of a year : 180 days :Ex-gratia for 365 days of service is 35 days

For 180 days 35/365 X180 = 17.26 days

Ex-gratia =2706 X 17.26 = 46706

**Total ex-gratia : 3504270 + 46706 =3550976**

*(B) plus +25 days salary for each year of service left, until superannuation.*

Service left: 1 year and 1 month

Ex-gratia entitlement for one year is salary for 25 days

Salary per day :2706

For 1 year, salary for 25 days : 2706 X 25 = 67650

For 1 month :2706 X 25/12 = 5638

Total 67650 +5638 = 73288

**(X) Total amount of ex-gratia : 3550976+73288 = 3624264**

Provided further that this ex-gratia compensation shall **not exceed** the sum of the salary that such employee would have drawn at the existing level (ie. Basic pay plus DA on the effective date of voluntary retirement) during the service period left till superannuation from the effective date of VRS [First Proviso of Clause 6.1(a) of the Scheme]

Pay	31550
IDA at 157.3 % (wef 1-1-2020)	49628
Total	81178

Service left: 1 year and 1 month

Salary that the employee would have drawn at the existing level for 1 year and 1 month: 81178 X 13 months = 10,55,314

**(Y) Ex-gratia as per the above proviso = 10,55,314**

**Ex-gratia compensation payable is the amount at X or Y above whichever is less. Hence Rs.10, 55,314 is the amount of compensation admissible in this case**

Ex-gratia as per clause 6.1(c) of the Scheme

**6.1(c) Payment of Ex-gratia to combined service pensioners absorbed in BSNL under Rule 37A.( Corrigendum No.1-15/2019-PAT (BSNL) dated 5-11-2019**

The amount of ex-gratia payable to the eligible employee/s entitled to pension for combined service rendered in DoT and BSNL under Rule 37-A of CCS(Pension) Rules ,1972 shall be **further restricted** to the amount which taking together with the total amount of pension (Basic pension without commutation plus D R as on the date following the effective date of VRS )that the employee would be drawing for the balance period left till the date of superannuation, does not exceed 125% of the sum of salary at prevailing level that the employee would have drawn till superannuation from the effective date of VRS.

Service left 1 year and 1 month

**Pension admissible @ 50% of last pay = 31550 | 2 = 15775**

IDA at 157.3 % (wef 1-1-2020) = 24815

Total pension admissible per month 15775 + 24815 = 40590

Pension admissible for 13 months of service left before superannuation: 40590 X 13=5,27,670

**Ex-gratia admissible : 1055 314**

**Amount of Pension that the pensioners would draw during the service left : 527670**

**(Z) Total Ex-gratia and pension : 1582984**

Salary that the employee would have drawn at the existing level till superannuation ie. for 1 year and 1 month : 81178 X 13 months = 10,55,314

125% of the salary 1055314 X125% = 13,19,143

Ex-gratia is to be restricted to Rs. 13,19,143 as per Clause 6.1 (c). But in this case as the ex-gratia payable indicated at Y above is Rs.10,55,314, which is less than Rs.13,19,143 calculated at 125 % of the Salary that the employee would have drawn at the existing level till superannuation. Hence Ex- gratia compensation of Rs. 10,55,314 is payable in this case

II) Terminal & other benefits under existing rules :

A. Pension/Family Pension from the next day of effective date of VRS

Pension: at 50 % of the Last Pay of Rs. 31550 = Rs.15775

Family Pension at 30% of the LPD = Rs. 9465

Dearness relief at the rates admissible from time to time

IDA wef 1-1-2020 :157.3 %

B. Retirement Gratuity:-

Last pay drawn : 31550

IDA at 157.30 % :(as an 1.1.2020) 49628

Total 81178 X 16.5 =1339437 (Maximum for 16.5 years)

C. Commutation of pension : As applicable to specific individual cases

*In respect of this case* : On attaining the age of superannuation ie.60 years viz.29-2-2021

40 % of pension (15775 X40%) : 6310

Commutated value of pension : 6310 X 8.194 X 12 : 620450

#### SUMMARY

**Ex-gratia payable: 10,55, 314 (In two equal instalments of 50% each on retirement under VRS - The first instalment in FY 2019-20 and the second instalment in first quarter of 2020-21).**

Retirement Gratuity: 1339437 (In March 2021)

Commutated value of pension: 620450 (In March 2021)

#### APPEAL FOR DONATIONS FOR THE BUILDING FUND

We appeal to our Members who **have not yet paid** their contribution to the building fund to consider remitting their donation to facilitate provision of a lift to the new building. 41st list of donors is published in this issue.

Donation to be remitted by ***crossed cheque*** payable to "**Karnataka P&T Pensioners' Association**".

Cheques may please be sent to: K.R.Anantha Ramu, No 1158, 7th Main, 7th Block, HMT Layout, Vidyanarayapura, Bengaluru-560097. (Mob: 9448477129)

**BSNL  
Telephone  
Facility**

## A LONG PENDING DEMAND SETTLED

In some Circles the BSNL employees and Retirees were provided with WLL telephone connections as Rent free Residential Telephone connections because the normal land phone connections were not technically feasible. Such WLL services were withdrawn in 2011. The BSNL Corporate Office has now issued orders for providing GSM based connections to such staff and retirees residing in the technically non feasible areas.

**Bharat Sanchar Nigam Limited**

*Corporate office, Bharat Sanchar Bhawan Janpath, New Delhi (PHA-Admin Section)*

*No.2-2/2019-PHA Dated:03 .01.2020*

Concessional Telephone Facilities to Serving/Retired employees of BSNL  
wherein area is declared TNF

CIRCULAR No.01/2020-PHA

On the closure of WLL, the competent authority has approved the provision of GSM in lieu of Residential Service Telephone Connections/Concessional Telephone Facilities to Serving/Retired employees of BSNL wherein area is declared Technically Non-Feasible (TNF) by SSA as per details given below:-

- a) **For Serving Executives:- NOT REPRODUCED**
- b) **For Serving Non-Executives:- NOT REPRODUCED**
- c) **For Retiring/Retired Employees:-**

S.No.	Category of Retirees	GSM Plan with Freebies.
1	Executive in E3 and above	Post Paid Plan-99 with Freebies of 550 minutes voice calls with STD facility and 1100MB data per month.
2.	Executive in E1 and E2	Post Paid Plan-99 with Freebies of 300 minutes voice calls with STD facility and 600 MB data per month.
3.	NE-5 to NE-11	Post Paid Plan-99 with Freebies of 200 minutes voice calls with STD facility and 400 MB data per month.
4.	NE1 to NE4	Post Paid Plan-99 with Freebies of 150 minutes voice calls with STD facility and 300 MB data per month.

2. SSA will prepare the list of technically Non -Feasible area half yearly and certificate in this respect will be issued by the nodal officer designated by concerned authority at SSA.
3. A free Pre-Activated Post Paid GSM SIM will be issued by the area concerned .
4. GSM fixed wireless/mobile hand set will be arranged by the concerned serving/retired employees.
5. Excess usage beyond the prescribed limit will be paid by the concerned serving/retired employee.
6. Other terms and conditions of the "Residential service connection/Concessional telephone connection for serving/retired employee shall be governed as per exiting rules and guidelines.

(Abaul Wahab)  
AGM (Admin-PHA)

Increment to pensioners retired on 30th June

## Implementation of Supreme Court Order benefitting Pensioners

GoI, MINISTRY OF PERSONNEL, PUBLIC GRIEVANCES AND PENSIONS  
(DEPARTMENT OF PERSONNEL & TRAINING)  
RAJYA SABHA

UNSTARRED QUESTION NO. 2027

(TO BE ANSWERED ON 05.12.2019)

2027. SHRI C.M. RAMESH Will the PRIME MINISTER be pleased to state:

(a) Whether Government had filed a Review Petition in the Supreme Court of India against Court's order dated the 23rd July, 2018 [RP (c) No. 1731/2019 in SLP (c) No. 22008/2018] and the Court had dismissed the SLP on 8th August, 2019, if so, the details thereof; and

(b) Whether in the light of the said order of the Supreme Court. Government has issued any order to implement it for the benefit of pensioners who retired on 30th June, if not, whether any timeline has been fixed and if not, the reasons there for?

### ANSWER

Minister of State in the Ministry of Personnel, Public Grievances and Pensions and Minister of State in the Prime Minister's office (Dr. Jitendra Singh)

(a): Yes, Sir. Union of India filed SLP (C) No. 22008/2018 in the Supreme Court of India against Order dated 15-09-2017 in WP No. 15732/2017 passed by the High Court of Judicature at Madras. The said SLP was dismissed by the Supreme Court of India by its Order dated 23-07-2018. Against the said Order, Union of India filed Review Petition (C) No. 1731/2019 which was dismissed by the Supreme Court of India vide its Order dated 08-08-2019.

(b): As the judgment is in persona and is contrary to the personnel policy of Government of India, no general order has been issued.

# ವಿದೇಶ ಪ್ರವಾಸ-2020

**ಫ್ಯಾಮಿಲಿ ಹಾಲಿಡೇ ಸ್ಟೆಷನ್**  
ಸಿಂಗಾಪುರ್, ಮಲೇಶಿಯಾ - 7 ದಿನಗಳು  
ಸಿಂಗಾಪುರ್, ಮಲೇಶಿಯಾ, ಹೈಲ್ಯಾಂಡ್ - 11 ದಿನಗಳು  
**ಡ್ರೀಮ್ ಕ್ರೂಸ್ ಸ್ಟೆಷನ್**  
ಸಿಂಗಾಪುರ್, ಮಲೇಶಿಯಾ  
ಜೊತೆಗೆ ವಿಶ್ವಪ್ರಸಿದ್ಧ ಡ್ರೀಮ್ ಕ್ರೂಸ್ - 10 ದಿನಗಳು  
**ಸೀನಿಯರ್ ಸ್ಟೆಷನ್**  
ಯು.ಕೆ. ಯುರೋಪ್, ಅಮೇರಿಕಾ, ಮೆಮೊರಬಲ್ ಜಪಾನ್,  
ಸೌತ್ ಅಮೇರಿಕಾ, ಚೈನಾ, ಹಾಂಕಾಂಗ್, ಮಕಾವ್



For more details please Contact :

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PENSIONERS' CHAMPION

7

JANUARY 2020



## KARNATAKA CHIEF MINISTERS DISTRESS RELIEF FUND (CMDRF)

A sum of Rs. 1,50,000 (Rs. One lakh fifty thousand only) was remitted on 7<sup>th</sup> December 2019 to Karnataka Chief Minister's Calamity Relief Fund and the cheque sent to the Treasurer, KCMCRF, Room No, 235-a, 2<sup>nd</sup> Floor, Vidhanasoudha, Bangalore. Receipt of the amount has been acknowledged by the Chief Minister's Secretariat vide Receipt No.CM 8055190004201 dated 30-12-2019. Scanned copy of the receipt is published hereunder

	
<b>CHIEF MINISTER'S RELIEF FUND KARNATAKA</b>	
Ref No : CM8055190004201	
Received with thanks from The Secretary, Karnataka Posts and Telecommunications Pensioners Association, No. 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bangalore-560079. (PAN No. Not Available) a sum of ₹ 1,50,000/- (One Lakh Fifty Thousand) as donation towards 'Chief Minister's Relief Fund' vide Cheque/Demand Draft No.577594 dated 07/12/2019.	
Contribution to CMRF is 100% tax exempt under section 80G(2) of the income Tax Act, 1961 vide Pan No. AAAGC1692P or GGGGG0000G.	
	
Bengaluru 30/12/2019	Joint Secretary to Chief Minister C.M.R.F.
<small>Note: This is a computer generated receipt and does not require any signature/stamp</small>	



## Our Readers Write

I pray God to bless these comrades who render commendable service to the old and disabled pensioners in submission of their Digital Life Certificates. Never before in the history of Pensioners such a service was ever heard !

**B Sadashiva Rao**, Former President, K P&T PA

A new record in our activity. All those involved deserve our appreciation.

**N. Bhaskaran**, Former Secretary, K P&T PA

A stupendous task has been accomplished by EC members of our Association meticulously supported by other sister associations. And as rightly said by our revered Sri Sadashiva Rao, we haven't seen or heard anything of this sort of service done to pensioners in the past in the pensioners' circles. Needless for me to mention that our Association has carved out a niche for itself at the top levels of pensioners circles, and has established a rapport of the high order with the Dept. of Pension.

Innovative methods adopted, in groups than done individually in seemingly laborious tasks, end successfully and on fast-track. Classic example of our friends' involvement in issue of Digital Life Certificates meticulously embarked on by our Association and hailed by our pensioners.

**M Ramiah**, Former Vice President K P&T PA LM-3

Remarkable Door Service by Team KP& TPA lead by Com.KBK from behind in the service of hapless Pensioners & handicapped. I am really overwhelmed by the service extended to me at my home. Kudos to Team KP& TPA & KBK's Devils for the Service Zeal & Commitment. KP&TPA LONG LIVE.

**V. Muthhukumar**, Former Circle Secretary, AIPEU Group-C, Karnataka

Glad to note from *Pensioner's Champion*, December 2109 issue that many senior pensioners, who were unable to move out of their residences were helped by the volunteers of KP&TPA to submit digital life certificates from their homes. It is heartening to read that they also assisted some pensioners who were inpatients in hospitals.

**P R Balakrishna**, ALM 1485

When I saw your volunteers and yourself generating Digital Life Certificates in Camps, homes of pensioners, in hospitals and in ICUs, I was extremely happy and exhilarated and felt that a few people like the volunteers, at least are making this earth "*Bhuthala Swarga*"- meaning heaven on earth.

*Anjali sthaani pushpani, vaasayanthi karadwayam, aho sumanasaam preethir vaama dakshinayor sama* – flowers when kept in both palms spread fragrance to both hands. In the same manner good and kind hearted people love all humans and animals alike.

*"Shanno asthu dwipade shan chatushpade"*  
Kudos and hats off to you all for your social service

**V K S Murthy**, LM- 2354

I thank the Secretary for the valuable information on pension revision and CGHS facilities shared by him in the Get-together of RMS & MMS Pensioners held on 5-1-2020 at Raghothaman Smaraka Bhavana, Bangalore 560094. His efforts in ensuring resolution of grievances of pensioners are appreciable.

**G V Christopher**, LM-1692

### Donation for the Building Fund - 41st List

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1386	Nagarathamma	1384	10000	4411	110000
1387	K.L.Venkatasubbaiah	1016	5000	4410	10000
1388	R.Sampangappa	1121	5000	4494	5500
1389	A.Sambamurthy Rao	1802	5000	4431	
1390	Y.Jagannath	1884	5000	4436	20000
1391	K.B.Venugopal	2868	5000	4495	
1392	Kalpana	1910	3000	4493	11000
1393	H.M.Manjunatha	1289	2000	4420	
1394	S.A.S.Iyengar	2351	2000	4409	5000
1395	R.Rajamani	2955	2000	4491	
1396	H.N.Asathanarayana	1601	1000	4463	
1397	H.V.Gururaja	1719	1000	4447	4500
1398	V.Chandrappa	1994	1000	4433	12000
1399	G.Anita Ramachandra	2947	1000	4475	
1400	S.V.Sridhara Murthy	1600	500	4461	
1401	G.M.Halwadia	2479	400	4496	10200
1402	D.A.S. Murthy	2627	350		
1403	M.K. Patwari		5000		
			5000 (CMDRF)		

### We Welcome the Following Newly Enrolled Members

	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	B.M.Mulimani	Postmaster, HSG I, Bagalkot Head Post office	LM 2943
2	G.Vishwanath	Superintendent of Post Offices, Mandya Division	LM 2944
3	S.R.Joshi	Divisional Engineer, DOT, Chikkamagalur	LM 2945
4	S.Amala	Asstt. Chief Postmaster, HSG I, Bangalore GPO	LM 2946
5	G.Anita Ramachandra	Assistant Postmaster, Hosapete Head Post Office	LM 2947
6	P.Malathi	Family Pensioner	LM 2948
7	Madavaraya	Asst.Postmaster General, O/o CPMG, Bangalore	LM 2949
8	T.N.Madi	Asst.Postmaster General, O/o CPMG, Bangalore	LM 2950
9	R.Alli	LSG Postal Assistant, Bangalore GPO	LM 2951
10	V.M.Bhagyalakshmi	LSG Postal Assistant, Bangalore GPO	LM 2952
11	Vanita Arumugam	LSG Postal Assistant, Bangalore GPO	LM 2953
12	A.S.Nagendra	Postal Assistant, Bangalore GPO	LM 2954
13	R.Rajamani	Chief Accounts Officer, CCA, DoT, Maharashtra Circle, Mumbai	LM 2955
14	Dr.Mahendrakar Sreenivasa Rao	Principal Scientist, ICAR IIHR Bangalore	ALM 2956
15	Kammala Sivaram	Technical Supervisor, O/oCEPT, Mysore	LM 2957

LM: Life Member

ALM: Associate Life Member

## OBITUARY

**Sri G K Rukmangada**, Retd SDE, BSNL, BG TD, LM 870 expired on 22-11-2019 at the age of 77 years. He is survived by his wife, 2 sons and a daughter

**Syed Habibullah**, Sorting Assistant, RMS Bangalore Sorting Division, expired on 7-12-2019

**Sri S Ethiraj** LM 1306, BCR Sorting Assistant, Bangalore TD Sorting Office expired on 14-12-2019 at the age of 73 years. Sri Ethiraj and his grandson died in a road traffic accident while they, with other members of the family, were returning to Bangalore in a car after a pilgrimage.

**Sri R T Ramaiah** Retd. Supervisor, Bangalore City RMS, LM 2607 expired on 16-12-2019 at the age of 77 years. He is survived by 4 sons and a daughter

**Sri A T Kulkarni** LM 2376, HSG-II Sub Record Officer, RMS 'HB'Dn, Belgaum and a veteran RMS Union leader expired on 8-1-2020 at the age of 86 years. He leaves behind his wife and 2 daughters. While in service he held many positions in the All India RMS & MMS Employees Union Group –C in Karnataka Circle including that of the Divisional Secretary, AIRMSEU, RMS 'HB'Dn and in the Circle Executive Committee.

**Sri G S Gundu Rao**, LM 526, VSNL, Telecom, Bombay expired on 17-1-2020 at the age of 88 years. He leaves behind 2 sons.

**The Executive Committee, KP&TPA conveys its heartfelt condolences to the bereaved families.**

**BSNL IDA  
1.1.2020**

*Gol, Ministry of Heavy Industries & Public Enterprises, Department of Public Enterprises OM No. W-02/0002/2014-DPE (WC)-GL-II /20 dated 3<sup>rd</sup> January, 2020*

### **Board level and below Board level posts including non-unionised supervisors in Central Public Sector Enterprises (CPSEs)- Revision of scales of pay w.e.f. 01.01.2007 - Payment of IDA at revised rates.**

In modification of this Department's OM of even No. dated 07-10-2019, the rate of DA payable to the executives and non-unionised supervisors of CPSEs (2007 pay revision) is as follows

a) Date from Which payable: 01.01.2020

b) Average AICPI (2001=100) for the quarter Sept, 2019 – Nov, 2019

Sept, 2019 = 322

Oct, 2019 = 325

Nov, 2019 = 328 Average of the quarter = 325

c) Link Point: 126.33 (as on 01-01-2007)

d) Increase over link point: 198.67 (325 minus 126.33)

e) DA Rate w.e.f. 01.01.2020: 157.3 % [(198.67/126.33) x 100]

2. The above rate of DA i.e. 157.3 % would be applicable in the case of IDA employees who have been allowed revised pay scales (2007) as per DPE O.Ms. Dated 26.11.2008, 09.02.2009 and 02.04.2009.

3. All administrative Ministries/ Departments of the Government at India are requested to bring the fore goings to the notice of the CPSEs under their administrative control for necessary action at their end.

Naresh Kumar, Under Secretary

**CGHS facilities  
to P&T  
Pensioners**

Gol, Ministry of Communications, Department of Posts letter No.9-14/2019-Medical dated 18<sup>th</sup> December 2019 addressed to All CPMsG / PMsG

Chief Postmaster General, Karnataka Circle  
letter No.Wlf/I-12/III/2020 dated 17-1-2020

**Extension of CGHS facilities to the pensioners of Post and Telegraph Department**

I am directed to refer to this Directorate letter of even no. dated 22nd July.2019 (copy enclosed) wherein a copy of OM No. S.11016/2015-CGHS(P)/EHS dated 19<sup>th</sup> July,2017 of the Ministry of Health & Family Welfare regarding extension of CGHS facilities to pensioners of Posst & Telegraph, was forwarded to your offices for further necessary action.

2. It is requested that the O.M. No. S.11016/2/2015-CGHS (P) /EHS dated 19<sup>th</sup> July, 2017and along with O.M. No.S.14025/23/2013-MS.EHSS.dated 29.09.2016 of the Ministry of Health & Family Welfare may be circulated widely to inform all pensioners about the CCHS facilities available to them regarding guidelines for reimbursement of medical claims to pensioners to avoid litigations from pensioners.

3. Ministry of Health and Family Welfare vide its OM No.S.14025/23|2013-MS.EHSSdated 29th September, 2016 has clarified that CS(MA) Rules 1944 are not applicable to pensioners till date. The Ministry has issued the following guidelines for medical facilities to Central Government pensioners:

**Pensioners residing in CGHS covered areas :**

1) They can get themselves registered in CGHS dispensary after making requisite contribution

and can avail both OPD and IPD facilities.

2) Pensioners residing in CGHS areas cannot opt out of CGHS and avail any other medical facility (i.e. Fixed Medical Allowance). Such pensioners, if they do not choose to avail CGHS facility by depositing the required contributions, cannot be granted fixed medical allowance in lieu of CGHS.

**Pensioners residing in non- CGHS covered areas:**

1) They can avail Fixed Medical Allowance (FMA @Rs.500/- per month revised to Rs. 1000/- from 01.07.2017).

2) They can also avail benefits of CGHS (OPD and IPD) by registering themselves in the nearest CCHS city after making the required subscription

3) They also have the option to avail FMA for OPD treatment and CGHS for IPD treatments after making the required subscriptions as per CGHS guidelines

3. All retired/retiring Officers/Staff of the Department of Posts may please be advised to adhere to the above provisions and subscribe to CGHS facility by depositing the required contributions for availing medical facilities after retirement .

This issues with the approval of the competent authority

**M.S. Zou,**  
Assistant Director General (Medical)

**Editor's Note:**

**Monthly Contribution for availing CGHS Facility**

Sl.No.	Correlspoding level in the Pay Matrix as per 7 <sup>th</sup> CPC	Contribution Rs. Per month
1	Level : 1 to 5	250
2	Level: 6	450
3	Level :7 to 11	650
4	Level :12 and above	1000

**Subscription received for Pensioners' Champion in DECEMBER 2019 - JANUARY 2020**

Rs.71/- Smt./Sri	Rs.150/- Smt./Sri	Rs.150/- Smt./Sri	Rs.300/- Smt./Sri
2098 S.Mohan Kumar	2058 Venkatachalapathy	2590 K.Sanathkumar	877 Renukaradhya
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1184 V.Venkataramu	2323 B.S.Gopalappa	2780 P. Husain	858 G.Krishnamurthy
1370 J.G.Jaiwant	2328 G.Kalaichelvan	S-328 V.V. Palmurkar	1660 K.N.Dharmarathnam
1447 N.M.Hegde	2366 K.Shekar	<b>Rs.200/- Smt./Sri</b>	<b>Rs.474/- Smt./Sri</b>
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2021 V.Purushothamachar	2588 Hari Singh	849 M.Siddeshappa	
	2589 Channabasappa		

ALL INDIA CONSUMER PRICE INDEX					
Month	CPI Base 2001=100	12 Months' Total	Monthly Ave.	% increase over 261.42	% increase over 115.76
				7th CPC	6th CPC
July 18	301	3462	288.5	10.35	149.22
Dec 18	301	3538	294.83	12.78	154.69
Nov 19	328	3780	315	20.50	172.11

BSNL IDA
From 1-1-2020 : 157.3% (5.3% increase over October 2019 rate of 152%) IDA Order in page 11
7 <sup>th</sup> CPC: DA/DR w.e.f. July 2019: 17% (5% increase over Jan-2019 rate of 12%) <b>Expected DA/DR w.e.f. 1.1.2020: 21% (4% increase over July 2019 rate of 17%)</b>

**Central Government Holiday in FEBRUARY 2020**

**1. Maha Shivarathri: 21st February, Friday**

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The 17th "Madhura Milana"-an annual get-together of RMS & MMS Pensioners of Department of Posts, was held on 5<sup>th</sup>, the first Sunday of the year 2020 at 'Raghothaman Smaraka Bhavana' Sanjayanagara, Bengaluru. An annual meet, in which a good number of former colleagues assemble, provides an opportunity for the old friends to meet, exchange pleasantries and reminisce the times when they worked together. Sri H V Ramanatha, a very senior pensioner, who was one of the pensioners who started this annual get-together some 16 years ago, presided. Sri S M Vittal Rao who is the brain behind this annual event was also present.

Invocation was melodiously rendered by Nidhi Kishore Hegde. Sri K K Gangadhara, Convenor of Madura Milana, a Writer who has to his credit many translation works from Malayalam to Kannada, winning several awards including the award for best translation work conferred on him by the Government of Karnataka, Kuvempu Bhasha Bharathi Pradhikara and who was recently facilitated by the Karnataka Publishers & Writers Association, Karnataka P&T Pensioners' Association and conferred with "Anche Rathna" award by Karnataka Anche Nowkarara Sahithya Balaga" welcomed the gathering.

Smt. Bhuvaneshwari Nagaraj, daughter of Sri M S Narayana Murthy, a senior pensioner and an All India Radio Artist, in a concert, sang in a melodious voice a few songs composed by "Purandara Dasa", a vaishnava poet and saint of the 15<sup>th</sup> century.

Senior pensioners and the President lighted the traditional lamp to mark the commencement of the event. A minute's

silence was observed in memory of the pensioners who passed away during the year 2019. Homage was paid to the National and State Leaders and other prominent personalities who expired during 2019.

Sri T Chandrasekaran aged 80 years and S/s G V Christopher, K K Gangadhara, Surendra Murthy, M Manickaraj, V R Sridharan, V Chandrappa, R M Revankar, S Jayapalan and A Venkatarathnamaiah aged 70 years were felicitated.

Sri A.G. Doraiswamy aged 94 years, and Sri S Balasundara Raman aged 87 years, regular participants, graced the occasion.

Sri Siddaramu, President, RMS Employees Cooperative Society Ltd addressed the gathering. Sri B S Krishna Naik, and Sri John Christopher spoke on the occasion.

Sri K B Krishna Rao, Secretary, Karnataka P&T Pensioners' Association in his address dealt at length on several issues concerning pensioners, especially on the benefits that have accrued to the Central govt pensioners on implementation of 7th CPC recommendations and on the latest order issued by DoP&PW granting grade pay of Rs.4600 to grade S-12 retirees. He explained the liberalisations that have been made to the CGHS Rules recently which are beneficiary friendly. He called up on the pensioners to become members of the P&T Pensioners Association and to subscribe to the Associations' monthly journal 'Pensioners' Champion'

Sri B Nagaraju proposed a vote of thanks and extended invitation to all those present to attend the next 'Madhura Milana' on the first Sunday of the year 2021.

Get-together of RMS & MMS Pensioners on 5-1-2020



Invocation by Kum.Nidhi Kishore Hegde



On the dais



Audience



H V Ramanatha, President addressing



Smt. Bhuvaneshwari singing 'Devotional songs'



Siddaramu addressing



G V Christopher addressing



K B Krishna Rao addressing

PHOTO GALLERY



RMS & MMS SENIOR PENSIONERS FELICITATED



T. Chandrasekaran



V. Chandrappa



R.M. Revankar



S. Jayapalan



K.K. Gangadhara



M. Manicka Raj

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